



Costa Rica

Traveler: Kate Youmans

Date In: 16 Dec 22
Date Out: 24 Dec 22

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Kate Youmans
Arrival date	16 Dec 22
Departure date	24 Dec 22
Number of participants	2 adults
Quotation reference	BKFI102186

DESTINATIONS

San Jose, The Capital
Arenal Volcano
Monteverde Cloud Forest
Samara Beach
San Jose, The Capital



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DETAILED ITINERARY

Day 1, 16 Dec 22

 Private Transfer IN from Airport to Hotel / Transport + Guide / Private

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.

 San Jose Autentico Hotel / Standard Room / Breakfast included / 3 Stars
In: 16 Dec 2022 Out: 17 Dec 2022 (1 Night)

Day 2, 17 Dec 22

 Private Transfer from San Jose to Arenal

Travel time: 3 hours and 15 minutes.



Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.

 Arenal Manoa & Hot Springs Resort / Premium Room / Breakfast included / 4 Stars
In: 17 Dec 2022 Out: 19 Dec 2022 (2 Nights)



Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included / Regular

The Arenal Volcano Rainforest and Natural History along with the **breath-taken lava** flow will take you through lush rainforest along the base of Costa Rica's most famous volcano. Your experienced, bilingual naturalist guide will point out interesting **plants and wildlife** in the vibrant primary and secondary rainforest of the nature reserve that skirts the **Arenal Volcano 1968 Park**. You'll then arrive at the observation point of the Arenal Volcano -- this is the closest you can get to the base of the Arenal Volcano -- and the perfect vantage point to take remarkable photos of the Arenal Volcano. This hike takes about 1.5 to 2 hours.

Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



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Day 3, 18 Dec 22



Canyoning in the Lost Canyon / Lunch included / Regular

You'll rappel down **huge waterfalls, jump into pools, zip down guided rappels, downclimb** the canyon walls and river boulders, and **hike up** through the **rainforest**.

Start the rappelling leg of your canyoning journey with the first waterfall referred to as the "Baby", a small-sized 10 feet waterfall that allows you to ease your way into learning the ropes. You will soon reach what it's called the "Big Boy", the second largest waterfall. About half-way through your rappel, you'll hear the call to "LET GO!" a few moments later you'll experience your **first guided free fall!** Finally, you will get **the largest Lost Canyon challenge:** an exciting 200 feet waterfall rappel.

At the end of this tour, enjoy a **delicious typical lunch.**



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Day 4, 19 Dec 22

 Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.



Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



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🏠 Hotel Poco a Poco / Standard Quetzal Room / Breakfast included / 4 Stars
In: 19 Dec 2022 Out: 21 Dec 2022 (2 Nights)

🚶 Horseback Riding Tour in Monteverde

The **horseback riding** tour in Monteverde allows you to observe the activities of a traditional farm in Costa Rica, crossing **plantations of coffee, banana, sugar cane**, areas for livestock and forest; everything riding. Also, enjoy **the best panoramic views** of the Gulf of Nicoya and the magical mountains of the cloud forest. This tour is with excellent horses suitable for all ages.



Day 5, 20 Dec 22



Canopy Tour (Zip Line)

The tour is located in a private reserve created in 1994. It starts with a short guided walk through the private 70-acre reserve of the **cloud forest**. The first part of the tour will take you through primary (old growth), and secondary (new growth) forest. You will **fly through the treetops** listening closely to the vast variety of birds that can be seen throughout the reserve. Then, just when you think you have become one with the canopy the tour ends with an exhilarating **rappel down** from the "Scary Tree". The tour has **14 cables, 17 platforms, 1 rappel, and 1 Tarzan swing**.



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Day 6, 21 Dec 22

 Shuttle Transfer from Monteverde to Samara Beach

Travel time: 4 hours and 30 minutes.



Samara Beach

Elevation	7 m / 22 f	Temperature	30 C / 86 F
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Samara Beach is located in the northwest part of the **Nicoya Peninsula**. Samara beach is one of the most **beautiful beaches** in Costa Rica inside a long crescent-shaped bay. Known for its breathtaking sunsets, great surfing waves and a healthy atmosphere, it's the ideal place to go for a low-key beach getaway.

The town is quite small, and you can easily walk to get around. Samara beach is perfect for **relaxing and swimming**. The west end has **better waves for surfing** and the east end is a bit calmer. On the west end of the beach is where the center of town is, it's much busier. You'll find restaurants, surf lessons, beach lounges, massages stands, bars and tour operators on the beach.



 Nammbu Beach Front Bungalows / Deluxe Room / Breakfast included / 4 Stars
In: 21 Dec 2022 Out: 23 Dec 2022 (2 Nights)

Day 7, 22 Dec 22



Surf Lesson

If you have always wanted to learn to surf in the tropics, **Samara beach** is your answer! The 7 kilometers long **white sand beach** is framed by mountains and the striking Chora Island is just offshore. Since Samara Beach is largely protected by an outer reef, **the waves are easy to catch** and are perfect for beginners.



Day 8, 23 Dec 22



Shuttle Transfer from Samara to San Jose

Travel time: 5 hours and 30 minutes.



Hotel Presidente / Standard Room / Breakfast included / 4 Stars
In: 23 Dec 2022 Out: 24 Dec 2022 (1 Night)

Day 9, 24 Dec 22



Private Transfer OUT from Hotel to Airport / Transport + Guide / Private

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



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PRICE

Adult 01 Kate Youmans	\$ 1,802.33
Adult 02 Kate Youmans	\$ 1,802.33
Total Price	\$ 3,604.65

General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 16 Dec 22 to 24 Dec 22.

Valid quotation for 2 adults,0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.



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INCLUSIONS

LODGING:

- 1 night/s lodging in San Jose, The Capital. San Jose Autentico Hotel.(Breakfast included)
- 2 night/s lodging in Arenal Volcano. Arenal Manoa & Hot Springs Resort.(Breakfast included)
- 2 night/s lodging in Monteverde Cloud Forest. Hotel Poco a Poco.(Breakfast included)
- 2 night/s lodging in Samara Beach. Nammbu Beach Front Bungalows.(Breakfast included)
- 1 night/s lodging in San Jose, The Capital. Hotel Presidente.(Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

- Private Transfer IN from Airport to Hotel (Transport + Guide)
- Private Transfer from San Jose to Arenal
- Shared Transfer from Arenal to Monteverde, Lake Crossing
- Shuttle Transfer from Monteverde to Samara Beach (1 to 4 Pax)
- Shuttle Transfer from Samara to San Jose (1 to 4 Pax)
- Private Transfer OUT from Hotel to Airport (Transport + Guide)

ACTIVITIES & MEALS:

- Arenal Volcano Guided Walk and Entrance to Paradise Springs (Dinner included) in Arenal Volcano
- Canyoning in the Lost Canyon (Lunch included) in Arenal Volcano
- Horseback Riding Tour in Monteverde in Monteverde Cloud Forest
- Canopy Tour (Zip Line) in Monteverde Cloud Forest
- Surf Lesson in Samara Beach

OTHER:

- VAT
- 24/7 professional logistics support during your trip in Costa Rica.



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LODGING DETAILS

Date In: 16 Dec 22

Date Out: 17 Dec 22

San Jose Autentico Hotel

Standard Room with Breakfast included

Autentico Hotel is located in **San Jose downtown**, 25 minutes away from the Juan Santamaria International Airport. It has a beautiful **outdoor pool** and a **restaurant**. The elegant and simple rooms here will provide you with air conditioning and cable TV. A coffee machine is also available. Featuring a shower, the private bathroom also comes with a hairdryer and free toiletries. Other facilities offered at the property include meeting facilities, luggage storage, and laundry facilities. The property offers **free parking**.



Date In: 17 Dec 22

Date Out: 19 Dec 22

Arenal Manoa & Hot Springs Resort

Premium Room with Breakfast included

Located in **Arenal Volcano area**, the hotel offers an extensive garden, a sun terrace with **swimming pool**, spa treatments and free Wi-Fi throughout, this hotel is 10 minutes' drive from the Arenal Volcano National Park and from La Fortuna Town Center.

Guests can take advantage of the **spacious gardens** for walking and meditation as well as the opportunities to see the daily operations of a **typical Costa Rican farm**.

The suites offer modern décor, air conditioning, a desk, a safety box, and satellite TV. Some of them have a terrace with **Arenal Volcano views**.

The rooms have been designed so that each one offers a **panoramic view** of the volcano.



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Date In: 19 Dec 22

Date Out: 21 Dec 22

Hotel Poco a Poco

Standard Quetzal Room with Breakfast included

Hotel Poco a Poco is the **perfect place** to stay while in Monteverde. Nearby tourist attractions such as the **Monteverde Cloud Forest Reserve** and the **breathtaking landscape** give you plenty of opportunities to explore. Hotel Poco a Poco offers rooms that are **stylish and spacious**, and they can accommodate parties of many sizes. Each room is designed to create an atmosphere of **privacy** and comfort. The lounge area is also full of places to rest and enjoy the **wonderful weather**.

The Naroa spa is a popular location, where you can focus completely on **relaxing**. Trained specialists use highly-certified professional spa and **beauty products**, and they offer both **massages and wellness treatments**. Organic goods and flowers grown in Monteverde are used, which ultimately helps develop the industry of the town.



Date In: 21 Dec 22

Date Out: 23 Dec 22

Nammbu Beach Front Bungalows

Deluxe Room with Breakfast included

Nammbu Beach Front is located in Carillo Beach, very close to Samara, is a family hotel, designed by the need to offer you an excellent service in a beach paradise! The hotel is featured by a high interest in the **conservation of the natural environment**. The hotel has a restaurant, **outdoor swimming pool**, a fitness center and bar. Featuring a **garden**, the 4-star hotel has air-conditioned rooms with free WiFi, each with a private bathroom. Some of the rooms have an amazing ocean view.



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Date In: 23 Dec 22

Date Out: 24 Dec 22

Hotel Presidente

Standard Room with Breakfast included

Hotel Presidente San Jose City Center is located in **the heart of San Jose**, only 100 meters from Costa Rica's National Theatre and Plaza de la Cultura, and the National Museum and Gold Museum are within 5 minutes' walk of the hotel. Rooms have **modern decor** with an LCD flat-screen TV. The amenities available also include a laptop safe and a hairdryer. Set on the seventh floor, the hotel gym offers **impressive views of San Jose**. There are computer terminals for guests to use in the lobby, along with currency exchange services and luggage storage.



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EXCLUSIONS

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:
<https://www.greenworldadventures.com/terms/>



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