



Costa Rica

Traveler: Greg Caiazzo x2

Date In: 26 Feb 23
Date Out: 05 Mar 23

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Greg Caiazzo x2
Arrival date	26 Feb 23
Departure date	05 Mar 23
Number of participants	2 adults

DESTINATIONS

San Jose, The Capital
Arenal Volcano
Monteverde Cloud Forest
Manuel Antonio Beach



SUMMARY ITINERARY

Day 1, 26 Feb 23



Private Transfer IN from Airport to Hotel



Grano de Oro Hotel / Deluxe Room (Patio) / Breakfast included

In: 26 Feb 2023 Out: 27 Feb 2023



San Jose City Tour / Lunch included

Day 2, 27 Feb 23



Shared transfer to Arenal Volcano with Safari Float Sarapiquí River / Lunch included



Tabacon Thermal Resort & Spa / Deluxe Rainforest Room / Breakfast included

In: 27 Feb 2023 Out: 01 Mar 2023

Day 3, 28 Feb 23



Arenal Volcano Walking Tour



Coffee & Chocolate Tour (Arenal Volcano)

Day 4, 01 Mar 23



Shared Transfer from Arenal to Monteverde, Lake Crossing



Monteverde Lodge & Gardens / Forest View Downstairs Room / Breakfast included

In: 01 Mar 2023 Out: 03 Mar 2023

Day 5, 02 Mar 23



Monteverde Cloud Forest Reserve, Guided Walking Tour

Day 6, 03 Mar 23



Private Transfer from Monteverde to Manuel Antonio Beach



GAIA Hotel & Nature Reserve / Suite / Breakfast included

In: 03 Mar 2023 Out: 05 Mar 2023



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Day 7, 04 Mar 23



Mangrove Boat Tour / Lunch included



Manuel Antonio National Park Guided Walk

Day 8, 05 Mar 23



Private Transfer from Manuel Antonio to San Jose



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DETAILED ITINERARY

Day 1, 26 Feb 23

 Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.



🏠 Grano de Oro Hotel / Deluxe Room (Patio) / Breakfast included
In: 26 Feb 2023 Out: 27 Feb 2023

🚶 San Jose City Tour / Lunch included

Our unique sightseeing double decker bus will take you to downtown San Jose from your hotel to witness the city's main historical landmarks for an immersive and panoramic cultural experience and a better understanding of Costa Rica's evolution. Our favorite places to visit for a guided walk in San Jose include Costa Rica's cherished National Theater (lobby), Art Museum, Metropolitan Cathedral the old and authentic Central Market, the impressive Gold Museum (lunch tour), an in-depth description of the National Monument, and the influential historical episode that took place at the Democracy Plaza. Our VIP City Bus tour will take you comfortably and safely through San Jose's narrow and busy streets driving by beautiful outdoor city attractions. The living city is our museum.



Day 2, 27 Feb 23



Shared transfer to Arenal Volcano with Safari Float Sarapiquí River / Lunch included

After getting picked up from your hotel, you'll drive through the beautiful Costa Rican back roads to a private put-in at the Sarapiquí River, equipped with bathrooms and change rooms. Your professional guide will start the day off by providing paddling and **safety instructions** and then suiting you up with safety gear to prepare for your adventure.

After getting settled with your lifejacket and paddle, you will be ready to enjoy the sights and **sounds of the rainforest** and the tranquil experience of slowly paddling downriver to not miss anything. Enjoy 2.5 hours immersed in the lush tropical rainforest, floating along the Sarapiquí River which lies next to important reserves renowned for their biodiversity.

Exotic **amphibians, countless tropical birds, otters, fish, sloths, iguanas,** and incredible **flora** will make this experience unforgettable.



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Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🚩 Tabacon Thermal Resort & Spa / Deluxe Rainforest Room / Breakfast included
 In: 27 Feb 2023 Out: 01 Mar 2023

Day 3, 28 Feb 23



Arenal Volcano Walking Tour

The trails in **Arenal National Park** and other nearby **Arenal Reserves** are generally flat and not very strenuous, perfect for a leisurely and informative guided walk with a professional nature guide. You will hike through well-groomed, **easy trails** that skirt the base of the Arenal Volcano and Lake Arenal Area. This part of the Arenal Volcano had sections that were devastated by **the lava flow of 1968**, so some areas have very little vegetation.

This guided walk provides **perfect photo opportunities** and **magnificent views** of the impressive Arenal Volcano, the pristine Lake Arenal and the extinct volcano Cerro Chato. There are parts of each trail that has forested areas where your nature guide will try to spot **birds, monkeys and other animals** in their natural habitat.



Coffee & Chocolate Tour (Arenal Volcano)

The coffee tour takes participants on a journey through history. You will learn **the importance of coffee** in Costa Rica's past and current economy. You will walk through **the farm and factory** to see how the bean becomes the rich dark liquid that Costa Ricans love.

The famous **chocolate tour** is next. You will smell and taste different types of chocolate as your guide explains the cultural history behind the treat. The guide will also walk you through how the plant goes from seed to **pure ground cocoa**.



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Day 4, 01 Mar 23



Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.



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Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



🏠 Monteverde Lodge & Gardens / Forest View Downstairs Room / Breakfast included
In: 01 Mar 2023 Out: 03 Mar 2023

Day 5, 02 Mar 23



Monteverde Cloud Forest Reserve, Guided Walking Tour

The tour is essentially a natural history walk in which you will learn about **the incredible diversity of flora and fauna** and many of the unique relationships various cloud forest species have with each other. Guides are equipped with a spotting telescope as well as binoculars and several informational guidebooks. Be sure to bring your cameras, as you can take pictures through the guide's scope. This walk normally takes about 3 hours.

The **Monteverde Cloud Forest Reserve** is where some of **the best-kept cloud forests** in all of Costa Rica can be found. It is a cloud forest, not a rainforest, due to its elevation of 4,724 feet (1,440 meters) above sea level.



Day 6, 03 Mar 23



Private Transfer from Monteverde to Manuel Antonio Beach



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Manuel Antonio

Elevation	20 m / 65 f	Temperature	28 C / 82 F
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Manuel Antonio is home to a namesake national park **full of unspoiled beaches** and **world-class views**. Enjoy adventures as diverse as **snorkeling** and **jungle hikes**. A great destination for families, **there's something for everyone** whether you have young children or college-bound teens. See a **variety of Costa Rica's animals** when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list.

Accommodation choices are plentiful, with **some of the country's most inspired** lodging options to choose from. Imagine the glittering, warm sand of a **pristine beach**; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.



🏠 GAIA Hotel & Nature Reserve / Suite / Breakfast not included
 In: 03 Mar 2023 Out: 05 Mar 2023

Day 7, 04 Mar 23



Mangrove Boat Tour / Lunch included

This adventure of **Costa Rican natural history** is highly recommended for any **naturalist**, young or old, who wants to experience **the pulse of the mangrove ecosystem**. Experience curious families of **monkeys** as they migrate across the mangrove ecosystem in search of food and adventure. Don't forget to point out the **caimans, sloths, crocodiles, boas, white face monkeys, egrets**, and so many more species of wildlife, as your boat leisurely winds its way through the mangrove canals along the gentle currents of the coastal tides. And finally, end your adventure with a **meal** in a typical Costa Rican flavor at a local restaurant before you return to your hotel.

Note that the tour's start time depends on the tide.



Manuel Antonio National Park Guided Walk

The pace of this adventure is determined by the consensus of your group's abilities and interests. There is an **abundance of wildlife** you will want to stop and observe, all in its natural and **brehtaking habitat**. Watch **sloths** and numerous species of **monkeys** travel through the tree canopy as they hunt for nocturnal **silky anteaters** and several types of **non-poisonous snakes** resting in the **tropical rainforest**. Listen to the songs of the various **birds** as they glide above your group, curiously looking for adventure. At your convenience and leisure, you can stop and enjoy some local fresh fruits and refreshments as you pause to soak in the beautiful aesthetics. Enjoy some leisure time to **swim** at the pristine water of **the virgin beaches** inside of the national park, consider **the most beautiful beaches** of Costa Rica.



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Day 8, 05 Mar 23



Private Transfer from Manuel Antonio to San Jose

PRICE

Total Price

\$ 6,736.00

General Details of the Price

Price is for 2 people and in U.S. dollars.

These rates apply for traveling from 26 Feb 23 to 05 Mar 23.

Valid quotation for 2 adults, 0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

INCLUSIONS

LODGING:

1 night/s lodging in San Jose, The Capital. Grano de Oro Hotel. (Breakfast included)

2 night/s lodging in Arenal Volcano. Tabacon Thermal Resort & Spa. (Breakfast included)

2 night/s lodging in Monteverde Cloud Forest. Monteverde Lodge & Gardens. (Breakfast included)

2 night/s lodging in Manuel Antonio Beach. GAIA Hotel & Nature Reserve. (Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel

Shared Transfer from Arenal to Monteverde, Lake Crossing

Private Transfer from Monteverde to Manuel Antonio Beach

Private Transfer from Manuel Antonio to San Jose



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ACTIVITIES & MEALS:

San Jose City Tour (Lunch included) in San Jose, The Capital
Transfer to Arenal Volcano with Safari Float Sarapiquí River (Lunch included) in San Jose, The Capital
Arenal Volcano Walking Tour in Arenal Volcano
Coffee & Chocolate Tour (Arenal Volcano) in Arenal Volcano
Monteverde Cloud Forest Reserve, Guided Walking Tour in Monteverde Cloud Forest
Mangrove Boat Tour (Lunch included) in Manuel Antonio Beach
Manuel Antonio National Park Guided Walk in Manuel Antonio Beach

OTHER:

VAT
24/7 professional logistics support during your trip in Costa Rica.

LODGING DETAILS

Date In: 26 Feb 23 Date Out: 27 Feb 23

Grano de Oro Hotel

Deluxe Room (Patio) with Breakfast included

This luxurious hotel is located in **San Jose City Centre** and features an **on-site gourmet restaurant**, free parking and free Wi-Fi. Each air-conditioned room features beautiful **wood décor**, vaulted ceilings and a flat-screen TV with cable channels. They also boast free toiletries, plush linens and a coffee maker. Many of San Jose's main sights are within a **10-minute walk** of the property. Juan Santamaria International Airport is a 20-minute drive away.



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Date In: 27 Feb 23

Date Out: 01 Mar 23

Tabacon Thermal Resort & Spa

Deluxe Rainforest Room with Breakfast included

Featuring **hot spring baths, sauna, massages services**, luxury spa treatments and 5 swimming pools, Tabacón Thermal Resort & Spa is 15 minutes' drive from the **Arenal Volcano National Park**.

The rooms and suites offer modern décor, garden views, air conditioning, flat-screen cable TV, coffee maker and minibar. The bathrooms come with bathrobes, slippers and free toiletries. The suites also feature a living area.

Guests can enjoy a **swim up bar**, lobby bar and Los Tucanes restaurant and Ave del Paraiso restaurant serving local dishes and international **gourmet cuisine**. The property also offers free valet parking, a welcome cocktail and unlimited access to its on-site hot springs.



Date In: 01 Mar 23

Date Out: 03 Mar 23

Monteverde Lodge & Gardens

Forest View Downstairs Room with Breakfast included

Located in Monteverde, Costa Rica. This lodge is located 15 minutes' drive from the **Monteverde Biological Reserve** and 1 km from Monteverde Town Centre. It features an **extensive garden** with a heated **outdoor pool**. Guests can also enjoy the indoor **butterfly garden**. Wi-Fi is included at no extra cost.

Rooms offer views of the forest and gardens. Both upstairs and downstairs rooms have solar-heated hot water showers, an in-room safe, coffee maker, alarm clock, ceiling fan, reading lamps, hair dryer and laundry bag.



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Date In: 03 Mar 23

Date Out: 05 Mar 23

GAIA Hotel & Nature Reserve

Suite with Breakfast NOT included

Surrounded by spectacular **rainforest and wildlife**, Gaia Hotel and Reserve is located near **Manuel Antonio Beach**, 7 minutes' drive from the coast in Costa Rica and offers chic accommodations. The hotel features a **luxury spa**, gym, pool and one day tours. The air-conditioned rooms are beautifully decorated in neutral tones, with wood and wicker furnishings. They enjoy views over the tropical rainforest and come with a flat-screen TV. The adults-only area of the hotel offers 18 suites with exclusive access to a 3-level **infinity pool**. Gaia Hotel and Reserve offers a spa area with a steam bath, sauna and beauty salon. Guests can enjoy fine dining in the **on-site restaurant** or 24-hour room service.



EXCLUSIONS

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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