



Costa Rica

Traveler: Zofia Rot

Date In: 02 Dec 22

Date Out: 08 Dec 22

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Zofia Rot
Arrival date	02 Dec 22
Departure date	08 Dec 22
Number of participants	2 adults + 0 children
Quotation reference	BKFI101764

DESTINATIONS

San Jose, The Capital
Arenal Volcano
Monteverde Cloud Forest
San Jose, The Capital

SUMMARY ITINERARY

Day -1, 01 Dec 22



Private Transfer IN from Airport to Hotel / Transport + Guide / Private



Sleep Inn Hotel Paseo Las Damas / Standard Room / Breakfast included

In: 01 Dec 2022 Out: 03 Dec 2022

Day 2, 03 Dec 22



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included / Regular



Fortuna Downtown Boutique Hotel / Standard Room / Breakfast included

In: 03 Dec 2022 Out: 05 Dec 2022

Day 3, 04 Dec 22



Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included / Regular

Day 4, 05 Dec 22



Shared Transfer from Arenal to Monteverde, Lake Crossing / / Shuttle Service



Monteverde Villa Lodge / Standard Room / Breakfast included

In: 05 Dec 2022 Out: 07 Dec 2022



Horseback Riding Tour in Monteverde / / Regular

Day 5, 06 Dec 22



Hanging Bridges, Guided Walking Tour / / Regular



Canopy Tour / 2022 / Regular

Day 6, 07 Dec 22



Shuttle Transfer from Monteverde to San Jose / 1 to 4 Pax / Shuttle Service



Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included

In: 07 Dec 2022 Out: 08 Dec 2022



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DETAILED ITINERARY

Day -1, 01 Dec 22

 Private Transfer IN from Airport to Hotel / Transport + Guide / Private

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.

 Sleep Inn Hotel Paseo Las Damas / Standard Room / Breakfast included / 3 Stars
In: 01 Dec 2022 Out: 03 Dec 2022 (2 Night/s)

Day 1, 02 Dec 22



San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas. In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio**



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Escalante, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.



Day 2, 03 Dec 22



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included / Regular

You will be picked up from your San Jose area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.



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ARENAL VOLCANO

Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



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🏠 Fortuna Downtown Boutique Hotel / Standard Room / Breakfast included / 3 Stars
In: 03 Dec 2022 Out: 05 Dec 2022 (2 Night/s)

Day 3, 04 Dec 22



Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included / Regular

The Arenal Volcano Rainforest and Natural History along with the **breath-taken lava** flow will take you through lush rainforest along the base of Costa Rica's most famous volcano. Your experienced, bilingual naturalist guide will point out interesting **plants and wildlife** in the vibrant primary and secondary rainforest of the nature reserve that skirts the **Arenal Volcano 1968 Park**. You'll then arrive at the observation point of the Arenal Volcano -- this is the closest you can get to the base of the Arenal Volcano -- and the perfect vantage point to take remarkable photos of the Arenal Volcano. This hike takes about 1.5 to 2 hours.

Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



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Day 4, 05 Dec 22

 Shared Transfer from Arenal to Monteverde, Lake Crossing / / Shuttle Service

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.



Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



🏠 Monteverde Villa Lodge / Standard Room / Breakfast included / 3 Stars
In: 05 Dec 2022 Out: 07 Dec 2022 (2 Night/s)

🚶 Horseback Riding Tour in Monteverde / / Regular

The **horseback riding** tour in Monteverde allows you to observe the activities of a traditional farm in Costa Rica, crossing **plantations of coffee, banana, sugar cane**, areas for livestock



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and forest; everything riding. Also, enjoy **the best panoramic views** of the Gulf of Nicoya and the magical mountains of the cloud forest. This tour is with excellent horses suitable for all ages.



Day 5, 06 Dec 22



Hanging Bridges, Guided Walking Tour / / Regular

The tour begins at the reception where a bilingual guide will welcome you and accompany you during the whole trajectory helping you discover the animals and the plants more interesting that habit in **the exuberant cloud forest**. The tour, which is 3 kilometers approximately, consists of a combination of trails and **seven bridges** where you will have the opportunity to explore all the levels of the cloud forest, as well as the habitats of every single one, starting from the ground and **getting to the top of the great trees**.



Canopy Tour / 2022 / Regular



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The canopy tour (also called zip line) is **the most popular Costa Rican adventure tour**. Enjoy a fantastic day of **zip lining, and riding a giant swing** in the beautiful cloud forest setting. Experience a unique perspective of the forest as you glide over the beautiful Costa Rican landscape. While the **nine zip lines** are sure to amaze you, the real thrill comes from **two superman zip lines**, including **the longest zip line in Costa Rica!** Swing like Tarzan on a **mega swing**, float down a rappel and keep your balance on a **hammock bridge**. Everything is included in the same tour. The maximum weight for a person to participate in the tour is 240 pounds.



Day 6, 07 Dec 22

 Shuttle Transfer from Monteverde to San Jose / 1 to 4 Pax / Shuttle Service

Travel time: 4 hours and 30 minutes.

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars
In: 07 Dec 2022 Out: 08 Dec 2022 (1 Night/s)

PRICE

Adult 01 Zofia Rot	\$ 917.67
Adult 02 Zofia Rot	\$ 917.67
Total Price	\$ 1,835.34

General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 02 Dec 22 to 08 Dec 22.

Valid quotation for 2 adults, 0 children. If the final number of participants change, a new price will be provided.



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Rates are subject to change without notice.
Child rate applies for children younger than 10 years old.

INCLUSIONS

LODGING:

2 night/s lodging in San Jose, The Capital. Sleep Inn Hotel Paseo Las Damas.(Breakfast included)

2 night/s lodging in Arenal Volcano. Fortuna Downtown Boutique Hotel.(Breakfast included)

2 night/s lodging in Monteverde Cloud Forest. Monteverde Villa Lodge.(Breakfast included)

1 night/s lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose.(Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel (Transport + Guide)

Shared Transfer from Arenal to Monteverde, Lake Crossing

Shuttle Transfer from Monteverde to San Jose (1 to 4 Pax)

ACTIVITIES & MEALS:

Whitewater Rafting at Pacuare River. Different Drop Off (Breakfast and lunch included) in San Jose, The Capital

Arenal Volcano Guided Walk and Entrance to Paradise Springs (Dinner included) in Arenal Volcano

Horseback Riding Tour in Monteverde in Monteverde Cloud Forest

Hanging Bridges, Guided Walking Tour in Monteverde Cloud Forest

Canopy Tour (2022) in Monteverde Cloud Forest

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.

LODGING DETAILS

Date In: 01 Dec 22

Date Out: 03 Dec 22

Sleep Inn Hotel Paseo Las Damas

Standard Room with Breakfast included

The Sleep Inn Hotel Paseo Las Damas Hotel, a **three stars** hotel, has an excellent location in **downtown San Jose**, only 20 minutes from the Juan Santamaria International Airport. Offering a **casino**, gym, and free WiFi zone, this hotel is situated opposite España Park and the Modern Art Museum. The **air-conditioned** rooms include a microwave, fridge and coffee maker. Toiletries are provided in the private bathroom. The hotel offers free private parking.



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Date In: 03 Dec 22

Date Out: 05 Dec 22

Fortuna Downtown Boutique Hotel

Standard Room with Breakfast included

Nestled in the heart of La Fortuna, and **shadowed by the Arenal Volcano**, lies the newly remodeled Fortuna Downtown Hotel. Unlike the country's coastal regions, the northern lowlands are lush with dense tropical forests, abundant wildlife, raging rivers and cascading waterfalls, thanks in large part to a larger accumulation of annual rainfall.

The rooms offer **basic décor**, air conditioning, cable TV and a **terrace or balcony**. The bathrooms are private and have shower.



Date In: 05 Dec 22

Date Out: 07 Dec 22

Monteverde Villa Lodge

Standard Room with Breakfast included

Monteverde Villa Lodge nestled in the heart of Santa Elena Monteverde steps away from adventure tours, banks, restaurants, and the **Monteverde Cloud Forest Reserve**. This hotel is perfect for **families** looking for **local experiences**, and **nature-lover travelers**. This is a small hotel, run by a local rural family.



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Date In: 07 Dec 22

Date Out: 08 Dec 22

Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



EXCLUSIONS

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test
XXXXX

TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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