



# Costa Rica

**Traveler: Lester Sapitula x3 (v2)**

Date In: 09 Apr 23  
Date Out: 15 Apr 23

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

Traveler Name	Lester Sapitula x3
Arrival date	09 Apr 23
Departure date	15 Apr 23
Number of participants	3 adults

## DESTINATIONS

Arenal Volcano
Monteverde Cloud Forest
San Jose, The Capital

## DETAILED ITINERARY

Day 1, 09 Apr 23



Private Transfer from San Jose to Arenal



### Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



Arenal Country Inn / Standard Room / Breakfast included

In: 09 Apr 2023 Out: 12 Apr 2023



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## Coffee & Chocolate Tour (Arenal Volcano)

The coffee tour takes participants on a journey through history. You will learn **the importance of coffee** in Costa Rica's past and current economy. You will walk through **the farm and factory** to see how the bean becomes the rich dark liquid that Costa Ricans love.

The famous **chocolate tour** is next. You will smell and taste different types of chocolate as your guide explains the cultural history behind the treat. The guide will also walk you through how the plant goes from seed to **pure ground cocoa**.



Day 2, 10 Apr 23

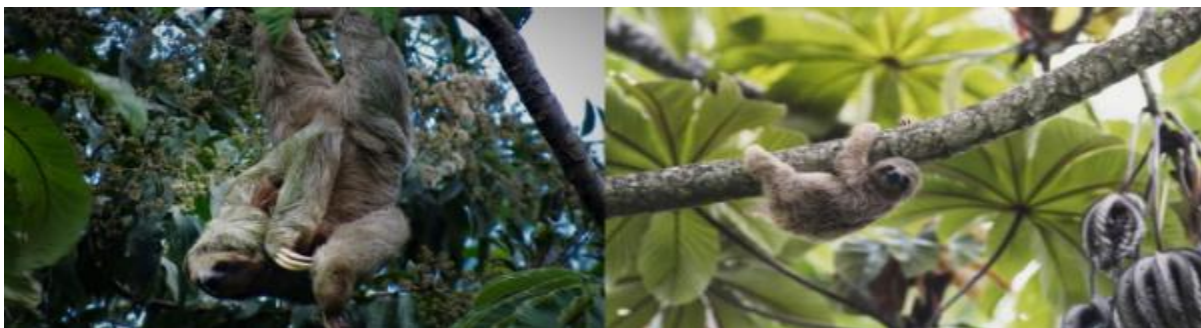


## Sloth Tour (Sloth Territory)

The sweet smiling face of the **Costa Rican sloth** is rapidly becoming the iconic symbol of the country's amazing **rainforest wildlife**. All set, you will walk for about 1.2 kilometers through the beautiful rainforest looking for our lazy friend, the sloth.

You will be searching out both **2-toed** and **3-toed sloths**. Although similar, they have distinct differences. The 2-toed Sloth, being nocturnal, can be found sleeping high up in the treetops. More active during daytime hours, the 3-toed Sloth slowly moves through the branches eating leaves, often with a young sloth hugging on for the ride.

And as a bonus, you will also get great views of a **variety of birds, brightly-colored toucans, iguanas, and more**.



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### Night Walk Tour (Arenal Natura)

Lead by a professional nature guide, you will **explore the rainforest after nightfall**, senses alert and flashlight in hand. You will go through **the moonlit rainforest trails** as the guide points out and discusses the various plants and animals along the way.

If it rains, count yourself lucky! The rain increases animal activity in the rainforest, making creatures like **sloths, fruit bats, and the red-eyed tree frog** more likely to appear.



### Day 3, 11 Apr 23



### Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included

The Arenal Volcano Rainforest and Natural History along with the **breath-taken lava** flow will take you through lush rainforest along the base of Costa Rica's most famous volcano. Your experienced, bilingual naturalist guide will point out interesting **plants and wildlife** in the vibrant primary and secondary rainforest of the nature reserve that skirts the **Arenal Volcano 1968 Park**. You'll then arrive at the observation point of the Arenal Volcano -- this is the closest you can get to the base of the Arenal Volcano -- and the perfect vantage point to take remarkable photos of the Arenal Volcano. This hike takes about 1.5 to 2 hours.



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Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



Day 4, 12 Apr 23

 Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

*IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.*



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## Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



🏠 Monteverde Villa Lodge / Standard Room / Breakfast included

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Day 5, 13 Apr 23



## Canopy Tour

The canopy tour (also called zip line) is **the most popular Costa Rican adventure tour**. Enjoy a fantastic day of **zip lining, and riding a giant swing** in the beautiful cloud forest setting. Experience a unique perspective of the forest as you glide over the beautiful Costa Rican landscape. While the **nine zip lines** are sure to amaze you, the real thrill comes from **two superman zip lines**, including **the longest zip line in Costa Rica!** Swing like Tarzan on a **mega swing**, float down a rappel and keep your balance on a **hammock bridge**. Everything is included in the same tour.

The maximum weight for a person to participate in the tour is 240 pounds.



## Horseback Riding Tour in Monteverde

The **horseback riding** tour in Monteverde allows you to observe the activities of a traditional farm in Costa Rica, crossing **plantations of coffee, banana, sugar cane**, areas for livestock and forest; everything riding. Also, enjoy **the best panoramic views** of the Gulf of Nicoya and the magical mountains of the cloud forest. This tour is with excellent horses suitable for all ages.



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## Day 6, 14 Apr 23

 Shuttle Transfer from Monteverde to San Jose

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included  
In: 14 Apr 2023 Out: 15 Apr 2023

## Day 7, 15 Apr 23

 Private Transfer OUT from Hotel to Airport

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.

## PRICE

Total Price \$ 3,186.00

### General Details of the Price

Price is for 3 people and in U.S. dollars.

These rates apply for traveling from 09 Apr 23 to 15 Apr 23.

Valid quotation for 3 adults, 0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

## INCLUSIONS

### LODGING:

3 night/s lodging in Arenal Volcano. Arenal Country Inn. (Breakfast included)

2 night/s lodging in Monteverde Cloud Forest. Monteverde Villa Lodge. (Breakfast included)

1 night/s lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose. (Breakfast included)

### TRANSPORTATION & GUIDE SERVICES:

Private Transfer from San Jose to Arenal

Shared Transfer from Arenal to Monteverde, Lake Crossing

Shuttle Transfer from Monteverde to San Jose

Private Transfer OUT from Hotel to Airport



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### ACTIVITIES & MEALS:

Coffee & Chocolate Tour (Arenal Volcano) in Arenal Volcano  
Sloth Tour (Sloth Territory) in Arenal Volcano  
Night Walk Tour (Arenal Natura) in Arenal Volcano  
Arenal Volcano Guided Walk and Entrance to Paradise Springs (Dinner included) in Arenal Volcano  
Canopy Tour (2023) in Monteverde Cloud Forest  
Horseback Riding Tour in Monteverde in Monteverde Cloud Forest

### OTHER:

VAT  
24/7 professional logistics support during your trip in Costa Rica.

## LODGING DETAILS

Date In: 09 Apr 23

Date Out: 12 Apr 23

### Arenal Country Inn

Standard Room with Breakfast included

Arenal Country Inn is a **safe and comfortable place for travelers**, to enjoy the Costa Rican countryside. Only a kilometer from the La Fortuna town center, this is a great location **for exploring the majestic Arenal Volcano and adventure activities in the Northern Lowlands**. Arenal Country Inn offers an opportunity to experience the rural Costa Rican lifestyle.

Whether waking up in one of the comfortable beds or strolling through the property's several **walking trails**, the sounds of **toucans, parrots and other tropical birds create the perfect musical backdrop**. Walking through the grounds provides the opportunity to see a range of other **Costa Rican wildlife** as well, including beautiful butterflies, monkeys, sloths and much more.



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Date Out: 14 Apr 23

## Monteverde Villa Lodge

Standard Room with Breakfast included

Monteverde Villa Lodge nestled in the heart of Santa Elena Monteverde steps away from adventure tours, banks, restaurants, and the **Monteverde Cloud Forest Reserve**. This hotel is perfect for **families** looking for **local experiences**, and **nature-lover travelers**. This is a small hotel, run by a local rural family.



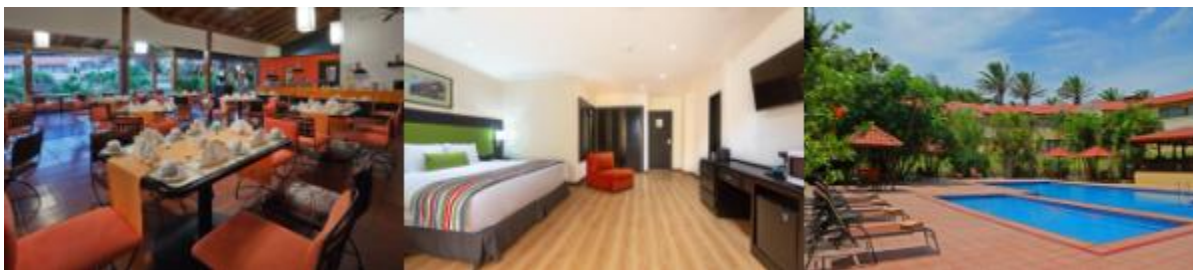
Date In: 14 Apr 23

Date Out: 15 Apr 23

## Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



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## EXCLUSIONS

Optional tours  
Departure taxes (\$29 per person)  
Meals not mentioned in the itinerary  
Airfare  
Tips  
International Travel Insurance  
COVID-19 test

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:  
<https://www.greenworldadventures.com/terms/>



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