

Costa Rica

Traveler: Maryna Bilyk (Second Ver)

Date In: 08 Dec 21
Date Out: 19 Dec 21

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Maryna Bilyk (Second Ver)
Arrival date	08 Dec 21
Departure date	19 Dec 21
Number of participants	2 adults + 0 children
Quotation reference	BKFI101074

DESTINATIONS

San Jose, The Capital
Arenal Volcano
Monteverde Cloud Forest
Tamarindo Beach



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SUMMARY ITINERARY

Day 1, 08 Dec 21



Private Transfer IN from Airport to Hotel / Transport + Guide / Private



Park Inn by Radisson San Jose Hotel / Standard Room / Breakfast included

In: 08 Dec 2021 Out: 09 Dec 2021

Day 2, 09 Dec 21



Arenal Manoa & Hot Springs Resort / Junior Suite / Breakfast included

In: 09 Dec 2021 Out: 12 Dec 2021



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included / Regular

Day 3, 10 Dec 21



Canyoning in the Lost Canyon / Lunch included / Regular

Day 4, 11 Dec 21



Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall / Lunch included / Regular

Day 5, 12 Dec 21



Shared Transfer from Arenal to Monteverde, Lake Crossing / / Shuttle Service



Coffee & Chocolate Tour (Monteverde) / / Regular



Koora Monteverde Boutique Hotel & Spa / Junior Bungalow / Breakfast included

In: 12 Dec 2021 Out: 14 Dec 2021

Day 6, 13 Dec 21



Monteverde Cloud Forest Reserve, Guided Walking Tour / / Regular



Canopy Tour (Zip Line) / / Regular



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Day 7, 14 Dec 21

 Private Transportation from Monteverde to Tamarindo / / Private

 Cala Luna Luxury Boutique Hotel / Deluxe Room / Breakfast included
In: 14 Dec 2021 Out: 19 Dec 2021

Day 8 -11, 15 -18 Dec 21

 Surf Classes / / Regular

Day 12, 19 Dec 21

 Private Transfer from Tamarindo to San Jose / / Private



DETAILED ITINERARY

Day 1, 08 Dec 21



Private Transfer IN from Airport to Hotel / Transport + Guide / Private

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas. In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.



Park Inn by Radisson San Jose Hotel / Standard Room / Breakfast included / 4 Stars
In: 08 Dec 2021 Out: 09 Dec 2021 (1 Night/s)



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Day 2, 09 Dec 21



Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🏠 Arenal Manoa & Hot Springs Resort / Junior Suite / Breakfast included / 4 Stars
In: 09 Dec 2021 Out: 12 Dec 2021 (3 Night/s)



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Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included / Regular

You will be picked up from your San Jose area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.



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Day 3, 10 Dec 21



Canyoning in the Lost Canyon / Lunch included / Regular

You'll rappel down **huge waterfalls, jump into pools, zip down guided rappels, downclimb** the canyon walls and river boulders, and **hike up** through the **rainforest**.

Start the rappelling-leg of your canyoning journey with the first waterfall referred to as the "Baby", a small-sized 10 feet waterfall that allows you to ease your way into learning the ropes. You will soon reach what it's called the "Big Boy", the second largest waterfall. About half-way through your rappel, you'll hear the call to "LET GO!" a few moments later you'll experience your **first guided free fall!** Finally, you will get **the largest Lost Canyon challenge:** an exciting 200 feet waterfall rappel.

At the end of this tour, enjoy a **delicious typical lunch**.



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Day 4, 11 Dec 21



Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall / Lunch included / Regular

Start your day as you walk across the **Arenal Hanging Bridges** and see the jungle from high above the forest floor. These trails bring you as close as you would ever hope to see the rainforest and its inhabitants, as well as give you access to see **stunning views of the rainforest and mountains.**

After your adventure on the hanging bridges, you will head to the **Arenal Volcano National Park**. The trails are generally flat and not very strenuous, perfect for a **leisurely and informative guided walk**. Enjoy a delicious **lunch** at this point.

Then, you will finish the day at the stunning **La Fortuna Waterfall**. When you reach the entrance, you will have time to change into your bathing suit in case you want to cool off in the **cool pools that flow from the waterfall**. This is sure to be a good workout as there are 500 steps to get to the down to the waterfall, and 300 to get back up! When you reach the bottom, you'll have an opportunity to take lots of pictures and **swim in the cool waters** of one of the largest and most breathtaking waterfalls in Arenal!



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Day 5, 12 Dec 21

 Shared Transfer from Arenal to Monteverde, Lake Crossing / / Shuttle Service

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.



Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



Coffee & Chocolate Tour (Monteverde) / / Regular

The coffee tour takes participants on a journey through history. You will learn **the importance of coffee** in Costa Rica's past and current economy. You will walk through **the farm and factory** to see how the bean becomes the rich dark liquid that Costa Ricans love.

The famous **chocolate tour** is next. You will smell and taste different types of chocolate as your guide explains the cultural history behind the treat. The guide will also walk you through how the plant goes from seed to **pure ground cocoa**.



Koora Monteverde Boutique Hotel & Spa / Junior Bungalow / Breakfast included / 4 Stars

In: 12 Dec 2021 Out: 14 Dec 2021 (2 Night/s)

Day 6, 13 Dec 21



Monteverde Cloud Forest Reserve, Guided Walking Tour / / Regular

The tour is essentially a natural history walk in which you will learn about **the incredible diversity of flora and fauna** and many of the unique relationships various cloud forest species have with each other. Guides are equipped with a spotting telescope as well as binoculars and several informational guidebooks. Be sure to bring your cameras, as you can take pictures through the guide's scope. This walk normally takes about 3 hours.

The **Monteverde Cloud Forest Reserve** is where some of **the best-kept cloud forests** in all of Costa Rica can be found. It is a cloud forest, not a rainforest, due to its elevation of 4,724 feet (1,440 meters) above sea level.



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Canopy Tour (Zip Line) / / Regular

The tour is located in a private reserve created in 1994. It starts with a short guided walk through the private 70-acre reserve of the **cloud forest**. The first part of the tour will take you through primary (old growth), and secondary (new growth) forest. You will **fly through the treetops** listening closely to the vast variety of birds that can be seen throughout the reserve. Then, just when you think you have become one with the canopy the tour ends with an exhilarating **rappel down** from the "Scary Tree". The tour has **14 cables, 17 platforms, 1 rappel, and 1 Tarzan swing**.



Day 7, 14 Dec 21



Private Transportation from Monteverde to Tamarindo / / Private

Travel time: 3 hours and 30 minutes.



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Tamarindo

Elevation	20 m / 65 f	Temperature	28 C / 82 F
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Tamarindo is located at **Guanacaste on the Pacific coast**. In the center of town, there are many options **for restaurants and bars**. Tamarindo is a destination perfect to relax at the golden sand beach and enjoy the sunny days. The town offer a very active night life and surf is one of the most popular activities in the area. Near Tamarindo stunning beach such as **Langosta beach**, a beautiful white sand beach can find. **Marino Las Baulas National Park** is a protected area that serves as a safe place for the leatherback sea turtle population. They can use this area as a nesting site, without fear of being captured or having their eggs stolen. You can also see many other animals in the park, including over 150 species of birds.



🏠 Cala Luna Luxury Boutique Hotel / Deluxe Room / Breakfast included / 5 Stars
In: 14 Dec 2021 Out: 19 Dec 2021 (5 Night/s)



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Day 8 - 11, 15- 18 Dec 21



Surf Classes Open Group / / Regular

Tamarindo open group surf lessons are perfect for **first time surfers**. Safety is everything this is why the student – instructor **ratio is 4 to 1**, that means personal attention. The first 20-minute will be instructions on the beach focusing on safety, etiquette in the water and the basics of surfing. After explaining the basics of how to paddle correctly, pop up, positioning on the board, correct stance, and reading the waves, the instructor will have **you practice on your boards** on the beach just to get the overall feel. As soon as you get the hang of it, its time to get wet. The instructors will be with you the **entire time** offering pointers and tips to get you riding your first wave.



Day 11, 18 Dec 21



Surf Classes Open Group / / Regular

Tamarindo open group surf lessons are perfect for **first time surfers**. Safety is everything this is why the student – instructor **ratio is 4 to 1**, that means personal attention. The first 20-minute will be instructions on the beach focusing on safety, etiquette in the water and the basics of surfing. After explaining the basics of how to paddle correctly, pop up, positioning on the board, correct stance, and reading the waves, the instructor will have **you practice on your boards** on the beach just to get the overall feel. As soon as you get the hang of it, its time to get wet. The instructors will be with you the **entire time** offering pointers and tips to get you riding your first wave.



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Day 12, 19 Dec 21

 Private Transfer from Tamarindo to San Jose / / Private

Travel time: 4 hours and 15 minutes.

PRICE

Adult 01 Maryna Bilyk	\$ 3,202.00
Adult 02 Maryna Bilyk	\$ 3,202.00
Total Price	\$ 6,404.00

General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 08 Dec 21 to 19 Dec 21.

Valid quotation for 2 adults,0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

INCLUSIONS

LODGING:

1 night/s lodging in San Jose, The Capital. Park Inn by Radisson San Jose Hotel.(Breakfast included)

3 night/s lodging in Arenal Volcano. Arenal Manoa & Hot Springs Resort.(Breakfast included)

2 night/s lodging in Monteverde Cloud Forest. Koora Monteverde Boutique Hotel & Spa.(Breakfast included)

5 night/s lodging in Tamarindo Beach. Cala Luna Luxury Boutique Hotel.(Breakfast included)



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TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel (Transport + Guide)

Shared Transfer from San Jose to Arenal

Shared Transfer from Arenal to Monteverde, Lake Crossing

Private Transportation from Monteverde to Tamarindo

Private Transfer from Tamarindo to San Jose

ACTIVITIES & MEALS:

Whitewater Rafting at Pacuare River. Different Drop Off (Breakfast and lunch included) in San Jose, The Capital

Canyoning in the Lost Canyon (Lunch included) in Arenal Volcano

Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall (Lunch included) in Arenal Volcano

Coffee & Chocolate Tour (Monteverde) in Monteverde Cloud Forest

Monteverde Cloud Forest Reserve, Guided Walking Tour in Monteverde Cloud Forest

Canopy Tour (Zip Line) in Monteverde Cloud Forest

4 Surf Classes Open Group in Tamarindo Beach

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.

LODGING DETAILS

Date In: 08 Dec 21

Date Out: 09 Dec 21

Park Inn by Radisson San Jose Hotel

Standard Room with Breakfast included

The rooms at Park Inn San Jose are **air-conditioned** and feature a minibar, coffee maker and a flat-screen cable TV. The bathroom provides free toiletries. Rooms are decorated in a **modern style** with colorful accessories. This property is located only 500 meters from **Parque Metropolitano La Sabana Park** in central San Jose. It offers an outdoor pool, hot tub, and a fitness center. The restaurant serves **international-style cuisine**. Room service is also available.



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Date In: 09 Dec 21

Date Out: 12 Dec 21

Arenal Manoa & Hot Springs Resort

Junior Suite with Breakfast included

Located in **Arenal Volcano area**, the hotel offers an extensive garden, a sun terrace with **swimming pool**, spa treatments and free Wi-Fi throughout, this hotel is 10 minutes' drive from the Arenal Volcano National Park and from La Fortuna Town Center.

Guests can take advantage of the **spacious gardens** for walking and meditation as well as the opportunities to see the daily operations of a **typical Costa Rican farm**.

The suites offer modern décor, air conditioning, a desk, a safety box, and satellite TV. Some of them have a terrace with **Arenal Volcano views**.

The rooms have been designed so that each one offers a **panoramic view** of the volcano.



Date In: 12 Dec 21

Date Out: 14 Dec 21

Koora Monteverde Boutique Hotel & Spa

Junior Bungalow with Breakfast included

Koora Monteverde Boutique Hotel and Spa is located in the Aguti Reserve, where guests have the rare opportunity to see rare microclimates. This ecologically minded hotel has made concerted efforts to preserve plants like aguacatillo tree, which serves as an important food source for animals like the extremely rare resplendent quetzal. The lodge has an inviting bar and restaurant as well as room service. The dining room extends onto the lodge's deck and has a spectacular view. Breakfast is included in your stay, where you'll have your choice of traditional Costa Rican or an American breakfast, all cooked to order. You can access Wi-Fi throughout the lodge and have your laundry and dry cleaning taken off your hands.



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Date In: 14 Dec 21

Date Out: 19 Dec 21

Cala Luna Luxury Boutique Hotel

Deluxe Room with Breakfast included

Cala Luna Boutique Hotel located on Langosta Beach. Set in **tropical gardens**, it offers spacious rooms and villas with a private pool, free Wi-Fi and a **private beach area**. Rooms and villas at Cala Luna offer unique décor, with cream tones and dark wood furniture. All include a terrace with **garden views** and a lounge area with minibar, sofa, satellite TV and safe.

The resort's centre is 10 minutes' walk away. There is a large **outdoor pool** and massage services are available. The hotel organises trips and activities, including quad biking, fishing, jungle boat safaris and horse riding.



EXCLUSIONS

- Optional tours
- Departure taxes (\$29 per person)
- Meals not mentioned in the itinerary
- Airfare
- Tips
- International Travel Insurance
- COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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