

# Costa Rica

**Traveler: Wayne McIntyre - 2nd  
Version**



Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

Traveler Name	Wayne McIntyre - 2nd Version
Arrival date	24 Dec 22
Departure date	07 Jan 23
Number of participants	5 adults + 0 children
Quotation reference	BKFI101815

## DESTINATIONS

San Jose, The Capital
Manuel Antonio Beach
Monteverde Cloud Forest
Arenal Volcano



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

## DETAILED ITINERARY

Day 1, 24 Dec 22

 Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.




### San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
-----------	-------------------	-------------	-------------

Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars  
In: 24 Dec 2022 Out: 25 Dec 2022 (1 Night)



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

## Day 2, 25 Dec 22



Mitsubishi Montero 4WD (or Similar) / SUV full size  
4WD, automatic transmission/ In: 25 Dec 2022 Out:  
31 Dec 2022

PLI insurance (primary liability for third party  
damages).



### Requirements to rent a car:

- Valid passport to travel in Costa Rica.
- Valid license ID.
- Older than 23 years old (if you are older than 21 years old a license with 2 years of the expedition is required)
- Credit card (Visa, Master Card, AMEX). Debit cards and cash are not accepted.
- The rent a car company will charge you a refundable deposit of \$750 USD.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Day 7, 30 Dec 22



### Manuel Antonio

Elevation	20 m / 65 f	Temperature	28 C / 82 F
-----------	-------------	-------------	-------------

Manuel Antonio is home to a namesake national park **full of unspoiled beaches** and **world-class views**. Enjoy adventures as diverse as **snorkeling** and **jungle hikes**. A great destination for families, **there's something for everyone** whether you have young children or college-bound teens. See a **variety of Costa Rica's animals** when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list.

Accommodation choices are plentiful, with **some of the country's most inspired** lodging options to choose from. Imagine the glittering, warm sand of a **pristine beach**; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.



🏠 Hotel Playa Espadilla / Premium Room / Breakfast included / 3 Stars  
In: 30 Dec 2022 Out: 01 Jan 2023 (2 Nights)



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Day 8, 31 Dec 22



Catamaran Cruise & Snorkeling / Lunch included

Enjoy an outstanding **naturalist tour** with amazing views of the **Manuel Antonio National Park** onboard the **catamaran**. Enjoy great company and **recreational fun** during this half-day excursion. This tour can be done in the morning or the afternoon. The morning tour includes a **freestyle diving adventure** in a beautiful and secluded bay known as **Biezans Beach**. The afternoon tour is a truly amazing trip for nature lovers who can enjoy not only the experience itself but the **breathtaking sunset** on the Pacific Ocean. Cherish the sights of **humpback whales, dolphins, stingrays**, and other marine wildlife. Onboard, you will have a selection of snacks and natural juices. As you cruise along the coast, enjoy the sea breeze, the **summer sunshine** of Costa Rica and this unique tropical paradise at its best. This tour includes a delicious **meal** before to end this tour.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



Day 9, 01 Jan 23



Private Transfer from Manuel Antonio to Monteverde / Travel time: 3 hours and 30 minutes.



### Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
-----------	-------------------	-------------	-------------

Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



El Establo Mountain Hotel / Deluxe Room / Breakfast included / 4 Stars Plus  
In: 01 Jan 2023 Out: 03 Jan 2023 (2 Nights)



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



## El Trapiche Tour

You will learn more about the **production** of **coffee**, **chocolate** and **sugar cane candy**. During the tour, you will walk around a real Costa Rican **farm**. Your guide will show you all the steps of how the coffee, chocolate and sugar candy are made. You will even have the opportunity to **make your candy**!



Day 10, 02 Jan 23



## Canopy Tour

The canopy tour (also called zip line) is **the most popular Costa Rican adventure tour**. Enjoy a fantastic day of **zip lining**, and **riding a giant swing** in the beautiful cloud forest setting. Experience a unique perspective of the forest as you glide over the beautiful Costa Rican landscape. While the **nine zip lines** are sure to amaze you, the real thrill comes from **two superman zip lines**, including **the longest zip line in Costa Rica**! Swing like Tarzan on a **mega swing**, float down a rappel and keep your balance on a **hammock bridge**. Everything is included in the same tour. The maximum weight for a person to participate in the tour is 240 pounds.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269





## Monteverde Cloud Forest Reserve, Guided Walking Tour

The tour is essentially a natural history walk in which you will learn about **the incredible diversity of flora and fauna** and many of the unique relationships various cloud forest species have with each other. Guides are equipped with a spotting telescope as well as binoculars and several informational guidebooks. Be sure to bring your cameras, as you can take pictures through the guide's scope. This walk normally takes about 3 hours.

The **Monteverde Cloud Forest Reserve** is where some of **the best-kept cloud forests** in all of Costa Rica can be found. It is a cloud forest, not a rainforest, due to its elevation of 4,724 feet (1,440 meters) above sea level.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

## Day 11, 03 Jan 23



### Shared Transfer from Monteverde to Arenal, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Monteverde** to begin the impressive 1.5-hour journey down the mountainside on a steep road offering **stunning views** of the lush, green valley. Upon arrival at Lake Arenal, you will be met by a **covered boat**. This is where your scenic 45-minute cruise across the lake begins. Once reaching the opposite shore, you will be taken by van directly to your hotel in **La Fortuna**.

*IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.*



### Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
-----------	---------------	-------------	-------------

La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



Hotel Arenal Kioro Suites & Spa / Suite / Breakfast included / 5 Stars

In: 03 Jan 2023 Out: 06 Jan 2023 (3 Nights)



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



Day 12, 04 Jan 23



Whitewater Rafting at Sarapiquí River, Class 2-3 / Lunch included

### **Costa Rica White Water Rafting Class 2 and 3 Sarapiquí River Jungle Run**

Whether you're a first-timer or a rafting expert, this **class 2-3 white water rafting trip** is guaranteed to get your adrenaline pumping! Build up the anticipation as you receive your **safety gear and instructions** on the bank of the Sarapiquí River! The photographer will be ready to snap the best shots as you embark on your **Costa Rica rafting adventure**.

You will be pick up at your hotel in La Fortuna town and travel through small Costa Rican villages to the quaint town of **San Miguel** to start your best rafting experience, passing La Virgen and finishing up in El Roble de Sarapiquí. You'll hit the water and your adrenaline levels will soar as you experience **exciting rapids** along 22 km of lush, vibrant rainforest!

Take a break about half-way down the river and enjoy a **refreshing tropical fruit snack** as you take in the beauty of the nature surrounding you. Feel free to go for a swim or just relax. Get back on the water and finish your **unforgettable river adventure**! When you reach the end, you'll enjoy a delicious **lunch** before heading back to your hotel.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

## Day 13, 05 Jan 23



Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall / Lunch included

Start your day as you walk across the **Arenal Hanging Bridges** and see the jungle from high above the forest floor. These trails bring you as close as you would ever hope to see the rainforest and its inhabitants, as well as give you access to see **stunning views of the rainforest and mountains**.

After your adventure on the hanging bridges, you will head to the **Arenal Volcano National Park**. The trails are generally flat and not very strenuous, perfect for a **leisurely and informative guided walk**. Enjoy a delicious **lunch** at this point.

Then, you will finish the day at the stunning **La Fortuna Waterfall**. When you reach the entrance, you will have time to change into your bathing suit in case you want to cool off in the **cool pools that flow from the waterfall**. This is sure to be a good workout as there are 500 steps to get to the down to the waterfall, and 300 to get back up! When you reach the bottom, you'll have an opportunity to take lots of pictures and **swim in the cool waters** of one of the largest and most breathtaking waterfalls in Arenal!



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



### Day 14, 06 Jan 23



Private Transfer from Arenal to San Jose / Travel time: 3 hours and 15 minutes.



Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars

In: 06 Jan 2023 Out: 07 Jan 2023 (1 Night)

### Day 15, 07 Jan 23



Private Transfer OUT from Hotel to Airport

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

## PRICE

Adult 01 Wayne McIntyre	\$ 2,498.81
Adult 02 Wayne McIntyre	\$ 2,498.81
Adult 03 Wayne McIntyre	\$ 2,164.32
Adult 04 Wayne McIntyre	\$ 2,164.32
Adult 05 Wayne McIntyre	\$ 2,164.32
<b>Total Price</b>	<b>\$ 11,490.58</b>

### General Details of the Price

Prices are per person and in U.S. dollars. Prices are NET.

These rates apply for traveling from 24 Dec 22 to 07 Jan 23.

Valid quotation for 5 adults, 0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

## INCLUSIONS

### LODGING:

2 nights lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose. (Breakfast included)

2 nights lodging in Manuel Antonio Beach. Hotel Playa Espadilla. (Breakfast included)

2 nights lodging in Monteverde Cloud Forest. El Establo Mountain Hotel. (Breakfast included)

3 nights lodging in Arenal Volcano. Hotel Arenal Kioro Suites & Spa. (Breakfast included)



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



**TRANSPORTATION & GUIDE SERVICES:**

Private Transfer IN from Airport to Hotel

6 day/s of Mitsubishi Montero 4WD (or Similar) (SUV full size 4WD, automatic transmission)

Private Transfer from Manuel Antonio to Monteverde

Shared Transfer from Monteverde to Arenal, Lake Crossing

Private Transfer from Arenal to San Jose

Private Transfer OUT from Hotel to Airport

**ACTIVITIES & MEALS:**

Catamaran Cruise & Snorkeling (Lunch included) in Manuel Antonio Beach

El Trapiche Tour in Monteverde Cloud Forest

Canopy Tour in Monteverde Cloud Forest

Monteverde Cloud Forest Reserve, Guided Walking Tour in Monteverde Cloud Forest

Whitewater Rafting at Sarapiquí River, Class 2-3 (Lunch included) in Arenal Volcano

Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall (Lunch included) in Arenal Volcano

**OTHER:**

VAT

24/7 professional logistics support during your trip in Costa Rica.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

## LODGING DETAILS

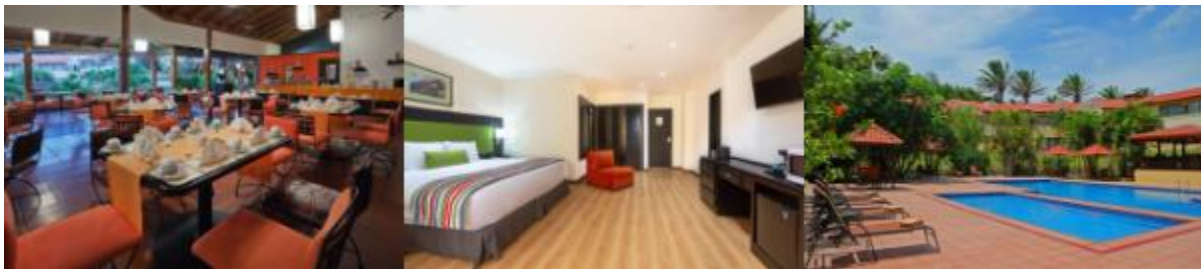
Date In: 24 Dec 22

Date Out: 25 Dec 22

### **Country Inn & Suites by Radisson San Jose**

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



Date In: 30 Dec 22

Date Out: 01 Jan 23

### **Hotel Playa Espadilla**

Premium Room with Breakfast included

Just a 1-minute walk from **Espadilla Beach** in Quepos, this hotel features an **outdoor swimming pool** and a tour desk. Hotel Playa Espadilla also has **tennis courts**. Each **air-conditioned** room at this property features a cable TV and a private bathroom with a shower and toilet. Manuel Antonio Park is just 200 meters from the property.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Date In: 01 Jan 23

Date Out: 03 Jan 23

## El Establo Mountain Hotel

Deluxe Room with Breakfast included

El Establo Mountain Hotel is located in Monteverde, offering **rooms with balconies** and **views of Monteverde Cloud Forest**. This **family-run** hotel features 2 restaurants, a spa, and an outdoor swimming pool. The hotel is set in 150 acres of a **private farm** (of which 50% is protected forest). The hotel is a perfect position in Cerro Plano, between Monteverde Cloud Forest Reserve and the village of Santa Elena. Within walking distance are several restaurants, and attractions. El Establo's rooms have attractive décor and carpeted floors. Each room comes with a flat-screen TV and laptop safe box. You can enjoy a la carte Costa Rican cuisine in Las Rendas Restaurant. Laggus offers gourmet options and overlooks the Establo's lake and gardens.



Date In: 03 Jan 23

Date Out: 06 Jan 23

## Hotel Arenal Kioro Suites & Spa

Suite with Breakfast included

Discover Arenal Kioro Suites & Spa, a **green friendly luxury** hotel located town of La Fortuna. The tranquility of the rainforest setting and its proximity to the replenishing waters of the Titoku hot springs provide a peaceful setting for exploring the beauty and exhilarating activities of **Arenal Volcano National Park**. Located on a green countryside, the hotel is framed by the crystalline waters of the La Palma and Kioro streams, lush, **vibrant gardens** and **private thermal water spas**. Titoku hot springs, where you can enjoy **complimentary admission** to the heated **hot springs pools**. Or simply spend the day lounging by the lushly landscaped free-form pool.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



Date In: 06 Jan 23

Date Out: 07 Jan 23

## Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

## EXCLUSIONS

Optional tours  
Departure taxes (\$29 per person)  
Meals not mentioned in the itinerary  
Airfare  
Tips  
International Travel Insurance  
COVID-19 test

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:  
<https://www.greenworldadventures.com/terms/>



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269