



Costa Rica

Traveler: Trinkia Olson (new dates)

Date In: 27 Apr 22
Date Out: 11 May 22

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Trinka Olson (new dates)
Arrival date	27 Apr 22
Departure date	11 May 22
Number of participants	2 adults + 0 children
Quotation reference	BKFI101543

DESTINATIONS

San Jose, The Capital
Puerto Viejo Beach
Arenal Volcano
Monteverde Cloud Forest
Samara Beach
San Jose, The Capital



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

SUMMARY ITINERARY

Day 1, 27 Apr 22



Private Transfer IN from Airport to Hotel / Transport + Guide / Private



Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included
In: 27 Apr 2022 Out: 28 Apr 2022

Day 2, 28 Apr 22



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included / Regular



Cariblue Beach and Jungle Resort / Standard Room / Breakfast included
In: 28 Apr 2022 Out: 01 May 2022

Day 4, 30 Apr 22



Gandoca Manzanillo Refuge, Jungle Hike / / Regular

Day 5, 01 May 22



Shuttle Transfer from Puerto Viejo to Arenal Volcano / 1 to 4 Pax / Shuttle Service



Arenal Montechiari Hotel / Standard Room / Breakfast included
In: 01 May 2022 Out: 04 May 2022

Day 6, 02 May 22



Rio Celeste National Park, Guided Hike / Lunch included / Regular

Day 7, 03 May 22



Canyoning in the Lost Canyon / Lunch included / Regular



Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included / Regular



Day 8, 04 May 22

 Shared Transfer from Arenal to Monteverde, Lake Crossing / / Shuttle Service

 Monteverde Country Lodge / Standard Room / Breakfast included

In: 04 May 2022 Out: 06 May 2022

 Horseback Riding Tour in Monteverde / / Regular

Day 9, 05 May 22

 Canopy Tour (Zip Line) / / Regular

Day 10, 06 May 22

 Shuttle Transfer from Monteverde to Samara Beach / 1 to 4 Pax / Shuttle Service

 Hotel Sol Samara / Standard Room / Breakfast included

In: 06 May 2022 Out: 10 May 2022

Day 12, 08 May 22

 Surf Lesson / / Regular

Day 13, 09 May 22

 Ocean Kayak to Chora Island & Snorkeling / / Regular

Day 14, 10 May 22

 Shuttle Transfer from Samara to San Jose / 1 to 4 Pax / Shuttle Service

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included

In: 10 May 2022 Out: 11 May 2022

Day 15, 11 May 22

 Private Transfer OUT from Hotel to Airport / Transport + Guide / Private



DETAILED ITINERARY

Day 1, 27 Apr 22

 Private Transfer IN from Airport to Hotel / Transport + Guide / Private

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
-----------	-------------------	-------------	-------------

Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas. In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars
In: 27 Apr 2022 Out: 28 Apr 2022 (1 Night/s)

Day 2, 28 Apr 22



Pacuare River

Elevation	230 m / 755 f	Temperature	27 C / 80 F
-----------	---------------	-------------	-------------

The Pacuare River, or the Río Pacuare, flows approximately 108 kilometers (67 mi) to the Caribbean. It is a popular location for **whitewater rafting**, whitewater kayaking, and river boarding. The **rainforests** that surround the river are home to exotic animal species such as **jaguars, monkeys, ocelots**, and a very large number of birds. Also, it was considered one of the **5 nicest rivers to practice rafting**.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included / Regular

You will be picked up from your San Jose area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.



info@gwacr.com



www.greenworldadventures.com



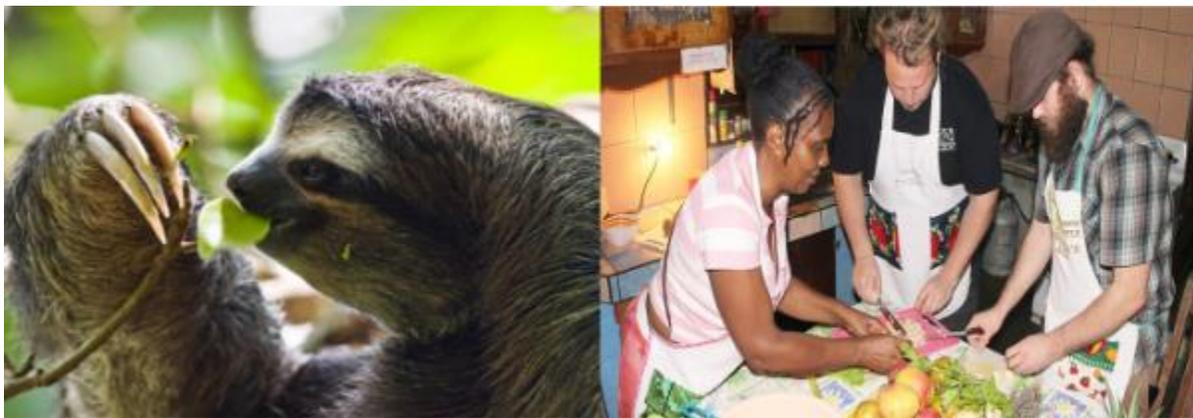
+(506) 2552-3269



Puerto Viejo Limon

Elevation	10 m / 32 f	Temperature	26 C / 70 F
-----------	-------------	-------------	-------------

Puerto Viejo de Talamanca is located in the **south Caribbean**, it's a perfect destination for **beach lover** and travelers that want to know about **culture and traditions**. Puerto Viejo was a small fishing village, that has become a popular destination offering a wide variety of **restaurants and bars for vivid nightlife**. With its relaxed atmosphere and its unique blend of **Latino, Afro-Caribbean and Bribri indigenous cultures**. Popular activities are snorkeling, hikes, cooking classes, surfing or just relax at the white sand beach. In the area, you can find the **Cahuita National Park** and the **Gandoca Manzanillo Wildlife Refuge** both places are ideal to admire the wildlife and the beautiful beaches.



🏠 Cariblue Beach and Jungle Resort / Standard Room / Breakfast included / 3 Stars
 In: 28 Apr 2022 Out: 01 May 2022 (3 Night/s)

Day 3, 29 Apr 22

Free Day

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.

Day 4, 30 Apr 22



Gandoca Manzanillo Refuge, Jungle Hike / / Regular

A **great way to see the amazing and lush Caribbean rainforests of Costa Rica**. You'll see trees covered with lichen, bromeliads, orchids and mosses creating an abundance of life and beauty. There are around **384 species of birds that exist in the forest** and your nature guide will point different species like **hummingbirds, tanagers, owls and toucans**.

You may also see different types of wildlife like **white-faced monkeys, howler monkeys, sloths, iguanas, snakes, poisonous frogs, and many other types of animals**. You will learn about the many types of medicinal plants that are native to Costa Rica, learn about the natural history, and understand Afro-Caribbean customs.



Day 5, 01 May 22



Shuttle Transfer from Puerto Viejo to Arenal Volcano / 1 to 4 Pax / Shuttle Service

Travel time: 6 hours.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
-----------	---------------	-------------	-------------

La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🇨🇷 Arenal Montechiari Hotel / Standard Room / Breakfast included / 3 Stars
 In: 01 May 2022 Out: 04 May 2022 (3 Night/s)

Day 6, 02 May 22



Rio Celeste National Park, Guided Hike / Lunch included / Regular

The Rio Celeste Waterfall is near the Tenorio and Miravalles Volcanoes. Once you get here, you will begin a **hike through the dense, lush, tropical rainforest** that surrounds the Tenorio National Park. You can go at your own pace and you will learn interesting things about the rainforest along the way. This hike takes about 1.5 to 2 hours or about 6 kilometers long (3 miles) and is considered a **moderate hike**. When you arrive at "Los Teñideros", where two rivers come together, you will be amazed at **the celestial turquoise blue watercolor** that comes from the waterfall. This color is created when the minerals in the water (aluminum, silicon, and oxygen) are suspended in the water and refracts light from the sun so that the flow looks blue. Get your camera ready because this is **the perfect place to take photos** of this unforgettable **Costa Rica blue waterfall!**

At the end of this hike, you will enjoy a **delicious lunch**.



Day 7, 03 May 22



Canyoning in the Lost Canyon / Lunch included / Regular

You'll rappel down **huge waterfalls, jump into pools, zip down guided rappels, downclimb** the canyon walls and river boulders, and **hike up** through the **rainforest**.

Start the rappelling-leg of your canyoning journey with the first waterfall referred to as the "Baby", a small-sized 10 feet waterfall that allows you to ease your way into learning the ropes. You will soon reach what it's called the "Big Boy", the second largest waterfall. About half-way through your rappel, you'll hear the call to "LET GO!" a few moments later you'll experience your **first guided free fall!** Finally, you will get **the largest Lost Canyon challenge:** an exciting 200 feet waterfall rappel.

At the end of this tour, enjoy a **delicious typical lunch**.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included / Regular

The Arenal Volcano Rainforest and Natural History along with the **breath-taken lava** flow will take you through lush rainforest along the base of Costa Rica's most famous volcano. Your experienced, bilingual naturalist guide will point out interesting **plants and wildlife** in the vibrant primary and secondary rainforest of the nature reserve that skirts the **Arenal Volcano 1968 Park**. You'll then arrive at the observation point of the Arenal Volcano -- this is the closest you can get to the base of the Arenal Volcano -- and the perfect vantage point to take remarkable photos of the Arenal Volcano. This hike takes about 1.5 to 2 hours.

Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Day 8, 04 May 22

 Shared Transfer from Arenal to Monteverde, Lake Crossing / / Shuttle Service

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.



Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
-----------	-------------------	-------------	-------------

Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



🏠 Monteverde Country Lodge / Standard Room / Breakfast included / 3 Stars
In: 04 May 2022 Out: 06 May 2022 (2 Night/s)

🚶 Horseback Riding Tour in Monteverde / / Regular

The **horseback riding** tour in Monteverde allows you to observe the activities of a traditional farm in Costa Rica, crossing **plantations of coffee, banana, sugar cane**, areas for livestock and forest; everything riding. Also, enjoy **the best panoramic views** of the Gulf of Nicoya and the magical mountains of the cloud forest. This tour is with excellent horses suitable for all ages.



Day 9, 05 May 22



Canopy Tour (Zip Line) / / Regular

The tour is located in a private reserve created in 1994. It starts with a short guided walk through the private 70-acre reserve of the **cloud forest**. The first part of the tour will take you through primary (old growth), and secondary (new growth) forest. You will **fly through the treetops** listening closely to the vast variety of birds that can be seen throughout the reserve. Then, just when you think you have become one with the canopy the tour ends with an exhilarating **rappel down** from the "Scary Tree". The tour has **14 cables, 17 platforms, 1 rappel, and 1 Tarzan swing**.



Day 10, 06 May 22



Shuttle Transfer from Monteverde to Samara Beach / 1 to 4 Pax / Shuttle Service

Travel time: 4 hours and 30 minutes.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



Samara Beach

Elevation	7 m / 22 f	Temperature	30 C / 86 F
-----------	------------	-------------	-------------

Samara Beach is located in the northwest part of the **Nicoya Peninsula**. Samara beach is one of the most **beautiful beaches** in Costa Rica inside a long crescent-shaped bay. Known for its breathtaking sunsets, great surfing waves and a healthy atmosphere, it's the ideal place to go for a low-key beach getaway. The town is quite small, and you can easily walk to get around. Samara beach is perfect for **relaxing and swimming**. The west end has **better waves for surfing** and the east end is a bit calmer. On the west end of the beach is where the center of town is, it's much busier. You'll find restaurants, surf lessons, beach lounges, massages stands, bars and tour operators on the beach.



🏠 Hotel Sol Samara / Standard Room / Breakfast included / 3 Stars
 In: 06 May 2022 Out: 10 May 2022 (4 Night/s)

Day 11, 07 May 22

Free Day

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.

Day 12, 08 May 22



Surf Lesson / / Regular

If you have always wanted to learn to surf in the tropics, **Samara beach** is your answer! The 7 kilometers long **white sand beach** is framed by mountains and the striking Chora Island is just offshore. Since Samara Beach is largely protected by an outer reef, **the waves are easy to catch** and are perfect for beginners.



Day 13, 09 May 22



Ocean Kayak to Chora Island & Snorkeling / / Regular

This is some of the best **kayaking and snorkeling** in Costa Rica. Start from **Samara beach** and enjoy a kayak trip across the bay to a deserted **white sand beach** on **Isla Chora**. This island is a refreshing escape to an underwater world. Here, you are free to **snorkel with tropical fish**, splash in clear waters or simply sit and take in the rays. Bask in the balance of a tour that includes both holiday exercise and ease. A great opportunity to view the marine wildlife of Costa Rica's Pacific coast.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



Day 14, 10 May 22

 Shuttle Transfer from Samara to San Jose / 1 to 4 Pax / Shuttle Service

Travel time: 5 hours and 30 minutes.

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars
In: 10 May 2022 Out: 11 May 2022 (1 Night/s)

Day 15, 11 May 22

 Private Transfer OUT from Hotel to Airport / Transport + Guide / Private

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.

PRICE

Price per person	\$ 2,271.02
Total Price	\$ 4,542.04

General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 27 Apr 22 to 11 May 22.

Valid quotation for 2 adults,0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

INCLUSIONS

LODGING:

2 night/s lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose.(Breakfast included)

3 night/s lodging in Puerto Viejo Beach. Caribblue Beach and Jungle Resort.(Breakfast included)

3 night/s lodging in Arenal Volcano. Arenal Montechiari Hotel.(Breakfast included)

2 night/s lodging in Monteverde Cloud Forest. Monteverde Country Lodge.(Breakfast included)

4 night/s lodging in Samara Beach. Hotel Sol Samara.(Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel (Transport + Guide)

Shuttle Transfer from Puerto Viejo to Arenal Volcano (1 to 4 Pax)

Shared Transfer from Arenal to Monteverde, Lake Crossing

Shuttle Transfer from Monteverde to Samara Beach (1 to 4 Pax)

Shuttle Transfer from Samara to San Jose (1 to 4 Pax)

Private Transfer OUT from Hotel to Airport (Transport + Guide)

ACTIVITIES & MEALS:

Whitewater Rafting at Pacuare River. Different Drop Off (Breakfast and lunch included) in San Jose, The Capital

Gandoca Manzanillo Refuge, Jungle Hike in Puerto Viejo Beach

Rio Celeste National Park, Guided Hike (Lunch included) in Arenal Volcano

Canyoning in the Lost Canyon (Lunch included) in Arenal Volcano

Arenal Volcano Guided Walk and Entrance to Paradise Springs (Dinner included) in Arenal Volcano

Horseback Riding Tour in Monteverde in Monteverde Cloud Forest

Canopy Tour (Zip Line) in Monteverde Cloud Forest

Surf Lesson in Samara Beach

Ocean Kayak to Chora Island & Snorkeling in Samara Beach



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.

LODGING DETAILS

Date In: 27 Apr 22

Date Out: 28 Apr 22

Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



Date In: 28 Apr 22

Date Out: 01 May 22

Caribblue Beach and Jungle Resort

Standard Room with Breakfast included

The Caribblue Beach & Jungle Resort faces the clear waters of the **Caribbean Sea** in the southern part of Costa Rica and reaches out over 5 acres of earth inside of a **pristine forest**. It has available pleasant accommodations and is proud of a very wide range of facilities and comforts (free parking, **two swimming pools**, two jacuzzies, restaurant, a beach bar, a swimming pool bar, spa, souvenir shop, **a surf school**, **a bikes rental**, and much more) as well it has a **direct access** to the golden sands of the Atlantic Ocean.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Date In: 01 May 22

Date Out: 04 May 22

Arenal Montechiari Hotel

Standard Room with Breakfast included

Offering **spectacular views** of Arenal Volcano, Arenal Montechiari Hotel offers **cottages set in tropical gardens**. Located 400 meters from La Fortuna's central park and church, it offers an **outdoor pool** and free Wi-Fi in the reception. Spacious, **air-conditioned** wooden cottages feature tiled floors and cable TV. They have a work desk and a fridge. The private bathroom comes with a shower and toiletries.



Date In: 04 May 22

Date Out: 06 May 22

Monteverde Country Lodge

Standard Room with Breakfast included

Located in Monteverde, Costa Rica, close to **the cloud forest** of Monteverde, this **eco-friendly hotel** offers **rustic-style rooms** with free Wi-Fi and views of the **tropical gardens**. Rooms at Monteverde Country Lodge are set in **charming wooden cabins**, with access to a **shared porch**. Each room includes cable TV, a coffee maker, a safe and a bathroom with free toiletries. The on-site restaurant serves fusion cuisine and typical Costa Rican dishes, made with local ingredients. Snacks and drinks are available from the bar.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Date In: 06 May 22

Date Out: 10 May 22

Hotel Sol Samara

Standard Room with Breakfast included

Hotel Sol Samara features an **outdoor swimming pool**. Set in **gardens**, it offers suites with balconies and garden views. This hotel is located 100 meters from **Samara Beach**. Each spacious, **air-conditioned** room has **bright décor**. You can enjoy a range of Costa Rican cuisine in Hotel Sol Samara's restaurant. There is also a bar.



Date In: 10 May 22

Date Out: 11 May 22

Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

EXCLUSIONS

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:
<https://www.greenworldadventures.com/terms/>



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269