



# Costa Rica

**Traveler: Joanne Sung**

Date In: 05 Aug 22  
Date Out: 17 Aug 22

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

Traveler Name	Joanne Sung
Arrival date	05 Aug 22
Departure date	17 Aug 22
Number of participants	2 adults + 0 children
Quotation reference	BKFI101786

## DESTINATIONS

San Jose, The Capital
Pacuare River
Puerto Viejo Beach
Arenal Volcano
Monteverde Cloud Forest
Samara Beach
San Jose, The Capital



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## DETAILED ITINERARY

Day 1, 05 Aug 22

 Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



### San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas. In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**.

Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars

In: 05 Aug 2022 Out: 06 Aug 2022 (1 Night)

Day 2, 06 Aug 22



### Pacuare River

Elevation	230 m / 755 f	Temperature	27 C / 80 F
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The Pacuare River, or the Río Pacuare, flows approximately 108 kilometers (67 mi) to the Caribbean. It is a popular location for **whitewater rafting**, whitewater kayaking, and river boarding. The **rainforests** that surround the river are home to exotic animal species such as **jaguars, monkeys, ocelots**, and a very large number of birds. Also, it was considered one of the **5 nicest rivers to practice rafting**.



 Exploradores Outdoors / 2 Days of Whitewater Rafting at Pacuare River / Full board / Specialty Lodge  
In: 06 Aug 2022 Out: 07 Aug 2022

The overnight Pacuare Adventure is a paddle and hike expedition. You will raft a variety of **exciting rapids**, and you will also hike to pristine waterfalls and primary jungles. This tour includes at least one hike a day, based on your athletic and adventure desires.

The first day you will run 13 kilometers (8 miles) of continuous class **III whitewater** for a total of **14 rapids**. Then you will arrive at the lodge located on the riverbanks, on time for **lunch**. Afternoon activities include various optional hikes, fishing in the river, or relaxing in a hammock. **Dinner** will be served at the lodge.

The second day begins with a hot, freshly brewed cup of Costa Rica's famous coffee. After a **heartly breakfast** is served and you pack your gear, the river descent continues. All of the **class IV rapids** are on this day, so now it is time to truly test the skills you learned on the previous day. The second day is significantly longer on the river, with 23 kilometers (14 miles) to travel and about **30 rapids**. Two stops are made, one for a nice exploratory hike and another one to have **lunch** on the river.

This tour finishes in Siquirres, at the operations center, where you can take a shower, change your clothes, and relax at the gardens. When you are ready, transportation will take you to your next destination.



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Day 3, 07 Aug 22



### Puerto Viejo Limon

Elevation	10 m / 32 f	Temperature	26 C / 70 F
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Puerto Viejo de Talamanca is located in the **south Caribbean**, it's a perfect destination for **beach lover** and travelers that want to know about **culture and traditions**. Puerto Viejo was a small fishing village, that has become a popular destination offering a wide variety of **restaurants and bars for vivid nightlife**.

With its relaxed atmosphere and its unique blend of **Latino, Afro-Caribbean and Bribri indigenous cultures**. Popular activities are snorkeling, hikes, cooking classes, surfing or just relax at the white sand beach. In the area, you can find the **Cahuita National Park** and the **Gandoca Manzanillo Wildlife Refuge** both places are ideal to admire the wildlife and the beautiful beaches.



🏠 Azania Bungalows / Bungalow / Breakfast included / 3 Stars  
In: 07 Aug 2022 Out: 09 Aug 2022 (2 Nights)

Day 4, 08 Aug 22



Walk & Snorkel at Cahuita National Park / Lunch included

The snorkeling tour is a great way to explore **Cahuita's coral reef** surrounding the tip of the **National Park referred to as Punta Cahuita**. The reef in the National Park is filled with over 240 marine species including wildlife such as **tropical fish, mollusks, nurse sharks, turtles and lobsters**. The equipment will be provided during the **training session** before entering the boat. The boat will take you to the Cahuita National Park. From there **you will snorkel in two different locations to fully explore for around 2 hours**. While in the water you will follow a guide, a nature specialist, who will explain the **coral reef and the lush wildlife**.

After the adventure under the water, you will **explore the Cahuita National Park with an expert guide**, you will hike **from Punta Cahuita y Cahuita Town, 7kms**. In the walk you will be able to spot **wonderful trees and beautiful wildlife** such as sloths, capuchin monkey, howler monkey, species of snakes, some colorful birds and butterflies.



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Day 5, 09 Aug 22

 Shuttle Transfer from Puerto Viejo to Arenal Volcano / Travel time: 6 hours.



### Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



 Arenal Montechiari Hotel / Standard Room / Breakfast included / 3 Stars  
In: 09 Aug 2022 Out: 11 Aug 2022 (2 Nights)

Day 6, 10 Aug 22



Canyoning in the Lost Canyon / Lunch included

You'll rappel down **huge waterfalls**, **jump into pools**, **zip down guided rappels**, **downclimb** the canyon walls and river boulders, and **hike up** through the **rainforest**.

Start the rappelling-leg of your canyoning journey with the first waterfall referred to as the "Baby", a small-sized 10 feet waterfall that allows you to ease your way into learning the ropes. You will soon reach what it's called the "Big Boy", the second largest waterfall. About half-way through your rappel, you'll hear the call to "LET GO!" a few moments later you'll experience your **first guided free fall!** Finally, you will get **the largest Lost Canyon challenge:** an exciting 200 feet waterfall rappel.

At the end of this tour, enjoy a **delicious typical lunch.**



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## Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included

The Arenal Volcano Rainforest and Natural History along with the **breath-taken lava** flow will take you through lush rainforest along the base of Costa Rica's most famous volcano. Your experienced, bilingual naturalist guide will point out interesting **plants and wildlife** in the vibrant primary and secondary rainforest of the nature reserve that skirts the **Arenal Volcano 1968 Park**. You'll then arrive at the observation point of the Arenal Volcano -- this is the closest you can get to the base of the Arenal Volcano -- and the perfect vantage point to take remarkable photos of the Arenal Volcano. This hike takes about 1.5 to 2 hours.

Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



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## Day 7, 11 Aug 22

### Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

*IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.*



### Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air.

Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**

### Rancho Makena / Standard Room / Breakfast included / 3 Stars

In: 11 Aug 2022 Out: 13 Aug 2022 (2 Nights)



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## Horseback Riding Tour in Monteverde

The **horseback riding** tour in Monteverde allows you to observe the activities of a traditional farm in Costa Rica, crossing **plantations of coffee, banana, sugar cane**, areas for livestock and forest; everything riding. Also, enjoy **the best panoramic views** of the Gulf of Nicoya and the magical mountains of the cloud forest. This tour is with excellent horses suitable for all ages.



## Day 8, 12 Aug 22



## Canopy Tour (Zip Line)

The tour is located in a private reserve created in 1994. It starts with a short guided walk through the private 70-acre reserve of the **cloud forest**. The first part of the tour will take you through primary (old growth), and secondary (new growth) forest. You will **fly through the treetops** listening closely to the vast variety of birds that can be seen throughout the reserve. Then, just when you think you have become one with the canopy the tour ends with an exhilarating **rappel down** from the "Scary Tree". The tour has **14 cables, 17 platforms, 1 rappel, and 1 Tarzan swing**.



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Day 9, 13 Aug 22



Shuttle Transfer from Monteverde to Samara Beach / Travel time: 4 hours and 30 minutes.



### Samara Beach

Elevation	7 m / 22 f	Temperature	30 C / 86 F
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Samara Beach is located in the northwest part of the **Nicoya Peninsula**. Samara beach is one of the most **beautiful beaches** in Costa Rica inside a long crescent-shaped bay. Known for its breathtaking sunsets, great surfing waves and a healthy atmosphere, it's the ideal place to go for a low-key beach getaway.

The town is quite small, and you can easily walk to get around. Samara beach is perfect for **relaxing and swimming**. The west end has **better waves for surfing** and the east end is a bit calmer. On the west end of the beach is where the center of town is, it's much busier. You'll find restaurants, surf lessons, beach lounges, massages stands, bars and tour operators on the beach.



Nammbu Beach Front Bungalows / Deluxe Room / Breakfast included / 4 Stars  
In: 13 Aug 2022 Out: 16 Aug 2022 (3 Nights)



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Day 10, 14 Aug 22



Surf Lesson / / Regular

If you have always wanted to learn to surf in the tropics, **Samara beach** is your answer! The 7 kilometers long **white sand beach** is framed by mountains and the striking Chora Island is just offshore. Since Samara Beach is largely protected by an outer reef, **the waves are easy to catch** and are perfect for beginners.



Day 11, 15 Aug 22



Ocean Kayak to Chora Island & Snorkeling / / Regular

This is some of the best **kayaking and snorkeling** in Costa Rica. Start from **Samara beach** and enjoy a kayak trip across the bay to a deserted **white sand beach** on **Isla Chora**. This island is a refreshing escape to an underwater world. Here, you are free to **snorkel with tropical fish**, splash in clear waters or simply sit and take in the rays. Bask in the balance of a tour that includes both holiday exercise and ease. A great opportunity to view the marine wildlife of Costa Rica's Pacific coast.



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## Day 12, 16 Aug 22



Shuttle Transfer from Samara to San Jose / Travel time: 5 hours and 30 minutes.



Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars

In: 16 Aug 2022 Out: 17 Aug 2022 (1 Night)

## Day 13, 17 Aug 22



Private Transfer OUT from Hotel to Airport

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



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## PRICE

Price per Person.	\$ 2,066.96
<b>Total Price</b>	<b>\$ 4,133.91</b>

### General Details of the Price

Prices are per person and in U.S. dollars. Prices are NET.

These rates apply for traveling from 05 Aug 22 to 17 Aug 22.

Valid quotation for 2 adults,0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

## INCLUSIONS

### LODGING:

1 night lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose. (Breakfast included)

1 night lodging in Pacuare River. Exploradores Outdoors. (Full board)

2 nights lodging in Puerto Viejo Beach. Azania Bungalows. (Breakfast included)

2 nights lodging in Arenal Volcano. Arenal Montechiari Hotel. (Breakfast included)

2 nights lodging in Monteverde Cloud Forest. Rancho Makena. (Breakfast included)

3 nights lodging in Samara Beach. Nammbu Beach Front Bungalows. (Breakfast included)

1 night lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose. (Breakfast included)

### TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel

Shuttle Transfer from San Jose to Siquirres

Shuttle Transfer from Siquirres to Puerto Viejo

Shuttle Transfer from Puerto Viejo to Arenal Volcano

Shared Transfer from Arenal to Monteverde, Lake Crossing

Shuttle Transfer from Monteverde to Samara Beach

Shuttle Transfer from Samara to San Jose

Private Transfer OUT from Hotel to Airport



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## **ACTIVITIES & MEALS:**

2 Days of White-Water rafting at the Pacuare River (Full board)

Walk & Snorkel at Cahuita National Park (Lunch included) in Cahuita Beach

Canyoning in the Lost Canyon (Lunch included) in Arenal Volcano

Arenal Volcano Guided Walk and Entrance to Paradise Springs (Dinner included) in Arenal Volcano

Horseback Riding Tour in Monteverde in Monteverde Cloud Forest

Canopy Tour (Zip Line) in Monteverde Cloud Forest

Surf Lesson in Samara Beach

Ocean Kayak to Chora Island & Snorkeling in Samara Beach

## **OTHER:**

VAT

24/7 professional logistics support during your trip in Costa Rica.



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## LODGING DETAILS

Date In: 05 Aug 22

Date Out: 06 Aug 22

### Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



Date In: 06 Aug 22

Date Out: 07 Aug 22

### Exploradores Outdoors

2 Days of Whitewater Rafting at Pacuare River with Full board

If you have an **overnight package**, you will have the opportunity to stay on the riverbanks of the **Pacuare River**. Exploradores Outdoors works with three different lodges of this area (the name will be confirmed one month before to the arrival). Located right next to the river in **the middle of primary forest**, they offer you safari-style facilities. Gardens are very well taken care of, perfectly blending with their surroundings. Modern toilets and showers are also available for your use. Each hotel provides **perfect "hanging out" space** and an **excellent view** of the river.



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Date In: 07 Aug 22

Date Out: 09 Aug 22

## Azania Bungalows

Bungalow with Breakfast included

Azania Bungalows is located in Puerto Viejo in the South Caribbean. A small boutique beach and nature lodge located at just 50 meters from one of the most **beautiful beaches** in the lush South Caribbean, at just walking distance from Puerto Viejo and surrounded by amazing **natural and cultural highlights**. The hotel offers **swimming pool**, with sculpted waterfall connecting the jacuzzi...hidden away among lush tropical gardens.

Each of the Bungalows is located independently amidst a beautiful and well-maintained **tropical garden**, all near the swimming pool and the cold water Jacuzzi.



Date In: 09 Aug 22

Date Out: 11 Aug 22

## Arenal Montechiari Hotel

Standard Room with Breakfast included

Offering **spectacular views** of Arenal Volcano, Arenal Montechiari Hotel offers **cottages set in tropical gardens**. Located 400 meters from La Fortuna's central park and church, it offers an **outdoor pool** and free Wi-Fi in the reception. Spacious, **air-conditioned** wooden cottages feature tiled floors and cable TV. They have a work desk and a fridge. The private bathroom comes with a shower and toiletries.



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Date In: 11 Aug 22

Date Out: 13 Aug 22

## Rancho Makena

Standard Room with Breakfast included

Family-run hospitality make these down-to-earth accommodations **especially welcoming**. The ranch's 50 acres (20 ha) started out as a dairy farm, which is still going strong today. All of the buildings here are **built using sustainable, reforested wood**. You are **free to tour the dairy farm** or stroll around the lodge's gardens. In the main building, you can unwind in the TV lounge and use the telephone. The lounge as well as all of the accommodations have Wi-Fi.



Date In: 13 Aug 22

Date Out: 16 Aug 22

## Nammbu Beach Front Bungalows

Deluxe Room with Breakfast included

Nammbu Beach Front is located in Carillo Beach, very close to Samara, is a family hotel, designed by the need to offer you an excellent service in a beach paradise! The hotel is featured by a high interest in the **conservation of the natural environment**. The hotel has a restaurant, **outdoor swimming pool**, a fitness center and bar. Featuring a **garden**, the 4-star hotel has air-conditioned rooms with free WiFi, each with a private bathroom. Some of the rooms have an amazing ocean view.



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Date In: 16 Aug 22

Date Out: 17 Aug 22

## Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



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## EXCLUSIONS

Optional tours  
Departure taxes (\$29 per person)  
Meals not mentioned in the itinerary  
Airfare  
Tips  
International Travel Insurance  
COVID-19 test

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:  
<https://www.greenworldadventures.com/terms/>



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