



# Costa Rica

**Traveler: Carol Hall**

Date In: 12 May 22  
Date Out: 17 May 22

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

Traveler Name	Carol Hall
Arrival date	12 May 22
Departure date	17 May 22
Number of participants	2 adults + 0 children
Quotation reference	BKFI101318

## DESTINATIONS

San Jose, The Capital
Arenal Volcano
Monteverde Cloud Forest

## DETAILED ITINERARY

Day 1, 12 May 22



Private Transfer IN from Airport to Hotel / Transport + Guide / Private

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



Gran Hotel Costa Rica Curio Collection By Hilton / Standard Room / Breakfast included / 4 Stars

In: 12 May 2022 Out: 13 May 2022 (1 Night)



### San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.



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## Day 2, 13 May 22



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included / Regular

You will be picked up from your San Jose area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.



Nayara Resort / Casita Deluxe / Breakfast included / 5 Stars  
In: 13 May 2022 Out: 15 May 2022 (2 Nights)

**This hotel has natural hot springs included in their property, and you will have unlimited access.**



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### Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



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Day 3, 14 May 22



### La Fortuna Waterfall Hike & Swim / Regular

You will love the **hike down** to this waterfall near the town of La Fortuna because you can see all of **the natural beauty of the rainforest** as well as the birds and wildlife that live there. Once you arrive at the **La Fortuna Waterfall**, prepare to be blown away by the beauty of this impressive waterfall! You will also be able to swim and take amazing photos!

Get ready because there are 500 steps to get down to the waterfall and of course 500 steps to get back up. Many people take breaks on their way to soak up **the lush rainforest, tropical birds** and variety of wildlife that you may be lucky enough to see. When you reach the bottom, you will be blown away by the beauty of **this towering waterfall** and have plenty of opportunities to relax on the rocks and admire the views. You can also **take a swim** in the cool, refreshing clear-water pools along the left-hand side of the waterfall.

You can rinse off in the showers and change into dry clothes and take part in a delicious tropical fruit snack with your guide.



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## Day 4, 15 May 22

 Shared Transfer from Arenal to Monteverde, Lake Crossing / Shuttle Service

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore. You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

*IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.*

 Koora Monteverde Boutique Hotel & Spa / Junior Bungalow / Breakfast included / 4 Stars  
In: 15 May 2022 Out: 17 May 2022 (2 Nights)

 Night Walk Tour / Regular

Experience Costa Rica's spectacular nature on this **night-time excursion** to the Monteverde Cloud Forest. After a convenient hotel pickup, learn about the region's wildlife from an informative local guide and watch the forest come alive at night. Spot **bats, frogs**, and rare creatures like **kinkajous, ocelots, porcupines**, and **olingos**.



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### Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air.

Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



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## Day 5, 16 May 22

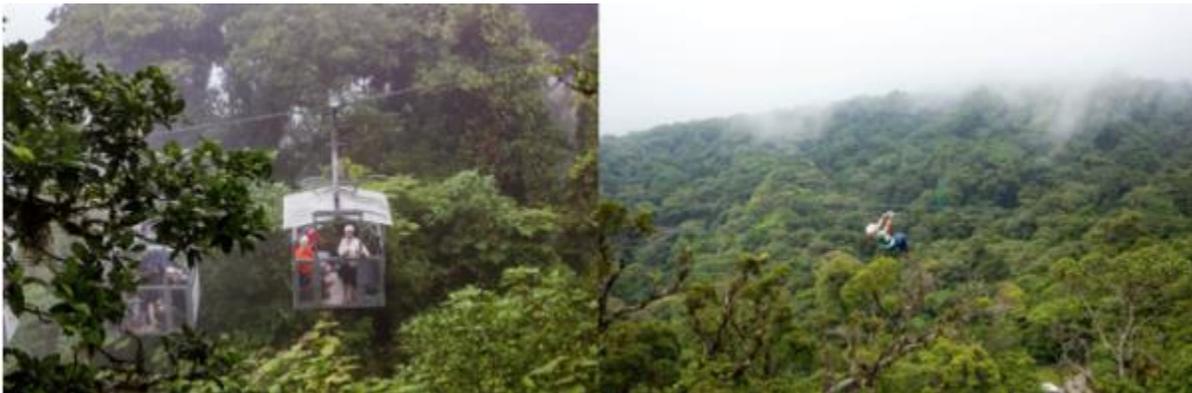


Sky Tram - Sky Trek - Sky Walk (aerial tram – zip line – hanging bridges) / Regular

You will have the great opportunity to do three activities, Sky Trek, Sky Tram and Sky Walk. At Sky Trek in **Monteverde**, you ride the **tram up the mountain**, along a beautiful cloud forest ridge and allows for stops along the way to observe plant and animal life and learn from an experienced guide. The duration of the tram takes about 20 minutes before arriving at an observatory platform.

Then to get back to the base you will have to ride the **breathtaking ziplines**, This famous canopy tour consists of **9 zip line cables** with a combined length of 1.8 miles (3 km) and range in distances between 131 feet (40 m) and 435 feet (770 m) and heights that range between 65 to 98 feet (20 to 30 m). Sky Trek is also a great opportunity to have **panoramic views** at two observation towers that offer views to the Pacific on a clear day it is also possible to see the northern lowlands that stretch all the way to the Caribbean.

The hike at Sky Walk offers a more peaceful introduction to exploring **Monteverde Cloud Forest** on a 2.5km (1.5mi) circuit trail that goes through distinct levels of the wonderfully diverse ecosystem. Sky Walk uses these trails and a series of suspension bridges for a one on one experience with the flora and fauna of the forest canopy. You will hike deep into these **magical tropical forests** to admire nature from a **distinct perspective**. Crossing hanging bridges with complete views of the forest canopy, and from the floor of the forest a naturalist.



## Day 6, 17 May 22



Shuttle Transfer from Monteverde to Jaco Beach / Travel time: 3 hours / Shuttle Service

You will finish your tour in the Central Pacific (lodging is not included).



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## PRICE

Price per adult	\$ 1,538
Total Price	\$ 3,076

### General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 12 May 22 to 17 May 22.

Valid quotation for 2 adults. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

## INCLUSIONS

### LODGING:

1 night lodging in San Jose, The Capital. Gran Hotel Costa Rica Curio Collection By Hilton (Breakfast included)

2 nights lodging in Arenal Volcano. Nayara Resort (Breakfast included)

2 nights lodging in Monteverde Cloud Forest. Koorá Monteverde Boutique Hotel & Spa (Breakfast included)

### TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel.

Shared Transfer from San Jose to Arenal Volcano, the whitewater rafting is included on the way.

Shared Transfer from Arenal to Monteverde, Lake Crossing

Shuttle Transfer from Monteverde to Jaco Beach

### ACTIVITIES & MEALS:

Whitewater Rafting at Pacuare River. (Breakfast and lunch included).

La Fortuna Waterfall Hike & Swim in Arenal Volcano.

Night Walk Tour in Monteverde Cloud Forest.

Sky Tram - Sky Trek - Sky Walk in Monteverde Cloud Forest.

### OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.



## LODGING DETAILS

Date In: 12 May 22

Date Out: 13 May 22

### Gran Hotel Costa Rica Curio Collection By Hilton

Standard Room with Breakfast included

The Gran Hotel Costa Rica is the only hotel in San José declared by the government as a **historical and architectural monument**. Located in the heart of San José, surrounded by **national museums, plazas** and **walking boulevards**, the venue is within walking distance to the main cultural and tourist attractions.

Each room has **organic and natural** bathroom amenities, as well as complimentary Wi-Fi, 49-inch television, **ergonomic work area** and modern bathrooms. Guests who opt for a suite can take advantage of 24-hour butler service and access to the hotel's executive floor, which offers free breakfast, snacks and nightly liquors.



Date In: 13 May 22

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### Nayara Resort

Casita Deluxe with Breakfast included

Nayara Resort is located in **Arenal**, the resort is a special place of nature where romance emanates, and life moves at a slower pace to allow time to rekindle old relationships and to start new ones in an enchanting way.

The resort works very hard to respect the **ecological balance** of one of the most beautiful places on earth. The casitas and villas have large screened windows that open up to bring nature inside. Light flows from the bedroom to the **private gardens**, to the **private terraces** with secluded Jacuzzis. Modern amenities compliment the rooms to make them the most desired and exceptional accommodations in the area. Enjoy our state-of-the-art facilities, including remarkable restaurants offering international and local cuisine, a **pool bar**, and a wine and tapas bar.



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Date In: 15 May 22

Date Out: 17 May 22

## **Koora Monteverde Boutique Hotel & Spa**

Junior Bungalow with Breakfast included

Koora Monteverde Boutique Hotel and Spa is located in the Aguti Reserve, where guests have the rare opportunity to see rare microclimates. This ecologically minded hotel has made concerted efforts to preserve plants like aguacatillo tree, which serves as an important food source for animals like the extremely rare resplendent quetzal. The lodge has an inviting bar and restaurant as well as room service. The dining room extends onto the lodge's deck and has a spectacular view. Breakfast is included in your stay, where you'll have your choice of traditional Costa Rican or an American breakfast, all cooked to order. You can access Wi-Fi throughout the lodge and have your laundry and dry cleaning taken off your hands.



## **EXCLUSIONS**

Optional tours  
Departure taxes (\$29 per person)  
Meals not mentioned in the itinerary  
Airfare  
Tips  
International Travel Insurance  
COVID-19 test

## **TERMS & CONDITIONS**

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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