



# Costa Rica

**Traveler: Melanie Lazenby & Darran Fowler**

Date In: 30 Nov 23

Date Out: 08 Dec 23

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

Traveler Name	Melanie Lazenby and Darran Fowler
Arrival date	30 Nov 23
Departure date	08 Dec 23
Number of participants	2 adults
Quotation reference	BKFI102638

## DESTINATIONS

San Jose, The Capital
Arenal Volcano
Monteverde Cloud Forest
Samara Beach



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## DETAILED ITINERARY

Day 1, 30 Nov 23

 Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater**, **the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars  
In: 30 Nov 2023 Out: 01 Dec 2023 (1 Night)



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## Day 2, 01 Dec 23



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included

You will be picked up from your San Jose area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.



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### Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**.

Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



Arenal Country Inn / Standard Room / Breakfast included / 3 Stars  
In: 01 Dec 2023 Out: 03 Dec 2023 (2 Nights)



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## Day 3, 02 Dec 23



Canyoning in the Lost Canyon / Lunch included

You'll rappel down **huge waterfalls**, jump into pools, zip down guided rappels, downclimb the canyon walls and river boulders, and hike up through the rainforest.

Start the rappelling-leg of your canyoning journey with the first waterfall referred to as the "Baby", a small-sized 10 feet waterfall that allows you to ease your way into learning the ropes. You will soon reach what it's called the "Big Boy", the second largest waterfall. About half-way through your rappel, you'll hear the call to "LET GO!" a few moments later you'll experience your **first guided free fall!** Finally, you will get **the largest Lost Canyon challenge**: an exciting 200 feet waterfall rappel.

At the end of this tour, enjoy a **delicious typical lunch**.



Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included

The Arenal Volcano Rainforest and Natural History along with the **breath-taken lava** flow will take you through lush rainforest along the base of Costa Rica's most famous volcano. Your experienced, bilingual naturalist guide will point out interesting **plants and wildlife** in the vibrant primary and secondary rainforest of the nature reserve that skirts the **Arenal Volcano 1968 Park**. You'll then arrive at the observation point of the Arenal Volcano -- this is the closest you can get to the base of the Arenal Volcano -- and the perfect vantage point to take remarkable photos of the Arenal Volcano. This hike takes about 1.5 to 2 hours.



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Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



#### Day 4, 03 Dec 23

Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

***IMPORTANT:** Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.*



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## Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



 Monteverde Country Lodge / Standard Room / Breakfast included / 3 Stars  
In: 03 Dec 2023 Out: 05 Dec 2023 (2 Nights)



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## Horseback Riding Tour in Monteverde

The **horseback riding** tour in Monteverde allows you to observe the activities of a traditional farm in Costa Rica, crossing **plantations of coffee, banana, sugar cane**, areas for livestock and forest; everything riding. Also, enjoy **the best panoramic views** of the Gulf of Nicoya and the magical mountains of the cloud forest. This tour is with excellent horses suitable for all ages.



## Day 5, 04 Dec 23



### Canopy Tour (Zip Line)

The tour is located in a private reserve created in 1994. It starts with a short guided walk through the private 70-acre reserve of the **cloud forest**. The first part of the tour will take you through primary (old growth), and secondary (new growth) forest. You will **fly through the treetops** listening closely to the vast variety of birds that can be seen throughout the reserve. Then, just when you think you have become one with the canopy the tour ends with an exhilarating **rappel down** from the "Scary Tree". The tour has **14 cables, 17 platforms, 1 rappel, and 1 Tarzan swing**.



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## Day 6, 05 Dec 23

🚌 Shuttle Transfer from Monteverde to Samara Beach

Travel time: 4 hours and 30 minutes.



**Samara Beach**

Elevation	7 m / 22 f	Temperature	30 C / 86 F
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Samara Beach is located in the northwest part of the **Nicoya Peninsula**. Samara beach is one of the most **beautiful beaches** in Costa Rica inside a long crescent-shaped bay. Known for its breathtaking sunsets, great surfing waves and a healthy atmosphere, it's the ideal place to go for a low-key beach getaway.

The town is quite small, and you can easily walk to get around. Samara beach is perfect for **relaxing and swimming**. The west end has **better waves for surfing** and the east end is a bit calmer. On the west end of the beach is where the center of town is, it's much busier. You'll find restaurants, surf lessons, beach lounges, massages stands, bars and tour operators on the beach.



🏨 Hotel Giada / Standard Room / Breakfast included / 3 Stars

In: 05 Dec 2023 Out: 07 Dec 2023 (2 Nights)



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## Day 7, 06 Dec 23



### Surf Lesson

If you have always wanted to learn to surf in the tropics, **Samara beach** is your answer! The 7 kilometers long **white sand beach** is framed by mountains and the striking Chora Island is just offshore. Since Samara Beach is largely protected by an outer reef, **the waves are easy to catch** and are perfect for beginners.



## Day 8, 07 Dec 23



### Shuttle Transfer from Samara to San Jose

Travel time: 5 hours and 30 minutes.



**Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars**  
In: 07 Dec 2023 Out: 08 Dec 2023 (1 Nights)

## Day 9, 08 Dec 23



### Private Transfer OUT from Hotel to Airport

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaría International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



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PRICE	
Melanie Lazenby	\$ 1,353.84
Darran Fowler	\$ 1,353.84
Total Price	\$ 2,707.68

### **General Details of the Price**

Prices are per person and in U.S. dollars.

These rates apply for traveling from 30 Nov 23 to 08 Dec 23.

Valid quotation for 2 adults, 0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

### **INCLUSIONS**

#### **LODGING:**

1 night lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose.(Breakfast included)

2 nights lodging in Arenal Volcano. Arenal Country Inn.(Breakfast included)

2 nights lodging in Monteverde Cloud Forest. Monteverde Country Lodge.(Breakfast included)

2 nights lodging in Samara Beach. Hotel Giada.(Breakfast included)

1 night lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose.(Breakfast included)

#### **TRANSPORTATION & GUIDE SERVICES:**

Private Transfer IN from Airport to Hotel

Shared Transfer from Arenal to Monteverde, Lake Crossing

Shuttle Transfer from Monteverde to Samara Beach

Shuttle Transfer from Samara to San Jose

Private Transfer OUT from Hotel to Airport

#### **ACTIVITIES & MEALS:**

Whitewater Rafting at Pacuare River. Different Drop Off (Breakfast and lunch included) in San Jose, The Capital

Canyoning in the Lost Canyon (Lunch included) in Arenal Volcano

Arenal Volcano Guided Walk and Entrance to Paradise Springs (Dinner included) in Arenal Volcano

Horseback Riding Tour in Monteverde in Monteverde Cloud Forest

Canopy Tour (Zip Line) in Monteverde Cloud Forest

Surf Lesson in Samara Beach

#### **OTHER:**

VAT

24/7 professional logistics support during your trip in Costa Rica.



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## LODGING DETAILS

Date In: 30 Nov 23

Date Out: 01 Dec 23

### **Country Inn & Suites by Radisson San Jose**

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



Date In: 01 Dec 23

Date Out: 03 Dec 23

### **Arenal Country Inn**

Standard Room with Breakfast included

Arenal Country Inn is a **safe and comfortable place for travelers**, to enjoy the Costa Rican countryside. Only a kilometer from the La Fortuna town center, this is a great location **for exploring the majestic Arenal Volcano and adventure activities in the Northern Lowlands**. Arenal Country Inn offers an opportunity to experience the rural Costa Rican lifestyle.

Whether waking up in one of the comfortable beds or strolling through the property's several **walking trails**, the sounds of **toucans, parrots and other tropical birds create the perfect musical backdrop**. Walking through the grounds provides the opportunity to see a range of other **Costa Rican wildlife** as well, including beautiful butterflies, monkeys, sloths and much more.



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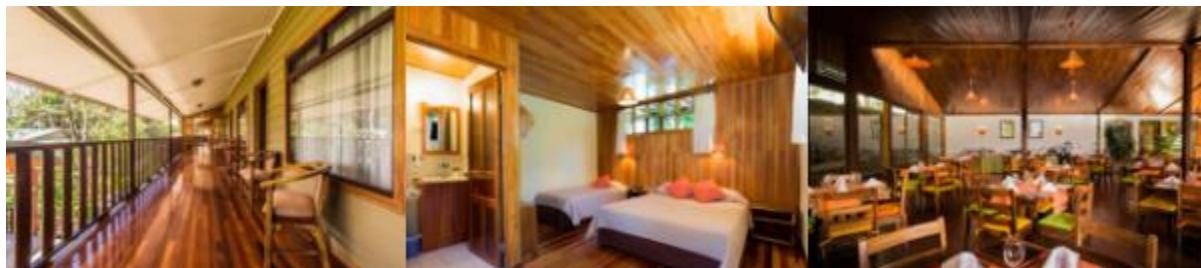
Date In: 03 Dec 23

Date Out: 05 Dec 23

## Monteverde Country Lodge

Standard Room with Breakfast included

Located in Monteverde, Costa Rica, close to **the cloud forest** of Monteverde, this **eco-friendly hotel** offers **rustic-style rooms** with free Wi-Fi and views of the **tropical gardens**. Rooms at Monteverde Country Lodge are set in **charming wooden cabins**, with access to a **shared porch**. Each room includes cable TV, a coffee maker, a safe and a bathroom with free toiletries. The on-site restaurant serves fusion cuisine and typical Costa Rican dishes, made with local ingredients. Snacks and drinks are available from the bar.



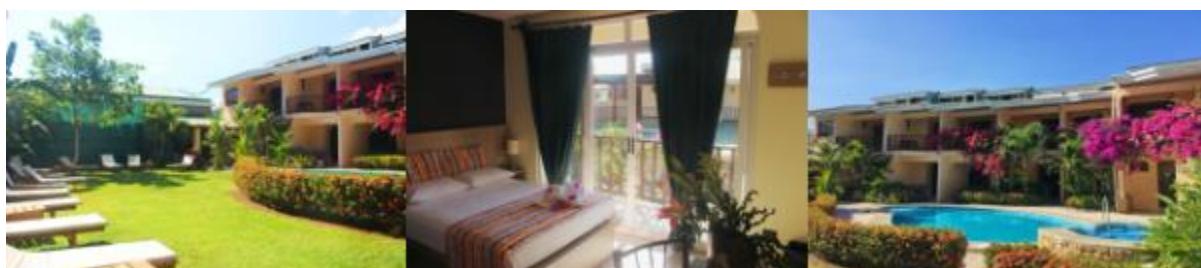
Date In: 05 Dec 23

Date Out: 07 Dec 23

## Hotel Giada

Standard Room with Breakfast included

The Hotel Giada is just 250 meters from Samara Beach. It offers an **outdoor pool** and **spa bath**, and **air-conditioned** rooms with cable TV and a **private balcony**. The rooms at the Giada feature tiled floors and **tropical-style décor**. Each one has a ceiling fan and a private bathroom with a hairdryer. The hotel has a restaurant, and there is also a bar serving drinks and snacks throughout the day.



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Date In: 07 Dec 23

Date Out: 08 Dec 23

## Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



## EXCLUSIONS

Optional tours

Departure taxes (\$29 per person)

Meals not mentioned in the itinerary

Airfare

Tips

International Travel Insurance

COVID-19 test

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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