



Costa Rica

Traveler: Alison Weber-Stover x4

Date In: 31 Mar 23

Date Out: 09 Apr 23

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Alison Weber-Stover x4
Arrival date	31 Mar 23
Departure date	09 Apr 23
Number of participants	4 adults

DESTINATIONS

San Jose, The Capital
Arenal Volcano
Monteverde Cloud Forest
Samara Beach

DETAILED ITINERARY

Day 1, 31 Mar 23

 Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.



🏠 Country Inn & Suites by Radisson San Jose / 2 Standard Room / Breakfast included
In: 31 Mar 2023 Out: 01 Apr 2023

Day 2, 01 Apr 23



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included

You will be picked up from your San Jose area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.



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Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🏠 Arenal Country Inn / Family Room / Breakfast included
 In: 01 Apr 2023 Out: 04 Apr 2023

Day 3, 02 Apr 23



Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall / Lunch included

Start your day as you walk across the **Arenal Hanging Bridges** and see the jungle from high above the forest floor. These trails bring you as close as you would ever hope to see the rainforest and its inhabitants, as well as give you access to see **stunning views of the rainforest and mountains**.

After your adventure on the hanging bridges, you will head to the **Arenal Volcano National Park**. The trails are generally flat and not very strenuous, perfect for a **leisurely and informative guided walk**. Enjoy a delicious **lunch** at this point.

Then, you will finish the day at the stunning **La Fortuna Waterfall**. When you reach the entrance, you will have time to change into your bathing suit in case you want to cool off in the **cool pools that flow from the waterfall**. This is sure to be a good workout as there are 500 steps to get to the down to the waterfall, and 300 to get back up! When you reach the bottom, you'll have an opportunity to take lots of pictures and **swim in the cool waters** of one of the largest and most breathtaking waterfalls in Arenal!



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Day 4, 03 Apr 23



Sloth Tour (Sloth Territory)

The sweet smiling face of the **Costa Rican sloth** is rapidly becoming the iconic symbol of the country's amazing **rainforest wildlife**. All set, you will walk for about 1.2 kilometers through the beautiful rainforest looking for our lazy friend, the sloth.

You will be searching out both **2-toed** and **3-toed sloths**. Although similar, they have distinct differences. The 2-toed Sloth, being nocturnal, can be found sleeping high up in the treetops. More active during daytime hours, the 3-toed Sloth slowly moves through the branches eating leaves, often with a young sloth hugging on for the ride.

And as a bonus, you will also get great views of a **variety of birds, brightly-colored toucans, iguanas**, and more.



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Visit to the Paradise Hot Springs / Dinner included

Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



Day 5, 04 Apr 23



Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.



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Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



🇨🇷 Hotel de Cabañas Valle Campanas / Family Cabin / Breakfast included
In: 04 Apr 2023 Out: 06 Apr 2023



Night Walk Tour

Experience Costa Rica's spectacular nature on this **night-time excursion** to the Monteverde Cloud Forest. After a convenient hotel pickup, learn about the region's wildlife from an informative local guide and watch the forest come alive at night. Spot **bats, frogs,** and rare creatures like **kinkajous, ocelots, porcupines,** and **olingos.**



Day 6, 05 Apr 23



Canopy Tour

The canopy tour (also called zip line) is **the most popular Costa Rican adventure tour.** Enjoy a fantastic day of **zip lining, and riding a giant swing** in the beautiful cloud forest setting. Experience a unique perspective of the forest as you glide over the beautiful Costa Rican landscape. While the **nine zip lines** are sure to amaze you, the real thrill comes from **two superman zip lines,** including **the longest zip line in Costa Rica!** Swing like Tarzan on a **mega swing,** float down a rappel and keep your balance on a **hammock bridge.** Everything is included in the same tour.

The maximum weight for a person to participate in the tour is 240 pounds.



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Day 7, 06 Apr 23

 Shuttle Transfer from Monteverde to Samara Beach




Samara Beach

Elevation	7 m / 22 f	Temperature	30 C / 86 F
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Samara Beach is located in the northwest part of the **Nicoya Peninsula**. Samara beach is one of the most **beautiful beaches** in Costa Rica inside a long crescent-shaped bay. Known for its breathtaking sunsets, great surfing waves and a healthy atmosphere, it's the ideal place to go for a low-key beach getaway.

The town is quite small, and you can easily walk to get around. Samara beach is perfect for **relaxing and swimming**. The west end has **better waves for surfing** and the east end is a bit calmer. On the west end of the beach is where the center of town is, it's much busier. You'll find restaurants, surf lessons, beach lounges, massages stands, bars and tour operators on the beach.



 Hotel Sol Samara / Family Suite / Breakfast included
In: 06 Apr 2023 Out: 09 Apr 2023

Day 8, 07 Apr 23



Wildlife & Mangrove Kayak Tour

Explore the waters and mangroves in the Samara Beach area on this guided **kayaking tour**. Paddle along the **Ora River** through **mangrove tunnels**, heading toward **Camaronal Beach**. At the beach, enjoy refreshments including juices, and beer while you learn more about the area's ecosystem. Tour start times vary, depending on high tide.



Day 9, 08 Apr 23



Stand Up Paddle & Snorkeling

Try the newest and coolest **paddle sport** in Costa Rica, right on the tranquil ocean bay of **Samara Beach**. **Stand Up Paddling** looks exactly as it sounds: you stand up on a large, wide, super buoyant board (similar to a surfboard) and use a long paddle to move yourself along. If you are a first-timer, **no worries!** This activity is perfect for **all adventure enthusiasts**. Your experienced guide will give you instructions and the support you need to paddle across Samara's tranquil bay to the pristine shores of Isla Chora. There you will have an opportunity to **snorkel, swim, spot iguanas**, enjoy fresh tropical fruit and relax and soak up some rays on the beautiful sandy beach.



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Day 10, 09 Apr 23



Private Transfer from Samara Beach to Liberia

PRICE

Total Price

\$ 5,629.00

General Details of the Price

Price is for 4 people and in U.S. dollars.

These rates apply for traveling from 31 Mar 23 to 09 Apr 23.

Valid quotation for 4 adults, 0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

INCLUSIONS

LODGING:

1 night/s lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose. (Breakfast included)

3 night/s lodging in Arenal Volcano. Arenal Country Inn. (Breakfast included)

2 night/s lodging in Monteverde Cloud Forest. Hotel de Cabañas Valle Campanas. (Breakfast included)

3 night/s lodging in Samara Beach. Hotel Sol Samara. (Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel

Shared Transfer from Arenal to Monteverde, Lake Crossing

Shuttle Transfer from Monteverde to Samara Beach

Private Transfer from Samara Beach to Liberia



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ACTIVITIES & MEALS:

Whitewater Rafting at Pacuare River. Different Drop Off (Breakfast and lunch included) in San Jose, The Capital

Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall (Lunch included) in Arenal Volcano

Sloth Tour (Sloth Territory) in Arenal Volcano

Visit to the Paradise Hot Springs (Dinner included) in Arenal Volcano

Night Walk Tour in Monteverde Cloud Forest

Canopy Tour (2023) in Monteverde Cloud Forest

Wildlife & Mangrove Kayak Tour in Samara Beach

Stand Up Paddle & Snorkeling in Samara Beach

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.

LODGING DETAILS

Date In: 31 Mar 23

Date Out: 01 Apr 23

Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



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Date In: 01 Apr 23

Date Out: 04 Apr 23

Arenal Country Inn

Family Room with Breakfast included

Arenal Country Inn is a **safe and comfortable place for travelers**, to enjoy the Costa Rican countryside. Only a kilometer from the La Fortuna town center, this is a great location **for exploring the majestic Arenal Volcano and adventure activities in the Northern Lowlands**. Arenal Country Inn offers an opportunity to experience the rural Costa Rican lifestyle.

Whether waking up in one of the comfortable beds or strolling through the property's several **walking trails**, the sounds of **toucans, parrots and other tropical birds create the perfect musical backdrop**. Walking through the grounds provides the opportunity to see a range of other **Costa Rican wildlife** as well, including beautiful butterflies, monkeys, sloths and much more.



Date In: 04 Apr 23

Date Out: 06 Apr 23

Hotel de Cabañas Valle Campanas

Family Cabin with Breakfast included

A small establishment operated by an **authentic Costa Rican family** that works to make your stay an unforgettable experience. Their ideology is to give the greatest satisfaction to those who visit them. So they are dedicated to providing personalized service in a family atmosphere. Most of the products they use are **harvested on the property** such as beans, plantains, bananas, and products made from sugar cane, such as "Tapa de Dulce" brown sugar and syrup, among others. **Tranquility** and **privacy** are what this little paradise offers.



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Date In: 06 Apr 23

Date Out: 09 Apr 23

Hotel Sol Samara

Family Suite with Breakfast included

Hotel Sol Samara features an **outdoor swimming pool**. Set in **gardens**, it offers suites with balconies and garden views. This hotel is located 100 meters from **Samara Beach**. Each spacious, **air-conditioned** room has **bright décor**. You can enjoy a range of Costa Rican cuisine in Hotel Sol Samara's restaurant. There is also a bar.



EXCLUSIONS

- Optional tours
- Departure taxes (\$29 per person)
- Meals not mentioned in the itinerary
- Airfare
- Tips
- International Travel Insurance
- COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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