



# Costa Rica

**Traveler: Jaini Jacob**

Date In: 04 Mar 23

Date Out: 10 Mar 23

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

Traveler Name	Jaini Jacob
Arrival date	04 Mar 23
Departure date	10 Mar 23
Number of participants	2 adults + 0 children
Quotation reference	BKFI102555

## DESTINATIONS

San Jose, The Capital
Arenal Volcano
Monteverde Cloud Forest
San Jose, The Capital

## DETAILED ITINERARY

Day 1, 04 Mar 23



### San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 Private Transfer IN from Airport to Hotel / Transport + Guide / Private

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.

 Hotel Villa Tournon / Standard Room / Breakfast included / 3 Stars  
In: 04 Mar 2023 Out: 05 Mar 2023 (1 Night)

## Day 2, 05 Mar 23



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included

You will be picked up from your San Jose area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.



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### Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🏠 Fortuna Downtown Boutique Hotel / Standard Room / Breakfast included / 3 Stars  
 In: 05 Mar 2023 Out: 07 Mar 2023 (2 Nights)

Day 3, 06 Mar 23



Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included

The Arenal Volcano Rainforest and Natural History along with the **breath-taken lava** flow will take you through lush rainforest along the base of Costa Rica's most famous volcano. Your experienced, bilingual naturalist guide will point out interesting **plants and wildlife** in the vibrant primary and secondary rainforest of the nature reserve that skirts the **Arenal Volcano 1968 Park**. You'll then arrive at the observation point of the Arenal Volcano -- this is the closest you can get to the base of the Arenal Volcano -- and the perfect vantage point to take remarkable photos of the Arenal Volcano. This hike takes about 1.5 to 2 hours.

Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



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Day 4, 07 Mar 23



## La Fortuna Waterfall Hike & Swim

You will love the **hike down** to this waterfall near the town of La Fortuna because you can see all of **the natural beauty of the rainforest** as well as the birds and wildlife that live there. Once you arrive at the **La Fortuna Waterfall**, prepare to be blown away by the beauty of this impressive waterfall! You will also be able to swim and take amazing photos!

Get ready because there are 500 steps to get down to the waterfall and of course 500 steps to get back up. Many people take breaks on their way to soak up **the lush rainforest, tropical birds** and variety of wildlife that you may be lucky enough to see. When you reach the bottom, you will be blown away by the beauty of **this towering waterfall** and have plenty of opportunities to relax on the rocks and admire the views. You can also **take a swim** in the cool, refreshing clear-water pools along the left-hand side of the waterfall.

You can rinse off in the showers and change into dry clothes and take part in a delicious tropical fruit snack with your guide.



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 Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

*IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.*



### Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air.

Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**

 Hotel Heliconia / Superior Room / Breakfast Room / 3 Stars

In: 07 Mar 2023 Out: 09 Mar 2023 (2 Nights)



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Day 5, 08 Mar 23



### Hanging Bridges, Guided Walking Tour

The tour begins at the reception where a bilingual guide will welcome you and accompany you during the whole trajectory helping you discover the animals and the plants more interesting that habit in **the exuberant cloud forest**. The tour, which is 3 kilometers approximately, consists of a combination of trails and **seven bridges** where you will have the opportunity to explore all the levels of the cloud forest, as well as the habitats of every single one, starting from the ground and **getting to the top of the great trees**.



### Canopy Tour / 2023 / Regular

The canopy tour (also called zip line) is **the most popular Costa Rican adventure tour**. Enjoy a fantastic day of **zip lining, and riding a giant swing** in the beautiful cloud forest setting. Experience a unique perspective of the forest as you glide over the beautiful Costa Rican landscape. While the **nine zip lines** are sure to amaze you, the real thrill comes from **two superman zip lines**, including **the longest zip line in Costa Rica!** Swing like Tarzan on a **mega swing**, float down a rappel and keep your balance on a **hammock bridge**. Everything is included in the same tour. The maximum weight for a person to participate in the tour is 240 pounds.



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## Day 6, 09 Mar 23



Shuttle Transfer from Monteverde to San Jose / Travel time: 4 hours and 30 minutes.



Hotel Villa Tournon / Standard Room / Breakfast included / 3 Stars  
In: 09 Mar 2023 Out: 10 Mar 2023 (1 Night/s)

## Day 7, 10 Mar 23



Private Transfer OUT from Hotel to Airport / Transport + Guide / Private

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



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## PRICE

Adult 01 Jaini Jacob	\$ 1,195.00
Adult 02 Jaini Jacob	\$ 1,195.00
<b>Total Price</b>	<b>\$ 2,390.00</b>

### General Details of the Price

Prices are per person and **in U.S. dollars.**

These rates apply for traveling from 04 Mar 23 to 10 Mar 23.

Valid quotation for 2 adults,0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

## INCLUSIONS

### LODGING:

- 1 night lodging in San Jose, The Capital. Hotel Villa Tournon.(Breakfast included)
- 2 nights lodging in Arenal Volcano. Fortuna Downtown Boutique Hotel.(Breakfast included)
- 2 nights lodging in Monteverde Cloud Forest. Hotel Heliconia.(Breakfast Room)
- 1 night lodging in San Jose, The Capital. Hotel Villa Tournon.(Breakfast included)

### TRANSPORTATION & GUIDE SERVICES:

- Private Transfer IN from Airport to Hotel
- Shared Transfer from Arenal to Monteverde, Lake Crossing
- Shuttle Transfer from Monteverde to San Jose
- Private Transfer OUT from Hotel to Airport

### ACTIVITIES & MEALS:

- Whitewater Rafting at Pacuare River. Different Drop Off (Breakfast and lunch included) in San Jose, The Capital
- Arenal Volcano Guided Walk and Entrance to Paradise Springs (Dinner included) in Arenal Volcano
- La Fortuna Waterfall Hike & Swim in Arenal Volcano
- Hanging Bridges, Guided Walking Tour in Monteverde Cloud Forest
- Canopy Tour (2023) in Monteverde Cloud Forest

### OTHER:

- VAT
- 24/7 professional logistics support during your trip in Costa Rica.



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## LODGING DETAILS

Date In: 04 Mar 23

Date Out: 05 Mar 23

### Hotel Villa Tournon

Standard Room with Breakfast included

Hotel Villa Tournon an authentic gallery of art, painting, and nature, is three stars the best value among the hotels in San José, Costa Rica. Come and enjoy the hospitality and tranquility of an oasis in San José. Located in an exclusive area, close to the main attractions of the capital such as the National Theater, the Gold Museum or the city's nightlife.



Date In: 05 Mar 23

Date Out: 07 Mar 23

### Fortuna Downtown Boutique Hotel

Standard Room with Breakfast included

Nestled in the heart of La Fortuna, and **shadowed by the Arenal Volcano**, lies the newly remodeled Fortuna Downtown Hotel. Unlike the country's coastal regions, the northern lowlands are lush with dense tropical forests, abundant wildlife, raging rivers and cascading waterfalls, thanks in large part to a larger accumulation of annual rainfall.

The rooms offer **basic décor**, air conditioning, cable TV and a **terrace or balcony**. The bathrooms are private and have shower.



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Date In: 07 Mar 23

Date Out: 09 Mar 23

## Hotel Heliconia

Superior Room with Breakfast Room

Hotel Heliconia is located in Monteverde Costa Rica and features a hot tub, an extensive garden, 2 restaurants, a spa center, massage services, and free Wi-Fi.

The suites and rooms present rustic décor with wooden furniture, a desk, a fan, a wardrobe, and garden views. The bathrooms are private and come with a shower. Some of the accommodations include a bath. The on-site restaurants serve Italian cuisine, Mediterranean dishes, and local specialties. There is also a bar with international drinks.



Date In: 09 Mar 23

Date Out: 10 Mar 23

## Hotel Villa Tournon

Standard Room with Breakfast included

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Come and enjoy the hospitality and tranquility of an oasis in San José. Located in an exclusive area, close to the main attractions of the capital such as the National Theater, the Gold Museum or the city's nightlife.



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## EXCLUSIONS

Optional tours  
Departure taxes (\$29 per person)  
Meals not mentioned in the itinerary  
Airfare  
Tips  
International Travel Insurance  
COVID-19 test

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:  
<https://www.greenworldadventures.com/terms/>



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