



Costa Rica

Traveler: Suzanne Carter

Date In: 01 Aug 22

Date Out: 14 Aug 22

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Suzanne Carter op 2.5
Arrival date	01 Aug 22
Departure date	14 Aug 22
Number of participants	2 adults + 0 children
Quotation reference	BKFI101974

DESTINATIONS

Tortuguero National Park
San Jose, The Capital
Puerto Viejo Beach
Arenal Volcano
Monteverde Cloud Forest
Tamarindo Beach
San Jose, The Capital



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DETAILED ITINERARY

Day -3, 29 Jul 22

Laguna Lodge /3 Days Tortuguero, Standard Room (In boat/Out boat) / Full board /
3 Stars
In: 29 Jul 2022 Out: 31 Jul 2022

Day -1, 31 Jul 22

Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included /
4 Stars
In: 31 Jul 2022 Out: 01 Aug 2022 (1 Night)



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Day 1, 01 Aug 22

 Private Transfer IN from Airport to Hotel / Transport + Guide / Private

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas. In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars
In: 01 Aug 2022 Out: 02 Aug 2022 (1 Night)



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Day 2, 02 Aug 22

bus Shuttle Transfer from San Jose to Puerto Viejo Beach

Travel time: 5 hours.



Puerto Viejo Limon

Elevation	10 m / 32 f	Temperature	26 C / 70 F
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Puerto Viejo de Talamanca is located in the **south Caribbean**, it's a perfect destination for **beach lover** and travelers that want to know about **culture and traditions**. Puerto Viejo was a small fishing village, that has become a popular destination offering a wide variety of **restaurants and bars for vivid nightlife**. With its relaxed atmosphere and its unique blend of **Latino, Afro-Caribbean and Bribri indigenous cultures**. Popular activities are snorkeling, hikes, cooking classes, surfing or just relax at the white sand beach. In the area, you can find the **Cahuita National Park** and the **Gandoca Manzanillo Wildlife Refuge** both places are ideal to admire the wildlife and the beautiful beaches.



La Costa de Papito Hotel / Bungalow / Breakfast included / Unassigned
In: 02 Aug 2022 Out: 04 Aug 2022 (2 Nights)



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Day 3, 03 Aug 22

Free Day

Enjoy a leisure day in your own way! If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.

Day 4, 04 Aug 22



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included / Regular

You will be picked up from your Puerto Viejo area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.



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Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



Arenal Montechiari Hotel / Standard Room / Breakfast included / 3 Stars
In: 04 Aug 2022 Out: 06 Aug 2022 (2 Nights)



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Day 5, 05 Aug 22

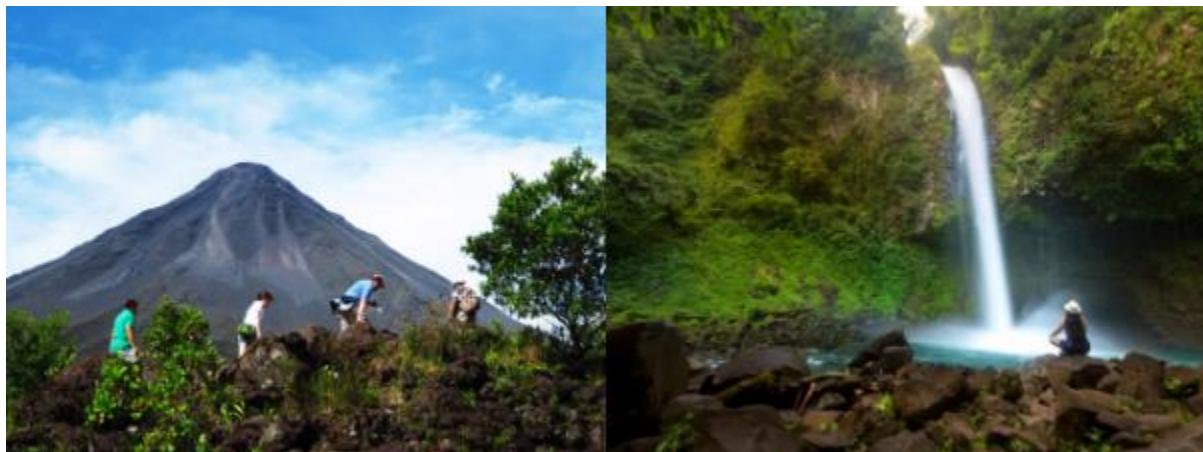


Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall / Lunch included / Regular

Start your day as you walk across the **Arenal Hanging Bridges** and see the jungle from high above the forest floor. These trails bring you as close as you would ever hope to see the rainforest and its inhabitants, as well as give you access to see **stunning views of the rainforest and mountains**.

After your adventure on the hanging bridges, you will head to the **Arenal Volcano National Park**. The trails are generally flat and not very strenuous, perfect for a **leisurely and informative guided walk**. Enjoy a delicious **lunch** at this point.

Then, you will finish the day at the stunning **La Fortuna Waterfall**. When you reach the entrance, you will have time to change into your bathing suit in case you want to cool off in the **cool pools that flow from the waterfall**. This is sure to be a good workout as there are 500 steps to get down to the waterfall, and 300 to get back up! When you reach the bottom, you'll have an opportunity to take lots of pictures and **swim in the cool waters** of one of the largest and most breathtaking waterfalls in Arenal!



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Day 6, 06 Aug 22

 Shared Transfer from Arenal to Monteverde, Lake Crossing / / Shuttle Service

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.



Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**

 Monteverde Country Lodge / Standard Room / Breakfast included / 3 Stars
In: 06 Aug 2022 Out: 08 Aug 2022 (2 Nights)

 El Trapiche Tour / / Regular



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You will learn more about the **production** of **coffee, chocolate** and **sugar cane candy**. During the tour, you will walk around a real Costa Rican **farm**. Your guide will show you all the steps of how the coffee, chocolate and sugar candy are made. You will even have the opportunity to **make your candy!**



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Day 7, 07 Aug 22



Monteverde Cloud Forest Reserve, Guided Walking Tour / / Regular

The tour is essentially a natural history walk in which you will learn about **the incredible diversity of flora and fauna** and many of the unique relationships various cloud forest species have with each other. Guides are equipped with a spotting telescope as well as binoculars and several informational guidebooks. Be sure to bring your cameras, as you can take pictures through the guide's scope. This walk normally takes about 3 hours.

The **Monteverde Cloud Forest Reserve** is where some of **the best-kept cloud forests** in all of Costa Rica can be found. It is a cloud forest, not a rainforest, due to its elevation of 4,724 feet (1,440 meters) above sea level.



Canopy Tour (Zip Line) / / Regular

The tour is located in a private reserve created in 1994. It starts with a short guided walk through the private 70-acre reserve of the **cloud forest**. The first part of the tour will take you through primary (old growth), and secondary (new growth) forest. You will **fly through the treetops** listening closely to the vast variety of birds that can be seen throughout the reserve. Then, just when you think you have become one with the canopy the tour ends with an exhilarating **rappel down** from the "Scary Tree". The tour has **14 cables, 17 platforms, 1 rappel, and 1 Tarzan swing**.



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Day 8, 08 Aug 22

-  Shuttle Transfer from Monteverde to Tamarindo, Conchal, Flam / 1 to 4 Pax /
Shuttle Service

Travel time: 4 hours and 30 minutes.



Tamarindo

Elevation	20 m / 65 f	Temperature	28 C / 82 F
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Tamarindo is located at **Guanacaste on the Pacific coast**. In the center of town, there are many options **for restaurants and bars**. Tamarindo is a destination perfect to relax at the golden sand beach and enjoy the sunny days. The town offer a very active night life and surf is one of the most popular activities in the area. Near Tamarindo stunning beach such as **Langosta beach**, a beautiful white sand beach can find. **Marino Las Baulas National Park** is a protected area that serves as a safe place for the leatherback sea turtle population. They can use this area as a nesting site, without fear of being captured or having their eggs stolen. You can also see many other animals in the park, including over 150 species of birds.



-  Tamarindo Diria Beach Resort / Standard Tropicana View Room / Breakfast included / 4 Stars
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Day 9, 09 Aug 22



Surf Classes Open Group / / Regular

Tamarindo open group surf lessons are perfect for **first time surfers**. Safety is everything this is why the student – instructor **ratio is 4 to 1**, that means personal attention. The first 20-minute will be instructions on the beach focusing on safety, etiquette in the water and the basics of surfing. After explaining the basics of how to paddle correctly, pop up, positioning on the board, correct stance, and reading the waves, the instructor will have **you practice on your boards** on the beach just to get the overall feel. As soon as you get the hang of it, its time to get wet. The instructors will be with you the **entire time** offering pointers and tips to get you riding your first wave.



Day 10, 10 Aug 22



Catamaran Tour Sunset / Lunch included / Regular

The catamaran tour from Tamarindo beach will take you **silently along Costa Rica's Gold Coast** while passing some of Guanacaste's **exotic bays, white-sand beaches, and tropical jungles**. Stay alert in case you spot some **dolphins, sea turtles, flying fish, or even a whale**.

Once the catamaran gets to a **tranquil bay**, you can jump into the water and do the **snorkel activity** while the crew prepares a light lunch. After the snorkeling, you can take a sunbath and enjoy a cold cocktail to admire the beautiful sunset.



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Day 11, 11 Aug 22

Free Day

Enjoy a leisure day in your own way! If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.

Day 12, 12 Aug 22

 Shuttle Transfer from Tamarindo to San Jose / 1 to 4 Pax / Shuttle Service

Travel time: 5 hours and 30 minutes.

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars

In: 12 Aug 2022 Out: 14 Aug 2022 (2 Nights)



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Day 13, 13 Aug 22



Doka Coffee Tour, Poas Volcano, La Paz Waterfall Gardens / Breakfast and lunch included / Regular

Today a professional guide will meet you at the hotel, to take you for a very interesting tour, you will visit **three sites and learn a lot of Costa Rica culture and nature.**

The first stop will be **Doka Coffee Estate** for a delicious breakfast. Then you will learn about the coffee in an actual coffee plantation where you will learn the ancient techniques used by the experts to produce some of the best coffee in Costa Rica. The careful process involved in the cultivation, harvesting, and roasting.

After the coffee tour, the next destination is the **Poas Volcano National Park**,

Note: The total stay at the Poas Volcano National Park will be 40 minutes: 10 minutes walking on the trek to get to the **crater viewpoint**, 20 minutes at the crater viewpoint, and 10 minutes walking back. There is no access to Botos Lagoon and in case of fog, there is no extra waiting time all this as a safety measure.

At the Volcano, you will have time to enjoy the **impressive main crater** with its sulfur fumaroles and learn about the volcano activity.

After Poas, you will continue to La Paz Waterfall Garden, you will enjoy a buffet lunch. Here you will find **five waterfalls**, cloud forest, and rain forest, safe hiking trails, aviary with numerous species of birds, insect exhibit, butterfly observatory, capuchin monkeys, black-handed spider monkeys, hummingbird garden with 26 documented species, serpentarium, jaguars, pumas, ocelots, margays, Costa Rican house with petting zoo and ox cart, ranarium, orchid exhibit, heliconia exhibit.



Day 14, 14 Aug 22



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Private Transfer OUT from Hotel to Airport / Transport + Guide / Private

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



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PRICE

Adult 01 Suzanne Carter	\$ 2,878.94
Adult 02 Suzanne Carter	\$ 2,377.94
Total Price	\$ 5,256.88

General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 01 Aug 22 to 14 Aug 22.

Valid quotation for 2 adults,0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.



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INCLUSIONS

LODGING:

1 night/s lodging in Tortuguero National Park. Laguna Lodge.(Full board)
1 night/s lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose.(Breakfast included)
1 night/s lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose.(Breakfast included)
2 night/s lodging in Puerto Viejo Beach. La Costa de Papito Hotel.(Breakfast included)
2 night/s lodging in Arenal Volcano. Arenal Montechiari Hotel.(Breakfast included)
2 night/s lodging in Monteverde Cloud Forest. Monteverde Country Lodge.(Breakfast included)
4 night/s lodging in Tamarindo Beach. Tamarindo Diria Beach Resort.(Breakfast included)
2 night/s lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose.(Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel (Transport + Guide)
Shuttle Transfer from San Jose to Puerto Viejo Beach (1 to 4 Pax)
Shared Transfer from Arenal to Monteverde, Lake Crossing
Shuttle Transfer from Monteverde to Tamarindo, Conchal, Flam (1 to 4 Pax)
Shuttle Transfer from Tamarindo to San Jose (1 to 4 Pax)
Private Transfer OUT from Hotel to Airport (Transport + Guide)

ACTIVITIES & MEALS:

Whitewater Rafting at Pacuare River. Different Drop Off (Breakfast and lunch included) in Puerto Viejo Beach
Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall (Lunch included) in Arenal Volcano
El Trapiche Tour in Monteverde Cloud Forest
Monteverde Cloud Forest Reserve, Guided Walking Tour in Monteverde Cloud Forest
Canopy Tour (Zip Line) in Monteverde Cloud Forest
Surf Classes Open Group in Tamarindo Beach
Catamaran Tour Sunset (Lunch included) in Tamarindo Beach
Doka Coffee Tour, Poas Volcano, La Paz Waterfall Gardens (Breakfast and lunch included) in San Jose, The Capital

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.

LODGING DETAILS



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Date In: 29 Jul 22

Date Out: 31 Jul 22

Laguna Lodge

3 Days Tortuguero, Standard Room (In boat/Out boat) with Full board

Laguna Lodge is an **eco-touristic lodge**, located in Tortuguero in the northern Caribbean of Costa Rica. The area has amazing rivers, lakes, and wetlands that shelter a **lush jungle** of primary forests and exotic plants. The lodge is built on a narrow strip of land, 650 feet wide, between Tortuguero's main lagoon and the **Caribbean Sea**. Its rooms, reception, restaurant, bar, and **swimming pools** are distributed amidst six acres of **wonderful gardens** with **amazing views of the lagoon** and **direct access to the beach**.



Date In: 31 Jul 22

Date Out: 01 Aug 22

Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



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Date In: 01 Aug 22

Date Out: 02 Aug 22

Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



Date In: 02 Aug 22

Date Out: 04 Aug 22

La Costa de Papito Hotel

Bungalow with Breakfast included

La Costa de Papito Hotel is a lush tropical Garden of Eden one and a half kilometers to the southeast of **Puerto Viejo** on the South Caribbean coast

The private tropical-style bungalows each have distinctive characters, and feature comfortable hand-crafted wood furniture and patios for relaxation surrounded by tropical garden. The "Que Rico Papito" restaurant is open for breakfast, lunch and dinner, and serves seafood and international-style cuisine. There is also a fully stocked bar



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Date In: 04 Aug 22

Date Out: 06 Aug 22

Arenal Montechiari Hotel

Standard Room with Breakfast included

Offering **spectacular views** of Arenal Volcano, Arenal Montechiari Hotel offers **cottages set in tropical gardens**. Located 400 meters from La Fortuna's central park and church, it offers an **outdoor pool** and free Wi-Fi in the reception. Spacious, **air-conditioned** wooden cottages feature tiled floors and cable TV. They have a work desk and a fridge. The private bathroom comes with a shower and toiletries.



Date In: 06 Aug 22

Date Out: 08 Aug 22

Monteverde Country Lodge

Standard Room with Breakfast included

Located in Monteverde, Costa Rica, close to **the cloud forest** of Monteverde, this **eco-friendly hotel** offers **rustic-style rooms** with free Wi-Fi and views of the **tropical gardens**. Rooms at Monteverde Country Lodge are set in **charming wooden cabins**, with access to a **shared porch**. Each room includes cable TV, a coffee maker, a safe and a bathroom with free toiletries. The on-site restaurant serves fusion cuisine and typical Costa Rican dishes, made with local ingredients. Snacks and drinks are available from the bar.



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Date In: 08 Aug 22

Date Out: 12 Aug 22

Tamarindo Diria Beach Resort

Standard Tropicana View Room with Breakfast included

Tamarindo Diria is located in Tamarindo Beach. Featuring three **outdoor swimming** pools overlooking the Pacific Ocean. This large resort has 5 restaurants, 4 bars, a spa and a casino. The attractive rooms at Tamarindo Diria Beach Resort offer **garden, pool** or **ocean views**. All accommodation has a seating area, a minibar and a flat-screen TV. Set overlooking the ocean, Diriá Restaurant offers a varied buffet for breakfast and dinner, while Matapalo serves Costa Rican dishes, steak and seafood on its terrace. There is also a pizzeria, a beach bar, a cocktail lounge and a café. This resort is a **beachfront** property.



Date In: 12 Aug 22

Date Out: 14 Aug 22

Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



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EXCLUSIONS

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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