



# Costa Rica

**Traveler: Kourtney Dillon x3**

Date In: 28 Jul 23  
Date Out: 05 Aug 23

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

Traveler Name	Kourtney Dillon x3
Arrival date	28 Jul 23
Departure date	05 Aug 23
Number of participants	3 adults
Quotation reference	BKFI102491

## DESTINATIONS

San Jose, The Capital
Arenal Volcano
Monteverde Cloud Forest
Samara Beach

## SUMMARY ITINERARY

### Day 1, 28 Jul 23



Private Transfer IN from Airport to Hotel / Transport + Guide / Private



Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included

In: 28 Jul 2023 Out: 29 Jul 2023

### Day 2, 29 Jul 23



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included / Regular



Arenal Country Inn / Standard Room / Breakfast included

In: 29 Jul 2023 Out: 31 Jul 2023

### Day 3, 30 Jul 23



Canyoning in the Lost Canyon / Lunch included / Regular



Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included / Regular

### Day 4, 31 Jul 23



Shared Transfer from Arenal to Monteverde, Lake Crossing / Shuttle Service



Monteverde Villa Lodge / Cabin / Breakfast included

In: 31 Jul 2023 Out: 02 Aug 2023



Night Walking Tour / / Regular

### Day 5, 01 Aug 23



Hanging Bridges, Guided Walking Tour / 2023 / Regular



Canopy Tour / 2023 / Regular

### Day 6, 02 Aug 23



Shuttle Transfer from Monteverde to Samara Beach / 1 to 4 Pax / Shuttle Service



Hotel Giada / Standard Room / Breakfast included

In: 02 Aug 2023 Out: 04 Aug 2023

### Day 7, 03 Aug 23



Surf Lesson / Regular



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## Day 8, 04 Aug 23



Shuttle Transfer from Samara to San Jose / 1 to 4 Pax / Shuttle Service



Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included

In: 04 Aug 2023 Out: 05 Aug 2023

## Day 9, 05 Aug 23



Private Transfer OUT from Hotel to Airport / Transport + Guide / Private



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## DETAILED ITINERARY

Day 1, 28 Jul 23



Private Transfer IN from Airport to Hotel / Transport + Guide / Private

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



### San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.



Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars

In: 28 Jul 2023 Out: 29 Jul 2023 (1 Night)



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## Day 2, 29 Jul 23



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included / Regular

You will be picked up from your San Jose area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.



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### Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🏠 Arenal Country Inn / Standard Room / Breakfast included / 3 Stars  
 In: 29 Jul 2023 Out: 31 Jul 2023 (2 Nights)

## Day 3, 30 Jul 23

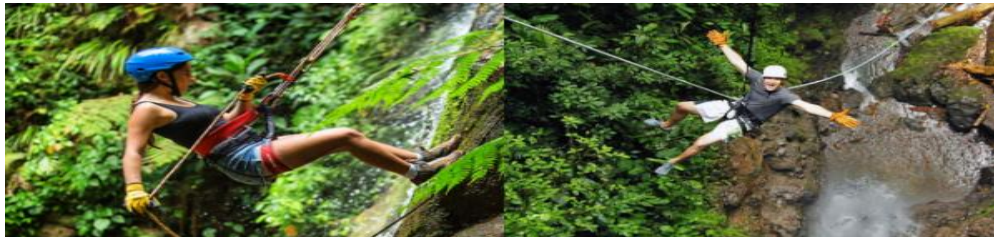


Canyoning in the Lost Canyon / Lunch included / Regular

You'll rappel down **huge waterfalls**, **jump into pools**, **zip down guided rappels**, **downclimb** the canyon walls and river boulders, and **hike up** through the **rainforest**.

Start the rappelling-leg of your canyoning journey with the first waterfall referred to as the "Baby", a small-sized 10 feet waterfall that allows you to ease your way into learning the ropes. You will soon reach what it's called the "Big Boy", the second largest waterfall. About half-way through your rappel, you'll hear the call to "LET GO!" a few moments later you'll experience your **first guided free fall!** Finally, you will get **the largest Lost Canyon challenge:** an exciting 200 feet waterfall rappel.

At the end of this tour, enjoy a **delicious typical lunch**.



Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included / Regular

The Arenal Volcano Rainforest and Natural History along with the **breath-taken lava** flow will take you through lush rainforest along the base of Costa Rica's most famous volcano. Your experienced, bilingual naturalist guide will point out interesting **plants and wildlife** in the vibrant primary and secondary rainforest of the nature reserve that skirts the **Arenal Volcano 1968 Park**. You'll then arrive at the observation point of the Arenal Volcano -- this is the closest you can get to the base of the Arenal Volcano -- and the perfect vantage point to take remarkable photos of the Arenal Volcano. This hike takes about 1.5 to 2 hours.

Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



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## Day 4, 31 Jul 23

 Shared Transfer from Arenal to Monteverde, Lake Crossing / / Shuttle Service

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

*IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.*



### Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air.

Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



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🏠 Monteverde Villa Lodge / Cabin / Breakfast included / 3 Stars  
In: 31 Jul 2023 Out: 02 Aug 2023 (2 Nights)

🚶 Night Walking Tour / Regular

This is a **night walk** through a private **cloud forest reserve** of approximately 2 hours. This is a slow walk ideal to observe the nightlife of the forest. You will be able to see **sloths, night birds, snakes, nocturnal insects, armadillos, tarantulas, scorpions**, among others. You will be provided with a flashlight. You will be accompanied by an experienced guide with great knowledge of the area.



Day 5, 01 Aug 23



Hanging Bridges, Guided Walking Tour / 2023 / Regular

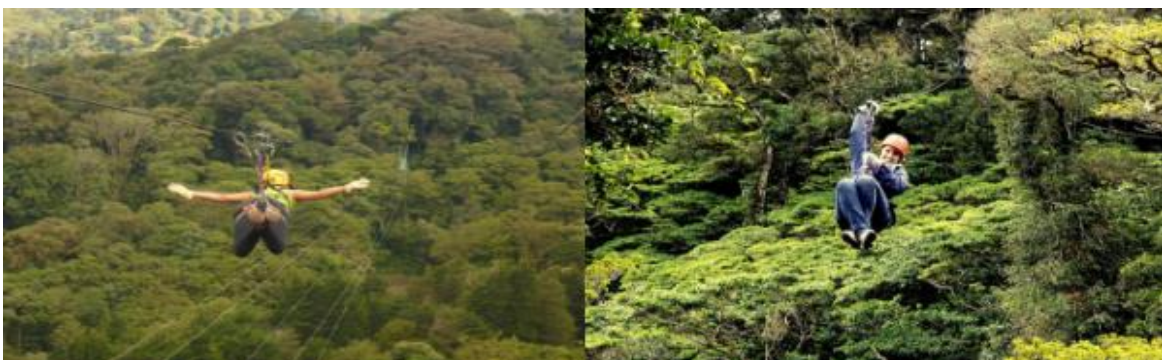
The tour begins at the reception where a bilingual guide will welcome you and accompany you during the whole trajectory helping you discover the animals and the plants more interesting that habit in **the exuberant cloud forest**. The tour, which is 3 kilometers approximately, consists of a combination of trails and **seven bridges** where you will have the opportunity to explore all the levels of the cloud forest, as well as the habitats of every single one, starting from the ground and **getting to the top of the great trees**.



Canopy Tour / 2023 / Regular

The canopy tour (also called zip line) is **the most popular Costa Rican adventure tour**. Enjoy a fantastic day of **zip lining, and riding a giant swing** in the beautiful cloud forest setting. Experience a unique perspective of the forest as you glide over the beautiful Costa Rican landscape. While the **nine zip lines** are sure to amaze you, the real thrill comes from **two superman zip lines**, including **the longest zip line in Costa Rica!** Swing like Tarzan on a **mega swing**, float down a rappel and keep your balance on a **hammock bridge**. Everything is included in the same tour.

The maximum weight for a person to participate in the tour is 240 pounds.



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Day 6, 02 Aug 23

 Shuttle Transfer from Monteverde to Samara Beach / Shuttle Service

Travel time: 4 hours and 30 minutes.




### Samara Beach

Elevation	7 m / 22 f	Temperature	30 C / 86 F
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Samara Beach is located in the northwest part of the **Nicoya Peninsula**. Samara beach is one of the most **beautiful beaches** in Costa Rica inside a long crescent-shaped bay. Known for its breathtaking sunsets, great surfing waves and a healthy atmosphere, it's the ideal place to go for a low-key beach getaway.

The town is quite small, and you can easily walk to get around. Samara beach is perfect for **relaxing and swimming**. The west end has **better waves for surfing** and the east end is a bit calmer. On the west end of the beach is where the center of town is, it's much busier. You'll find restaurants, surf lessons, beach lounges, massages stands, bars and tour operators on the beach.



 Hotel Giada / Standard Room / Breakfast included / 3 Stars  
In: 02 Aug 2023 Out: 04 Aug 2023 (2 Nights)

## Day 7, 03 Aug 23



Surf Lesson / Regular

If you have always wanted to learn to surf in the tropics, **Samara beach** is your answer! The 7 kilometers long **white sand beach** is framed by mountains and the striking Chora Island is just offshore. Since Samara Beach is largely protected by an outer reef, **the waves are easy to catch** and are perfect for beginners.



## Day 8, 04 Aug 23



Shuttle Transfer from Samara to San Jose / Shuttle Service

Travel time: 5 hours and 30 minutes.



Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars

In: 04 Aug 2023 Out: 05 Aug 2023 (1 Nights)

## Day 9, 05 Aug 23



Private Transfer OUT from Hotel to Airport / Transport + Guide / Private

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



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## PRICE

Adult 01	\$ 1,267.33
Adult 02	\$ 1,267.33
Adult 03	\$ 1,267.33
<b>Total Price</b>	<b>\$ 3,802.00</b>

### General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 28 Jul 23 to 05 Aug 23.

Valid quotation for 3 adults,0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

## INCLUSIONS

### LODGING:

1 night/s lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose.(Breakfast included)

2 night/s lodging in Arenal Volcano. Arenal Country Inn.(Breakfast included)

2 night/s lodging in Monteverde Cloud Forest. Monteverde Villa Lodge.(Breakfast included)

2 night/s lodging in Samara Beach. Hotel Giada.(Breakfast included)

1 night/s lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose.(Breakfast included)

### TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel (Transport + Guide)

Shared Transfer from Arenal to Monteverde, Lake Crossing

Shuttle Transfer from Monteverde to Samara Beach (1 to 4 Pax)

Shuttle Transfer from Samara to San Jose (1 to 4 Pax)

Private Transfer OUT from Hotel to Airport (Transport + Guide)

### ACTIVITIES & MEALS:

Whitewater Rafting at Pacuare River. Different Drop Off (Breakfast and lunch included) in San Jose, The Capital

Canyoning in the Lost Canyon (Lunch included) in Arenal Volcano

Arenal Volcano Guided Walk and Entrance to Paradise Springs (Dinner included) in Arenal Volcano

Night Walking Tour in Monteverde Cloud Forest

Hanging Bridges, Guided Walking Tour (2023) in Monteverde Cloud Forest

Canopy Tour (2023) in Monteverde Cloud Forest

Surf Lesson in Samara Beach



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**OTHER:**

VAT

24/7 professional logistics support during your trip in Costa Rica.

## LODGING DETAILS

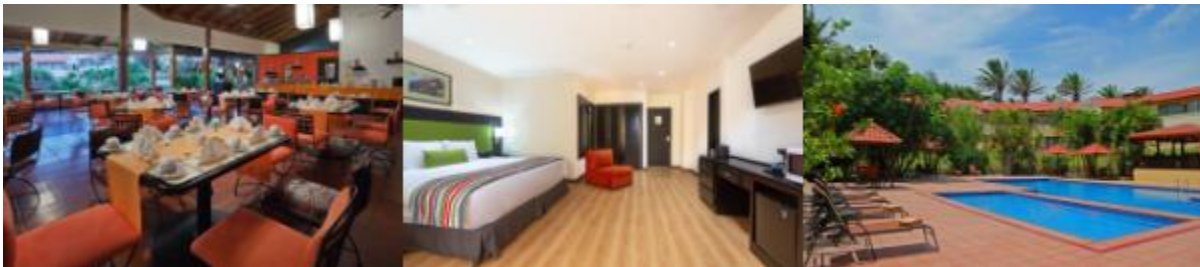
Date In: 28 Jul 23

Date Out: 29 Jul 23

### **Country Inn & Suites by Radisson San Jose**

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



Date In: 29 Jul 23

Date Out: 31 Jul 23

### **Arenal Country Inn**

Standard Room with Breakfast included

Arenal Country Inn is a **safe and comfortable place for travelers**, to enjoy the Costa Rican countryside. Only a kilometer from the La Fortuna town center, this is a great location **for exploring the majestic Arenal Volcano and adventure activities in the Northern Lowlands**. Arenal Country Inn offers an opportunity to experience the rural Costa Rican lifestyle.

Whether waking up in one of the comfortable beds or strolling through the property's several **walking trails**, the sounds of **toucans, parrots and other tropical birds create the perfect musical backdrop**. Walking through the grounds provides the opportunity to see a range of other **Costa Rican wildlife** as well, including beautiful butterflies, monkeys, sloths and much more.



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Date In: 31 Jul 23

Date Out: 02 Aug 23

### Monteverde Villa Lodge

Cabin with Breakfast included

Monteverde Villa Lodge nestled in the heart of Santa Elena Monteverde steps away from adventure tours, banks, restaurants, and the **Monteverde Cloud Forest Reserve**. This hotel is perfect for **families** looking for **local experiences**, and **nature-lover travelers**. This is a small hotel, run by a local rural family.



Date In: 02 Aug 23

Date Out: 04 Aug 23

### Hotel Giada

Standard Room with Breakfast included

The Hotel Giada is just 250 meters from Samara Beach. It offers an **outdoor pool** and **spa bath**, and **air-conditioned** rooms with cable TV and a **private balcony**. The rooms at the Giada feature tiled floors and **tropical-style décor**. Each one has a ceiling fan and a private bathroom with a hairdryer. The hotel has a restaurant, and there is also a bar serving drinks and snacks throughout the day.



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Date In: 04 Aug 23

Date Out: 05 Aug 23

## Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



## EXCLUSIONS

Optional tours  
Departure taxes (\$29 per person)  
Meals not mentioned in the itinerary  
Airfare  
Tips  
International Travel Insurance  
COVID-19 test  
**XXXXX**

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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