



# Costa Rica

**Traveler: Amina Blake-Foreman**

Date In: 05 Nov 21  
Date Out: 12 Nov 21

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP


Traveler Name	Amina Blake-Foreman
Arrival date	05 Nov 21
Departure date	12 Nov 21
Number of participants	2 adults + 0 children
Quotation reference	BKFI100826

## DESTINATIONS


Arenal Volcano
Monteverde Cloud Forest
Manuel Antonio Beach
San Jose, The Capital

## SUMMARY ITINERARY

### Day 1, 05 Nov 21

 Nayara Resort / Rainforest Villa / Breakfast included  
In: 05 Nov 2021 Out: 07 Nov 2021

### Day 2, 06 Nov 21

 Entrance Fee to Arenal 1968 Volcano View and Lava Trails /


 Mistico Hanging Bridges, Entrance Fee /

 La Fortuna Waterfall, Entrance Fee /


### Day 3, 07 Nov 21

 Senda Cloud Forest Hotel Monteverde / Suite / Breakfast included  
In: 07 Nov 2021 Out: 09 Nov 2021


### Day 4, 08 Nov 21

 Sky Tram / Sky Walk Guided / / Regular


### Day 5, 09 Nov 21

 Arenas Del Mar Beachfront & Rainforest Resort / Ocean View Premium Suite /  
Breakfast included  
In: 09 Nov 2021 Out: 11 Nov 2021

### Day 6, 10 Nov 21

 Manuel Antonio National Park /

### Day 7, 11 Nov 21

 Gran Hotel Costa Rica Curio Collection By Hilton / Junior Suite / Breakfast included  
In: 11 Nov 2021 Out: 12 Nov 2021

### Day 8, 12 Nov 21

 Private Transfer OUT from Hotel to Airport / Transport + Guide / Private



## DETAILED ITINERARY

Day 1, 05 Nov 21



### Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🏠 Nayara Resort / Rainforest Villa / Breakfast included / 5 Stars  
In: 05 Nov 2021 Out: 07 Nov 2021 (2 Night/s)

Day 2, 06 Nov 21



Entrance Fee to Arenal 1968 Volcano View and Lava Trails /

Witness some of the **closest views of Arenal Volcano** on a guided hiking tour of the Arenal 1968 Trail, a route that winds through the **lava flows** from the volcano's notorious 1968 eruption. Two different hiking trails walking on hills formed by lava during the Arenal Volcano 1968 eruption. Here you will see Los Patos Lagoon, in a medium difficulty trails through a very original landscape and great **panoramic views of Arenal Volcano** and **Arenal Lake**. Learn about **native plant** and **animal species** from your guide and soak up the incredible views from an observatory.



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## Mistico Hanging Bridges, Entrance Fee /

The hanging bridges extend 3,1 kilometers long, crossing **14 bridges**, 8 stationary and 6 in suspension, going from 8 to 98 meters length and getting till 60 meters height, where you can appreciate the admirable flora and fauna characteristic of the place. The **view of Arenal Volcano** is nice from the bridges. There are many different species of birds on the surroundings, such as the **White Hawk, Great Curassow**; reptiles like the **Boa, Basiliscos Lizards**, variety of species of **monkeys** and a great diversity of insects.

The trails are designed with modern technology, making possible for everybody to enjoy them. The bridges are very secure, comfortable and do not alter the environment. The zone owns **250 hectares of a protected area**, formed by **the primary rainforest** with an innumerable biological diversity.



## La Fortuna Waterfall, Entrance Fee /

You will love the **hike down** to this waterfall near the town of La Fortuna because you can see all of **the natural beauty of the rainforest** as well as the birds and wildlife that live there. Once you arrive at the **La Fortuna Waterfall**, prepare to be blown away by the beauty of this impressive waterfall! You will also be able to swim and take amazing photos!

Get ready because there are more than 500 steps to get down to the waterfall and of course 500 steps to get back up. Many people take breaks on their way to soak up **the lush rainforest, tropical birds** and variety of wildlife that you may be lucky enough to see. When you reach the bottom, you will be blown away by the beauty of **this towering waterfall** and have plenty of opportunities to relax on the rocks and admire the views. You can also **take a swim** in the cool, refreshing clear-water pools along the left-hand side of the waterfall.



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Day 3, 07 Nov 21



### Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



🏠 Senda Cloud Forest Hotel Monteverde / Suite / Breakfast included / 4 Stars Plus  
In: 07 Nov 2021 Out: 09 Nov 2021 (2 Night/s)



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Day 4, 08 Nov 21



Sky Tram / Sky Walk Guided / / Regular

You will have a combination of **two wonderful activities** in this tour, the **Sky Tram and the Sky Walk**. In the Sky Tram you will ascend along a **beautiful cloud forest ridge** and it will allow you for stops along the way to observe **plant and animal** life. The duration of the tram takes about 20 minutes before arriving at an observatory platform. Perfect place for a picture!

After observing the forest from the **gondola**, now is time for you to discover the forest from the ground and from the canopy in the trails and **hanging bridges** of the Sky Walk.

The hike at Sky Walk offers a more peaceful introduction to exploring **Monteverde Cloud Forest** on a 2.5km (1.5mi) circuit trail that goes through distinct levels of the wonderfully diverse ecosystem. Sky Walk uses these trails and a series of suspension bridges for a one on one experience with the flora and fauna of the forest canopy. You will hike deep into these **magical tropical forests** to admire nature from a **distinct perspective**. Crossing hanging bridges with complete views of the forest canopy, and from the floor of the forest a naturalist.



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Day 5, 09 Nov 21




### Manuel Antonio

Elevation	20 m / 65 f	Temperature	28 C / 82 F
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Manuel Antonio is home to a namesake national park **full of unspoiled beaches** and **world-class views**. Enjoy adventures as diverse as **snorkeling** and **jungle hikes**. A great destination for families, **there's something for everyone** whether you have young children or college-bound teens. See a **variety of Costa Rica's animals** when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list. Accommodation choices are plentiful, with **some of the country's most inspired** lodging options to choose from. Imagine the glittering, warm sand of a **pristine beach**; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.



 Arenas Del Mar Beachfront & Rainforest Resort / Ocean View Premium Suite / Breakfast included / 5 Stars  
In: 09 Nov 2021 Out: 11 Nov 2021 (2 Night/s)

## Day 6, 10 Nov 21



Manuel Antonio National Park /

Walking trails surrounded by **wildlife** and resting on **paradisiacal beaches** are options that promise to captivate your senses. The magic of the beach and the greenery of the forest come together in one place, and the result is a **natural paradise**. In addition to beaches, the Park offers a very humid tropical forest where species of **flora and fauna** in danger of extinction coexist, a mangrove, marine environments, islands and a lagoon of 14 hectares. In a short trip you can cross several paths that will take you through a primary forest. You will also have **stunning views** of the sea and you can enjoy the wildlife that is possible to find at any time.



## Day 7, 11 Nov 21



Gran Hotel Costa Rica Curio Collection By Hilton / Junior Suite / Breakfast included / 4 Stars

In: 11 Nov 2021 Out: 12 Nov 2021 (1 Night/s)

## Day 8, 12 Nov 21



Private Transfer OUT from Hotel to Airport / Transport + Guide / Private

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



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## PRICE

Adult 01 Amina Blake-Foreman	\$ 5,319.90
Adult 02 Amina Blake-Foreman	\$ 5,319.90
<b>Total Price</b>	<b>\$ 10,639.80</b>

### General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 05 Nov 21 to 12 Nov 21.

Valid quotation for 2 adults,0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

## INCLUSIONS

### LODGING:

2 night/s lodging in Arenal Volcano. Nayara Resort.(Breakfast included)

2 night/s lodging in Monteverde Cloud Forest. Senda Cloud Forest Hotel Monteverde.(Breakfast included)

2 night/s lodging in Manuel Antonio Beach. Arenas Del Mar Beachfront & Rainforest Resort.(Breakfast included)

1 night/s lodging in San Jose, The Capital. Gran Hotel Costa Rica Curio Collection By Hilton.(Breakfast included)

### TRANSPORTATION & GUIDE SERVICES:

8 day/s of Full Day of Guide-Driver Service (English or Spanish Speaking Guide)

### ACTIVITIES & MEALS:

Entrance Fee to Arenal 1968 Volcano View and Lava Trails in Arenal Volcano

Mistico Hanging Bridges, Entrance Fee in Arenal Volcano

La Fortuna Waterfall, Entrance Fee in Arenal Volcano

Sky Tram / Sky Walk Guided in Monteverde Cloud Forest

Manuel Antonio National Park in Manuel Antonio Beach

### OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.



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## LODGING DETAILS

Date In: 05 Nov 21

Date Out: 07 Nov 21

### Nayara Resort

Rainforest Villa with Breakfast included

Nayara Resort is located in **Arenal**, the resort is a special place of nature where romance emanates, and life moves at a slower pace to allow time to rekindle old relationships and to start new ones in an enchanting way. The resort works very hard to respect the **ecological balance** of one of the most beautiful places on earth. The casitas and villas have large screened windows that open up to bring nature inside. Light flows from the bedroom to the **private gardens**, to the **private terraces** with secluded Jacuzzis. Modern amenities compliment the rooms to make them the most desired and exceptional accommodations in the area. Enjoy our state-of-the-art facilities, including remarkable restaurants offering international and local cuisine, a **pool bar**, and a wine and tapas bar.



Date In: 07 Nov 21

Date Out: 09 Nov 21

### Senda Cloud Forest Hotel Monteverde

Suite with Breakfast included

Senda Monteverde is a **luxury eco-hotel** for adventurous travelers like you. Those who seek a peaceful, down-to-earth stay. Senda Monteverde is a **modest-sized boutique hotel**, with just 24 rooms overlooking **rich vegetation and rich avian habitats**. Here, you'll find an emphasis on sustainability and the beautiful surroundings, along with the luxury comforts you'd expect in a modern hotel. You're only a 15-minute walk to Monteverde Town. You get the best of both worlds. You're surrounded by nature with complimentary access to the neighboring **Aguti Wildlife Reserve**. You can stroll into town to grab a coffee or visit a craft beer house when the mood strikes.



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Date In: 09 Nov 21

Date Out: 11 Nov 21

## **Arenas Del Mar Beachfront & Rainforest Resort**

Ocean View Premium Suite with Breakfast included

Arenas del Mar Beachfront & Rainforest Resort is located in Manuel Antonio. The hotel features an outdoor **swimming pool, garden, a bar** and shared lounge. Among the facilities of this property are a restaurant, a 24-hour front desk and room service, along with free WiFi. The property has a hammam, evening entertainment and a concierge service. The units come with air conditioning, a flat-screen TV with cable channels, a coffee machine, a bath, a hairdryer and a desk. All units feature a wardrobe. Full five-star Costa Rica experience, **beachfront, rainforest, wildlife** right at the resort.



Date In: 11 Nov 21

Date Out: 12 Nov 21

## **Gran Hotel Costa Rica Curio Collection By Hilton**

Junior Suite with Breakfast included

The Gran Hotel Costa Rica is the only hotel in San José declared by the government as a **historical and architectural monument**. Located in the heart of San José, surrounded by **national museums, plazas** and **walking boulevards**, the venue is within walking distance to the main cultural and tourist attractions. Each room has **organic and natural** bathroom amenities, as well as complimentary Wi-Fi, 49-inch television, **ergonomic work area** and modern bathrooms. Guests who opt for a suite can take advantage of 24-hour butler service and access to the hotel's executive floor, which offers free breakfast, snacks and nightly liquors.



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## EXCLUSIONS

Optional tours  
Departure taxes (\$29 per person)  
Meals not mentioned in the itinerary  
Airfare  
Tips  
International Travel Insurance  
COVID-19 test

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:  
<https://www.greenworldadventures.com/terms/>



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