



# Costa Rica

**Traveler: Yutong Wu X2**

Date In: 02 Mar 23

Date Out: 09 Mar 23

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

Traveler Name	Yutong Wu X2
Arrival date	02 Mar 23
Departure date	09 Mar 23
Number of participants	2 adults

## DESTINATIONS

Samara Beach
Monteverde Cloud Forest
Arenal Volcano
Liberia City



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## DETAILED ITINERARY

Day 1, 02 Mar 23

 Private Transfer from Liberia to Samara Beach

Travel time: 2 hours and 15 minutes.



**Samara Beach**

Elevation	7 m / 22 f	Temperature	30 C / 86 F
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Samara Beach is located in the northwest part of the **Nicoya Peninsula**. Samara beach is one of the most **beautiful beaches** in Costa Rica inside a long crescent-shaped bay. Known for its breathtaking sunsets, great surfing waves and a healthy atmosphere, it's the ideal place to go for a low-key beach getaway.

The town is quite small, and you can easily walk to get around. Samara beach is perfect for **relaxing and swimming**. The west end has **better waves for surfing** and the east end is a bit calmer. On the west end of the beach is where the center of town is, it's much busier. You'll find restaurants, surf lessons, beach lounges, massages stands, bars and tour operators on the beach.



 Nammbu Beach Front Bungalows / Junior Suite / Breakfast included

In: 02 Mar 2023 Out: 04 Mar 2023 (2 Nights)



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## Day 2, 03 Mar 23



Ocean Kayak to Chora Island & Snorkeling

This is some of the best **kayaking and snorkeling** in Costa Rica. Start from **Samara beach** and enjoy a kayak trip across the bay to a deserted **white sand beach** on **Isla Chora**. This island is a refreshing escape to an underwater world. Here, you are free to **snorkel with tropical fish**, splash in clear waters or simply sit and take in the rays. Bask in the balance of a tour that includes both holiday exercise and ease. A great opportunity to view the marine wildlife of Costa Rica's Pacific coast.



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Day 3, 04 Mar 23

 Private Transfer from Samara to Monteverde

Travel time: 3 hours.



### Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



 El Establo Mountain Hotel / Junior Suite / Breakfast included

In: 04 Mar 2023 Out: 06 Mar 2023 (2 Nights)



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## Coffee & Chocolate Tour (Monteverde)

The coffee tour takes participants on a journey through history. You will learn **the importance of coffee** in Costa Rica's past and current economy. You will walk through **the farm and factory** to see how the bean becomes the rich dark liquid that Costa Ricans love.

The famous **chocolate tour** is next. You will smell and taste different types of chocolate as your guide explains the cultural history behind the treat. The guide will also walk you through how the plant goes from seed to **pure ground cocoa**.



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## Day 4, 05 Mar 23



### Monteverde Cloud Forest Reserve, Guided Walking Tour

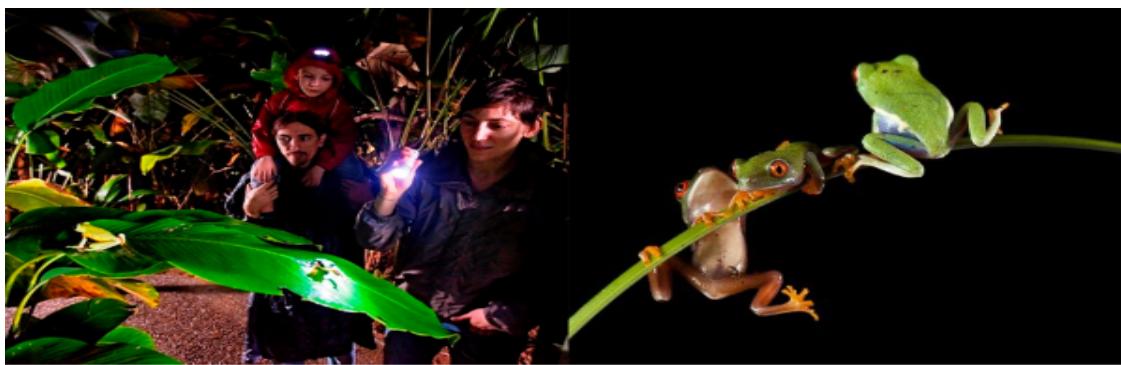
The tour is essentially a natural history walk in which you will learn about **the incredible diversity of flora and fauna** and many of the unique relationships various cloud forest species have with each other. Guides are equipped with a spotting telescope as well as binoculars and several informational guidebooks. Be sure to bring your cameras, as you can take pictures through the guide's scope. This walk normally takes about 3 hours.

The **Monteverde Cloud Forest Reserve** is where some of **the best-kept cloud forests** in all of Costa Rica can be found. It is a cloud forest, not a rainforest, due to its elevation of 4,724 feet (1,440 meters) above sea level.



### Night Walking Tour

This is a **night walk** through a private **cloud forest reserve** of approximately 2 hours. This is a slow walk ideal to observe the nightlife of the forest. You will be able to see **sloths, night birds, snakes, nocturnal insects, armadillos, tarantulas, scorpions**, among others. You will be provided with a flashlight. You will be accompanied by an experienced guide with great knowledge of the area.



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## Day 5, 06 Mar 23

 Shared Transfer from Monteverde to Arenal, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore. You will be picked up from your hotel in **Monteverde** to begin the impressive 1.5-hour journey down the mountainside on a steep road offering **stunning views** of the lush, green valley. Upon arrival at Lake Arenal, you will be met by a **covered boat**. This is where your scenic 45-minute cruise across the lake begins. Once reaching the opposite shore, you will be taken by van directly to your hotel in **La Fortuna**.

*IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.*



Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.

 Los Lagos Hotel Spa & Resort / Standard Room / Breakfast included

In: 06 Mar 2023 Out: 08 Mar 2023 (2 Nights)



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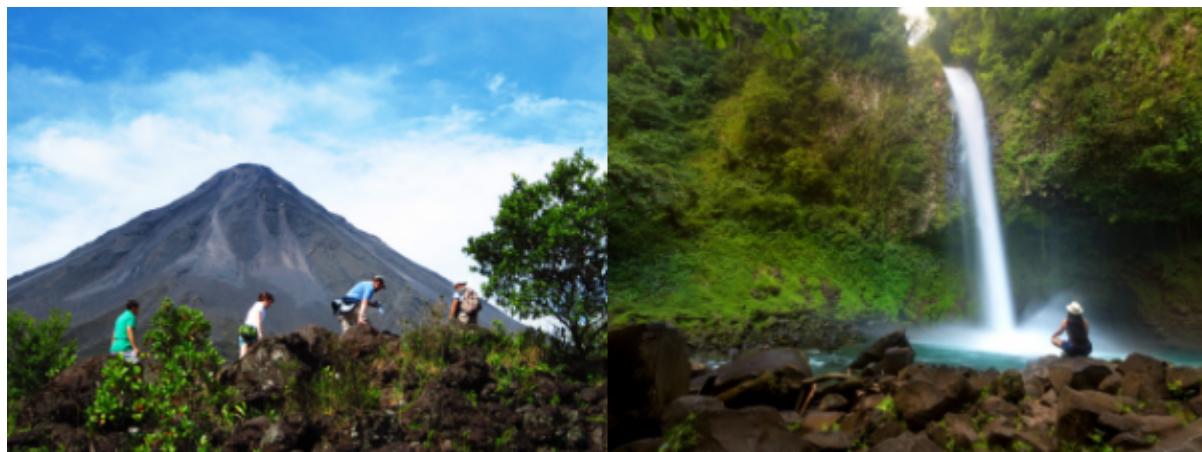
## Day 6, 07 Mar 23

 Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall / Lunch included

Start your day as you walk across the **Arenal Hanging Bridges** and see the jungle from high above the forest floor. These trails bring you as close as you would ever hope to see the rainforest and its inhabitants, as well as give you access to see **stunning views of the rainforest and mountains**.

After your adventure on the hanging bridges, you will head to the **Arenal Volcano National Park**. The trails are generally flat and not very strenuous, perfect for a **leisurely and informative guided walk**. Enjoy a delicious **lunch** at this point.

Then, you will finish the day at the stunning **La Fortuna Waterfall**. When you reach the entrance, you will have time to change into your bathing suit in case you want to cool off in the **cool pools that flow from the waterfall**. This is sure to be a good workout as there are 500 steps to get down to the waterfall, and 300 to get back up! When you reach the bottom, you'll have an opportunity to take lots of pictures and **swim in the cool waters** of one of the largest and most breathtaking waterfalls in Arenal!



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## Day 7, 08 Mar 23

 Canyoning in the Lost Canyon / Lunch included

You'll rappel down **huge waterfalls, jump into pools, zip down guided rappels, downclimb** the canyon walls and river boulders, and **hike up** through the **rainforest**.

Start the rappelling-leg of your canyoning journey with the first waterfall referred to as the "Baby", a small-sized 10 feet waterfall that allows you to ease your way into learning the ropes. You will soon reach what it's called the "Big Boy", the second largest waterfall. About half-way through your rappel, you'll hear the call to "LET GO!" a few moments later you'll experience your **first guided free fall!** Finally, you will get **the largest Lost Canyon challenge:** an exciting 200 feet waterfall rappel.

At the end of this tour, enjoy a **delicious typical lunch.**



 Private Transfer from Arenal to Liberia

Travel time: 2 hours and 45 minutes.

 Hilton Garden Inn Liberia Airport / Standard Room / Breakfast included  
In: 08 Mar 2023 Out: 09 Mar 2023 (1 Night)

## Day 8, 09 Mar 23

 Private Transportation from Liberia Hotel to Liberia Airport

Travel time: 20 minutes.



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## PRICE

Price per person	\$ 2,031.00
Total Price	\$ 4,062.00

### General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 02 Mar 23 to 09 Mar 23.

Valid quotation for 2 adults. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

## INCLUSIONS

### LODGING:

2 nights lodging in Samara Beach. Nammbu Beach Front Bungalows. (Breakfast included)

2 nights lodging in Monteverde Cloud Forest. El Establo Mountain Hotel. (Breakfast included)

2 nights lodging in Arenal Volcano. Los Lagos Hotel Spa & Resort. (Breakfast included)

1 night lodging in Liberia City. Hilton Garden Inn Liberia Airport. (Breakfast included)

### TRANSPORTATION & GUIDE SERVICES:

Private Transfer from Liberia to Samara Beach

Private Transfer from Samara to Monteverde

Shared Transfer from Monteverde to Arenal, Lake Crossing

Private Transfer from Arenal to Liberia

Private Transportation from Liberia Hotel to Liberia Airport

### ACTIVITIES & MEALS:

Ocean Kayak to Chora Island & Snorkeling in Samara Beach

Coffee & Chocolate Tour in Monteverde Cloud Forest

Guided Walking Tour in Monteverde Cloud Forest

Night Walking Tour in Monteverde Cloud Forest

Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall (Lunch included) in Arenal Volcano

Canyoning in the Lost Canyon (Lunch included) in Arenal Volcano

### OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.



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## LODGING DETAILS

Date In: 02 Mar 23

Date Out: 04 Mar 23

### Nammbu Beach Front Bungalows

Junior Suite with Breakfast included

Nammbu Beach Front is located in Carillo Beach, very close to Samara, is a family hotel, designed by the need to offer you an excellent service in a beach paradise! The hotel is featured by a high interest in the **conservation of the natural environment**. The hotel has a restaurant, **outdoor swimming pool**, a fitness center and bar. Featuring a **garden**, the 4-star hotel has air-conditioned rooms with free WiFi, each with a private bathroom. Some of the rooms have an amazing ocean view.



Date In: 04 Mar 23

Date Out: 06 Mar 23

### El Establo Mountain Hotel

Junior Suite with Breakfast included

El Establo Mountain Hotel is located in Monteverde, offering **rooms with balconies** and **views of Monteverde Cloud Forest**. This **family-run** hotel features 2 restaurants, a spa, and an outdoor swimming pool. The hotel is set in 150 acres of a **private farm** (of which 50% is protected forest). The hotel is a perfect position in Cerro Plano, between Monteverde Cloud Forest Reserve and the village of Santa Elena. Within walking distance are several restaurants, and attractions. El Establo's rooms have attractive décor and carpeted floors. Each room comes with a flat-screen TV and laptop safe box. You can enjoy a la carte Costa Rican cuisine in Las Riendas Restaurant. Laggus offers gourmet options and overlooks the Establo's lake and gardens.



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Date In: 06 Mar 23

Date Out: 08 Mar 23

## **Los Lagos Hotel Spa & Resort**

Standard Room with Breakfast included

This hotel is located next to **Arenal Volcano**, 6 km from La Fortuna. It offers a **natural hot spring**, outdoor adventure activities, a luxurious spa and **scenic volcano views**. The rooms of the Hotel Los Lagos Spa & Resort are **spacious and comfortable** and feature scenic views. The hotel's The Las Palmas Restaurant features gourmet, tropical dishes made with local produce. You can also enjoy a cocktail at the relaxing swim-up Lemnos Wet Bar **outdoor pool**.

The hotel offers many activities onsite, from canopy tours, to visits to **frog, butterfly and crocodile farms**. A 2.8 km walk takes you to a breathtaking viewpoint of the volcano.



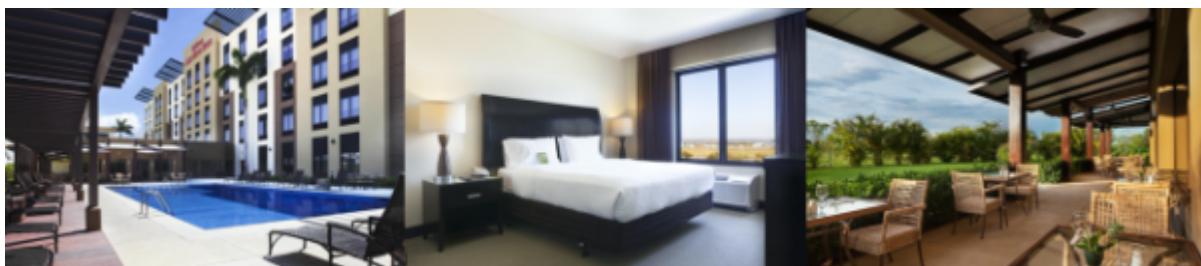
Date In: 08 Mar 23

Date Out: 09 Mar 23

## **Hilton Garden Inn Liberia Airport**

Standard Room with Breakfast included

Situated in Liberia, this hotel is located opposite **Daniel Oduber International Airport** (LIR) and features an international restaurant, **outdoor pool** and modern rooms with 32-inch LCD TV. A free **airport shuttle** is available on request. Decorated in neutral colors with dark wood furniture. A microwave and fridge are also provided. Hilton Garden Inn Liberia Airport has a **well-equipped gym** and a full-service **business center** with multiple computer stations.



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## EXCLUSIONS

Optional tours

Departure taxes (\$29 per person)

Meals not mentioned in the itinerary

Airfare

Tips

International Travel Insurance

COVID-19 test

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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