



Costa Rica

**Traveler: Dan Kenigsberg – Final
Version**

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica:** Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Dan Kenigsberg - 3rd Version
Arrival date	23 Dec 22
Departure date	30 Dec 22
Number of participants	10 adults
Quotation reference	BKFI101887

DESTINATIONS

Arenal Volcano
Monteverde Cloud Forest

DETAILED ITINERARY

Day 1, 23 Dec 22



Private Transfer from Liberia to Arenal Volcano / Travel time: 2 hours and 30 minutes.



Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views. Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



Montaña De Fuego Resort & Spa / Superior Room / Breakfast included / 3 Stars
PLus
In: 23 Dec 2022 Out: 27 Dec 2022 (4 Nights)



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Day 2, 24 Dec 22



Coffee & Chocolate Tour (Arenal Volcano)

The coffee tour takes participants on a journey through history. You will learn **the importance of coffee** in Costa Rica's past and current economy. You will walk through **the farm and factory** to see how the bean becomes the rich dark liquid that Costa Ricans love.

The famous **chocolate tour** is next. You will smell and taste different types of chocolate as your guide explains the cultural history behind the treat. The guide will also walk you through how the plant goes from seed to **pure ground cocoa**.



Christmas Dinner



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Day 3, 25 Dec 22



Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall / Lunch included

Start your day as you walk across the **Arenal Hanging Bridges** and see the jungle from high above the forest floor. These trails bring you as close as you would ever hope to see the rainforest and its inhabitants, as well as give you access to see **stunning views of the rainforest and mountains**.

After your adventure on the hanging bridges, you will head to the **Arenal Volcano National Park**. The trails are generally flat and not very strenuous, perfect for a **leisurely and informative guided walk**. Enjoy a delicious **lunch** at this point.

Then, you will finish the day at the stunning **La Fortuna Waterfall**. When you reach the entrance, you will have time to change into your bathing suit in case you want to cool off in the **cool pools that flow from the waterfall**. This is sure to be a good workout as there are 500 steps to get to the down to the waterfall, and 300 to get back up! When you reach the bottom, you'll have an opportunity to take lots of pictures and **swim in the cool waters** of one of the largest and most breathtaking waterfalls in Arenal!



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Day 4, 26 Dec 22



Canyoning in the Lost Canyon / Lunch included

You'll rappel down **huge waterfalls**, **jump into pools**, **zip down guided rappels**, **downclimb** the canyon walls and river boulders, and **hike up** through the **rainforest**.

Start the rappelling-leg of your canyoning journey with the first waterfall referred to as the "Baby", a small-sized 10 feet waterfall that allows you to ease your way into learning the ropes. You will soon reach what it's called the "Big Boy", the second largest waterfall. About half-way through your rappel, you'll hear the call to "LET GO!" a few moments later you'll experience your **first guided free fall!** Finally, you will get **the largest Lost Canyon challenge:** an exciting 200 feet waterfall rappel.

At the end of this tour, enjoy a **delicious typical lunch**.



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Sloth Tour (Sloth Territory)

The sweet smiling face of the **Costa Rican sloth** is rapidly becoming the iconic symbol of the country's amazing **rainforest wildlife**. All set, you will walk for about 1.2 kilometers through the beautiful rainforest looking for our lazy friend, the sloth.

You will be searching out both **2-toed** and **3-toed sloths**. Although similar, they have distinct differences. The 2-toed Sloth, being nocturnal, can be found sleeping high up in the treetops. More active during daytime hours, the 3-toed Sloth slowly moves through the branches eating leaves, often with a young sloth hugging on for the ride.

And as a bonus, you will also get great views of a **variety of birds, brightly-colored toucans, iguanas**, and more.



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Visit to the Paradise Hot Springs / Dinner included

Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



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Day 5, 27 Dec 22

 Shared Transfer from Arenal to Monteverde, Lake Crossing / / Shuttle Service

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.



Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air.

Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**

 El Establo Mountain Hotel / Deluxe Room / Breakfast included / 4 Stars Plus
In: 27 Dec 2022 Out: 30 Dec 2022 (3 Nights)



Horseback Riding Tour in Monteverde

The **horseback riding** tour in Monteverde allows you to observe the activities of a traditional farm in Costa Rica, crossing **plantations of coffee, banana, sugar cane**, areas for livestock and forest; everything riding. Also, enjoy **the best panoramic views** of the Gulf of Nicoya and the magical mountains of the cloud forest. This tour is with excellent horses suitable for all ages.



Day 6, 28 Dec 22



El Tigre Waterfall, Guided Walking Tour / Lunch included / Regular

First, you will start at El Tigre Waterfalls reception, where the staff will provide you with instructions and a map to enter a 5 km (3.1 miles) nature trail that leads to the waterfalls. Next, you will use the map to follow the well-marked trail that includes a couple of hammock bridges surrounded by beautiful scenery, and after you reach the end of the trail, the staff will be waiting for you to take you back to reception on a horseback ride. Finally, you will finish the tour with a delicious home-cooked lunch served by the staff at the main building.



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Day 7, 29 Dec 22

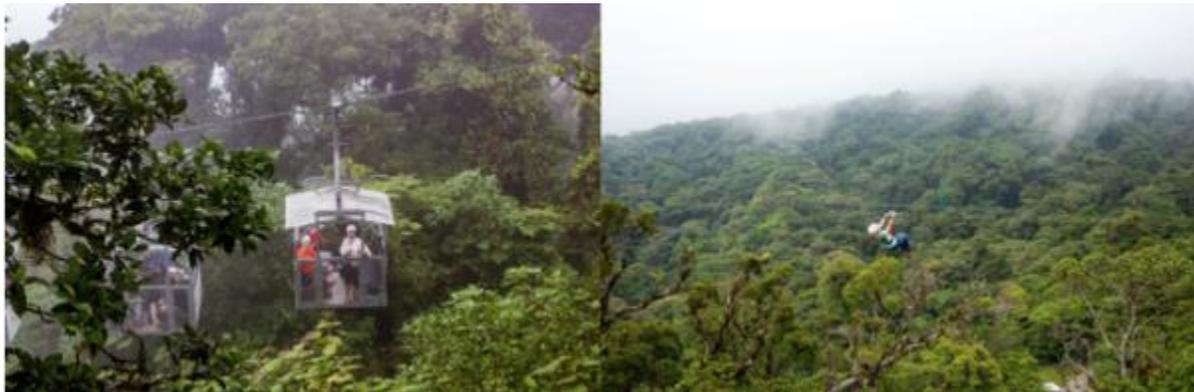


Sky Tram / Sky Trek / Sky Walk / / Regular

You will have the great opportunity to do three activities, Sky Trek, Sky Tram and Sky Walk. At Sky Trek in **Monteverde**, you ride the **tram up the mountain**, along a beautiful cloud forest ridge and allows for stops along the way to observe plant and animal life and learn from an experienced guide. The duration of the tram takes about 20 minutes before arriving at an observatory platform.

Then to get back to the base you will have to ride the **brehtaking ziplines**, This famous canopy tour consists of **9 zip line cables** with a combined length of 1.8 miles (3 km) and range in distances between 131 feet (40 m) and 435 feet (770 m) and heights that range between 65 to 98 feet (20 to 30 m). Sky Trek is also a great opportunity to have **panoramic views** at two observation towers that offer views to the Pacific on a clear day it is also possible to see the northern lowlands that stretch all the way to the Caribbean.

The hike at Sky Walk offers a more peaceful introduction to exploring **Monteverde Cloud Forest** on a 2.5km (1.5mi) circuit trail that goes through distinct levels of the wonderfully diverse ecosystem. Sky Walk uses these trails and a series of suspension bridges for a one on one experience with the flora and fauna of the forest canopy. You will hike deep into these **magical tropical forests** to admire nature from a **distinct perspective**. Crossing hanging bridges with complete views of the forest canopy, and from the floor of the forest a naturalist.



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Monteverde Cloud Forest Reserve, Guided Walking Tour

The tour is essentially a natural history walk in which you will learn about **the incredible diversity of flora and fauna** and many of the unique relationships various cloud forest species have with each other. Guides are equipped with a spotting telescope as well as binoculars and several informational guidebooks. Be sure to bring your cameras, as you can take pictures through the guide's scope. This walk normally takes about 3 hours.

The **Monteverde Cloud Forest Reserve** is where some of **the best-kept cloud forests** in all of Costa Rica can be found. It is a cloud forest, not a rainforest, due to its elevation of 4,724 feet (1,440 meters) above sea level.



Day 8, 30 Dec 22



Private Transportation from Monteverde to Liberia Airport / Travel time: 2 hours and 20 minutes. **(2PAX)**



Private Transfer from Monteverde to Riu Palace / Travel time: 3 hours and 15 minutes. **(8PAX)**



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PRICE

Adult 03 Dan Kenigsberg	\$ 1,938.55
Adult 04 Dan Kenigsberg	\$ 1,938.55
Adult 05 Dan Kenigsberg	\$ 1,808.05
Adult 06 Dan Kenigsberg	\$ 1,808.05
Adult 07 Dan Kenigsberg	\$ 1,808.05
Adult 08 Dan Kenigsberg	\$ 1,808.05
Adult 09 Dan Kenigsberg	\$ 1,808.05
Adult 10 Dan Kenigsberg	\$ 1,808.05
Ivy	\$ 1,777.05
Paula	\$ 1,777.05
Total Price	\$ 18,279.48

General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 23 Dec 22 to 30 Dec 22.

Valid quotation for 10 adults,0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.



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INCLUSIONS

LODGING:

4 night/s lodging in Arenal Volcano. Montaña De Fuego Resort & Spa.(Breakfast included)
3 night/s lodging in Monteverde Cloud Forest. El Establo Mountain Hotel.(Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer from Liberia to Arenal Volcano
Shared Transfer from Arenal to Monteverde, Lake Crossing
Private Transportation from Monteverde to Liberia Airport
Private Transfer from Monteverde to Papagayo Gulf

ACTIVITIES & MEALS:

Coffee & Chocolate Tour (Arenal Volcano) in Arenal Volcano
Dinner in Arenal Volcano
Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall (Lunch included) in Arenal Volcano
Canyoning in the Lost Canyon (Lunch included) in Arenal Volcano
Sloth Tour (Sloth Territory) in Arenal Volcano
Visit to the Paradise Hot Springs (Dinner included) in Arenal Volcano
Horseback Riding Tour in Monteverde in Monteverde Cloud Forest
El Tigre Waterfall, Guided Walking Tour (Lunch included) in Monteverde Cloud Forest
Sky Tram / Sky Trek / Sky Walk in Monteverde Cloud Forest
Monteverde Cloud Forest Reserve, Guided Walking Tour in Monteverde Cloud Forest

OTHER:

VAT
24/7 professional logistics support during your trip in Costa Rica.



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LODGING DETAILS

Date In: 23 Dec 22

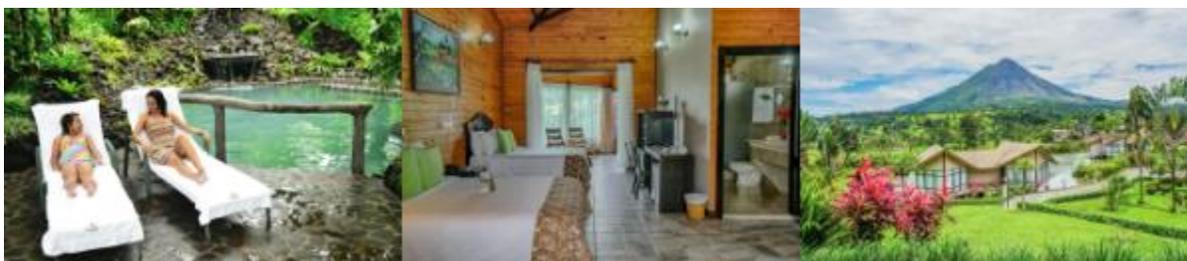
Date Out: 27 Dec 22

Montaña De Fuego Resort & Spa

Superior Room with Breakfast included

Montana de Fuego is located near the **Arenal Volcano**. Offering great views of Arenal Volcano, 8 km away, is surrounded amongst attractive **gardens and lakes**. This striking property has indoor and outdoor **swimming pools**, kids pool and its own adventure park.

This bungalow style resort offers contemporary suites and bungalows with stylish décor. Each has a balcony or terrace. You can enjoy **Thermal Springs** and **volcanic mud baths**. Montana de Fuego Resort & Spa has indoor and outdoor hot tubs, sauna and spa and 24 hours medical service.



Date In: 27 Dec 22

Date Out: 30 Dec 22

El Establo Mountain Hotel

Deluxe Room with Breakfast included

El Establo Mountain Hotel is located in Monteverde, offering **rooms with balconies** and **views of Monteverde Cloud Forest**. This **family-run** hotel features 2 restaurants, a spa, and an outdoor swimming pool. The hotel is set in 150 acres of a **private farm** (of which 50% is protected forest). The hotel is a perfect position in Cerro Plano, between Monteverde Cloud Forest Reserve and the village of Santa Elena. Within walking distance are several restaurants, and attractions. El Establo's rooms have attractive décor and carpeted floors. Each room comes with a flat-screen TV and laptop safe box. You can enjoy a la carte Costa Rican cuisine in Las Rendas Restaurant. Laggus offers gourmet options and overlooks the Establo's lake and gardens.



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EXCLUSIONS

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:
<https://www.greenworldadventures.com/terms/>



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