



# Costa Rica

**Traveler: Benjamin Boone**

Date In: 21 Sep 22  
Date Out: 27 Sep 22

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

|                        |                |
|------------------------|----------------|
| Traveler Name          | Benjamin Boone |
| Arrival date           | 21 Sep 22      |
| Departure date         | 27 Sep 22      |
| Number of participants | 1 adults       |
| Quotation reference    | BKFI102110     |

## DESTINATIONS

|                         |
|-------------------------|
| San Jose, The Capital   |
| Arenal Volcano          |
| Monteverde Cloud Forest |
| San Jose, The Capital   |

## DETAILED ITINERARY

Day 1, 21 Sep 22



### San Jose

|           |                   |             |             |
|-----------|-------------------|-------------|-------------|
| Elevation | 1,169 m / 3,835 f | Temperature | 24 C / 75 F |
|-----------|-------------------|-------------|-------------|

Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.



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 Private Transfer IN from Airport to Hotel / Transport + Guide / Private

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars  
In: 21 Sep 2022 Out: 22 Sep 2022 (1 Night)



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Day 2, 22 Sep 22



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included / Regular

You will be picked up from your San Jose area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.



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### Arenal Volcano

|           |               |             |             |
|-----------|---------------|-------------|-------------|
| Elevation | 258 m / 845 f | Temperature | 28 C / 82 F |
|-----------|---------------|-------------|-------------|

La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🏠 Arenal Montechiari Hotel / Standard Room / Breakfast included / 3 Stars  
 In: 22 Sep 2022 Out: 24 Sep 2022 (2 Nights)

Day 3, 23 Sep 22



Arenal Volcano Guided Walk and Entrance to Baldi Hot Springs / Dinner included

The tour begins when you are picked up from your hotel and driven to the **Arenal Volcano National Park**, where you will walk along the **old lava beds** and learn about the volcano, the **tropical forest** surrounding it and the abundant wildlife from an informative guide. Perhaps the most fascinating part of the tour is what you will learn about this **captivating ecological paradise**.

Following the tour of the volcano, you will be taken to the **Baldi Hot Springs**, a tropical oasis featuring **16 different pools**; the temperatures increase as you go up in elevation. The pools are constructed so that they blend in naturally with the **beautiful gardens**. After some time enjoying **the thermal pools** and feasting on a **dinner**, you will be transported back to your hotel.



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## Day 4, 24 Sep 22

 Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.



### Monteverde

|           |                   |             |             |
|-----------|-------------------|-------------|-------------|
| Elevation | 1,543 m / 5,060 f | Temperature | 22 C / 71 F |
|-----------|-------------------|-------------|-------------|

Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



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🏠 Monteverde Country Lodge / Standard Room / Breakfast included / 3 Stars  
In: 24 Sep 2022 Out: 26 Sep 2022 (2 Nights)

🚶 Horseback Riding Tour in Monteverde

The **horseback riding** tour in Monteverde allows you to observe the activities of a traditional farm in Costa Rica, crossing **plantations of coffee, banana, sugar cane**, areas for livestock and forest; everything riding. Also, enjoy **the best panoramic views** of the Gulf of Nicoya and the magical mountains of the cloud forest. This tour is with excellent horses suitable for all ages.



Day 5, 25 Sep 22



### Walking Bridges, Guided Walking Tour / / Regular

The tour begins at the reception where a bilingual guide will welcome you and accompany you during the whole trajectory helping you discover the animals and the plants more interesting that habit in **the exuberant cloud forest**. The tour, which is 3 kilometers approximately, consists of a combination of trails and **seven bridges** where you will have the opportunity to explore all the levels of the cloud forest, as well as the habitats of every single one, starting from the ground and **getting to the top of the great trees**.



### Canopy Tour / 2022 / Regular

The canopy tour (also called zip line) is **the most popular Costa Rican adventure tour**. Enjoy a fantastic day of **zip lining, and riding a giant swing** in the beautiful cloud forest setting. Experience a unique perspective of the forest as you glide over the beautiful Costa Rican landscape. While the **nine zip lines** are sure to amaze you, the real thrill comes from **two superman zip lines**, including **the longest zip line in Costa Rica!** Swing like Tarzan on a **mega swing**, float down a rappel and keep your balance on a **hammock bridge**. Everything is included in the same tour.

The maximum weight for a person to participate in the tour is 240 pounds.



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## Day 6, 26 Sep 22

 Shuttle Transfer from Monteverde to San Jose / 1 to 4 Pax / Shuttle Service

Travel time: 4 hours and 30 minutes.

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars

In: 26 Sep 2022 Out: 27 Sep 2022 (1 Night)

## Day 7, 27 Sep 22

 Private Transfer OUT from Hotel to Airport / Transport + Guide / Private

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



## INCLUSIONS

### **LODGING:**

1 night/s lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose.(Breakfast included)

2 night/s lodging in Arenal Volcano. Arenal Montechiari Hotel.(Breakfast included)

2 night/s lodging in Monteverde Cloud Forest. Monteverde Country Lodge.(Breakfast included)

1 night/s lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose.(Breakfast included)

### **TRANSPORTATION & GUIDE SERVICES:**

Private Transfer IN from Airport to Hotel (Transport + Guide)

Shared Transfer from Arenal to Monteverde, Lake Crossing

Shuttle Transfer from Monteverde to San Jose (1 to 4 Pax)

Private Transfer OUT from Hotel to Airport (Transport + Guide)

### **ACTIVITIES & MEALS:**

Whitewater Rafting at Pacuare River. Different Drop Off (Breakfast and lunch included) in San Jose, The Capital

Arenal Volcano Guided Walk and Entrance to Baldi Hot Springs (Dinner included) in Arenal Volcano

Horseback Riding Tour in Monteverde in Monteverde Cloud Forest

Hanging Bridges, Guided Walking Tour in Monteverde Cloud Forest

Canopy Tour (2022) in Monteverde Cloud Forest

### **OTHER:**

VAT

24/7 professional logistics support during your trip in Costa Rica.



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## LODGING DETAILS

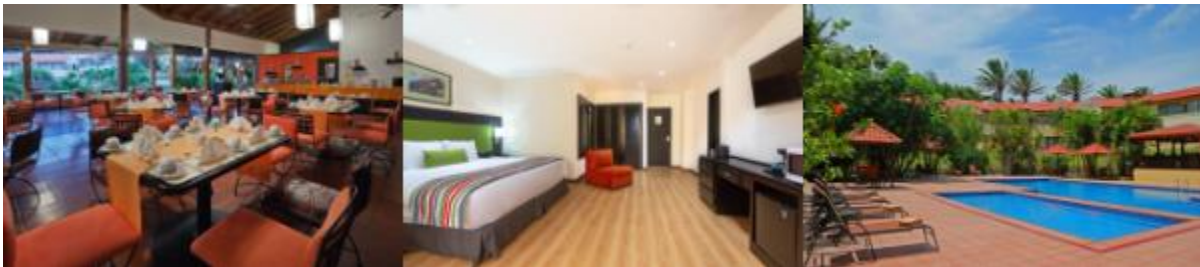
Date In: 21 Sep 22

Date Out: 22 Sep 22

### **Country Inn & Suites by Radisson San Jose**

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



Date In: 22 Sep 22

Date Out: 24 Sep 22

### **Arenal Montechiari Hotel**

Standard Room with Breakfast included

Offering **spectacular views** of Arenal Volcano, Arenal Montechiari Hotel offers **cottages set in tropical gardens**. Located 400 meters from La Fortuna's central park and church, it offers an **outdoor pool** and free Wi-Fi in the reception. Spacious, **air-conditioned** wooden cottages feature tiled floors and cable TV. They have a work desk and a fridge. The private bathroom comes with a shower and toiletries.



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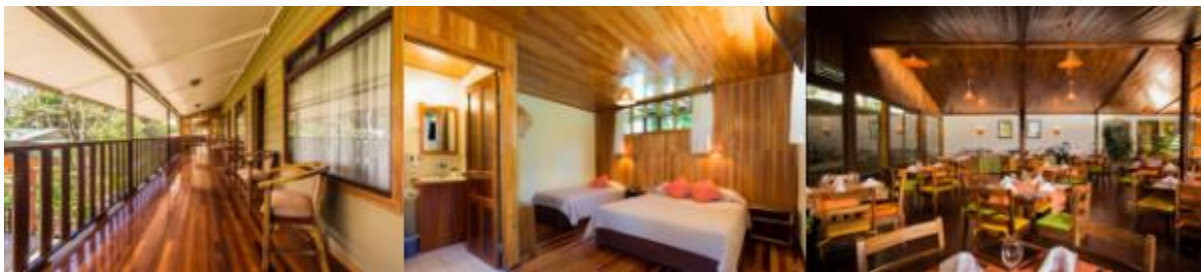
Date In: 24 Sep 22

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## Monteverde Country Lodge

Standard Room with Breakfast included

Located in Monteverde, Costa Rica, close to **the cloud forest** of Monteverde, this **eco-friendly hotel** offers **rustic-style rooms** with free Wi-Fi and views of the **tropical gardens**. Rooms at Monteverde Country Lodge are set in **charming wooden cabins**, with access to a **shared porch**. Each room includes cable TV, a coffee maker, a safe and a bathroom with free toiletries. The on-site restaurant serves fusion cuisine and typical Costa Rican dishes, made with local ingredients. Snacks and drinks are available from the bar.



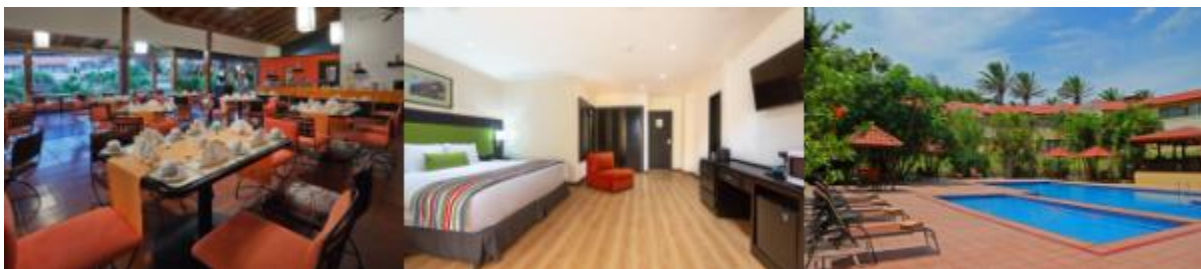
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## EXCLUSIONS

Optional tours  
Departure taxes (\$29 per person)  
Meals not mentioned in the itinerary  
Airfare  
Tips  
International Travel Insurance  
COVID-19 test

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:  
<https://www.greenworldadventures.com/terms/>



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