



Costa Rica

**Traveler: Laura Sutton x2 - 2nd
Version**

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica:** Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

| | |
|------------------------|-------------------------------|
| Traveler Name | Laura Sutton x2 - 2nd Version |
| Arrival date | 18 Mar 23 |
| Departure date | 30 Mar 23 |
| Number of participants | 2 adults |
| Quotation reference | BKFI102814 |

DESTINATIONS

| |
|-------------------------|
| San Jose, The Capital |
| Pacuare River |
| Puerto Viejo Beach |
| Arenal Volcano |
| Monteverde Cloud Forest |
| Samara Beach |
| San Jose, The Capital |



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DETAILED ITINERARY

Day 1, 18 Mar 23

 Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



San Jose

| | | | |
|-----------|-------------------|-------------|-------------|
| Elevation | 1,169 m / 3,835 f | Temperature | 24 C / 75 F |
|-----------|-------------------|-------------|-------------|

Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 San Jose Autentico Hotel / Standard Room / Breakfast included / 3 Stars
In: 18 Mar 2023 Out: 19 Mar 2023 (1 Night)

Day 2, 19 Mar 23



Pacuare River

| | | | |
|-----------|---------------|-------------|-------------|
| Elevation | 230 m / 755 f | Temperature | 27 C / 80 F |
|-----------|---------------|-------------|-------------|

The Pacuare River, or the Río Pacuare, flows approximately 108 kilometers (67 mi) to the Caribbean. It is a popular location for **whitewater rafting**, whitewater kayaking, and river boarding. The **rainforests** that surround the river are home to exotic animal species such as **jaguars, monkeys, ocelots**, and a very large number of birds. Also, it was considered one of the **5 nicest rivers to practice rafting**.



Exploradores Outdoors / 2 Days of Whitewater Rafting at Pacuare River / Full board / Specialty Lodge
In: 19 Mar 2023 Out: 20 Mar 2023



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The overnight Pacuare Adventure is a paddle and hike expedition. You will raft a variety of **exciting rapids**, and you will also hike to pristine waterfalls and primary jungles. This tour includes at least one hike a day, based on your athletic and adventure desires.

The first day you will run 13 kilometers (8 miles) of continuous class **III whitewater** for a total of **14 rapids**. Then you will arrive at the lodge located on the riverbanks, on time for **lunch**. Afternoon activities include various optional hikes, fishing in the river, or relaxing in a hammock. **Dinner** will be served at the lodge.

The second day begins with a hot, freshly brewed cup of Costa Rica's famous coffee. After a **heartly breakfast** is served and you pack your gear, the river descent continues. All of the **class IV rapids** are on this day, so now it is time to truly test the skills you learned on the previous day. The second day is significantly longer on the river, with 23 kilometers (14 miles) to travel and about **30 rapids**. Two stops are made, one for a nice exploratory hike and another one to have **lunch** on the river.

This tour finishes in Siquirres, at the operations center, where you can take a shower, change your clothes, and relax at the gardens. When you are ready, transportation will take you to your next destination.



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Day 3, 20 Mar 23



Puerto Viejo Limon

| | | | |
|-----------|-------------|-------------|-------------|
| Elevation | 10 m / 32 f | Temperature | 26 C / 70 F |
|-----------|-------------|-------------|-------------|

Puerto Viejo de Talamanca is located in the **south Caribbean**, it's a perfect destination for **beach lover** and travelers that want to know about **culture and traditions**. Puerto Viejo was a small fishing village, that has become a popular destination offering a wide variety of **restaurants and bars for vivid nightlife**.

With its relaxed atmosphere and its unique blend of **Latino, Afro-Caribbean and Bribri indigenous cultures**. Popular activities are snorkeling, hikes, cooking classes, surfing or just relax at the white sand beach. In the area, you can find the **Cahuita National Park** and the **Gandoca Manzanillo Wildlife Refuge** both places are ideal to admire the wildlife and the beautiful beaches.



🏠 La Costa de Papito Hotel / Bungalow / Breakfast included / Unassigned
In: 20 Mar 2023 Out: 22 Mar 2023 (2 Nights)



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Day 4, 21 Mar 23



Walk & Snorkel at Cahuita National Park / Lunch included

The snorkeling tour is a great way to explore **Cahuita's coral reef** surrounding the tip of the **National Park referred to as Punta Cahuita**. The reef in the National Park is filled with over 240 marine species including wildlife such as **tropical fish, mollusks, nurse sharks, turtles and lobsters**. The equipment will be provided during the **training session** before entering the boat. The boat will take you to the Cahuita National Park. From there **you will snorkel in two different locations to fully explore for around 2 hours**. While in the water you will follow a guide, a nature specialist, who will explain the **coral reef and the lush wildlife**.

After the adventure under the water, you will **explore the Cahuita National Park with an expert guide**, you will hike **from Punta Cahuita y Cahuita Town, 7kms**. In the walk you will be able to spot **wonderful trees and beautiful wildlife** such as sloths, capuchin monkey, howler monkey, species of snakes, some colorful birds and butterflies.



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Day 5, 22 Mar 23

 Shuttle Transfer from Puerto Viejo to Arenal Volcano / Travel time: 6 hours.



Arenal Volcano

| | | | |
|-----------|---------------|-------------|-------------|
| Elevation | 258 m / 845 f | Temperature | 28 C / 82 F |
|-----------|---------------|-------------|-------------|

La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



 Los Lagos Hotel Spa & Resort / Superior Room / Breakfast included / 4 Stars
In: 22 Mar 2023 Out: 25 Mar 2023 (3 Nights)

Day 7, 24 Mar 23



Canyoning in the Lost Canyon / Lunch included

You'll rappel down **huge waterfalls**, **jump into pools**, **zip down guided rappels**, **downclimb** the canyon walls and river boulders, and **hike up** through the **rainforest**.

Start the rappelling-leg of your canyoning journey with the first waterfall referred to as the "Baby", a small-sized 10 feet waterfall that allows you to ease your way into learning the ropes. You will soon reach what it's called the "Big Boy", the second largest waterfall. About half-way through your rappel, you'll hear the call to "LET GO!" a few moments later you'll experience your **first guided free fall!** Finally, you will get **the largest Lost Canyon challenge:** an exciting 200 feet waterfall rappel.

At the end of this tour, enjoy a **delicious typical lunch.**



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Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included

The Arenal Volcano Rainforest and Natural History along with the **breath-taken lava** flow will take you through lush rainforest along the base of Costa Rica's most famous volcano. Your experienced, bilingual naturalist guide will point out interesting **plants and wildlife** in the vibrant primary and secondary rainforest of the nature reserve that skirts the **Arenal Volcano 1968 Park**. You'll then arrive at the observation point of the Arenal Volcano -- this is the closest you can get to the base of the Arenal Volcano -- and the perfect vantage point to take remarkable photos of the Arenal Volcano. This hike takes about 1.5 to 2 hours.

Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



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Day 8, 25 Mar 23

Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.



Monteverde

| | | | |
|-----------|-------------------|-------------|-------------|
| Elevation | 1,543 m / 5,060 f | Temperature | 22 C / 71 F |
|-----------|-------------------|-------------|-------------|

Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air.

Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**

 Monteverde Villa Lodge / Cabin / Breakfast included / 3 Stars
In: 25 Mar 2023 Out: 27 Mar 2023 (2 Nights)



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Horseback Riding Tour in Monteverde

The **horseback riding** tour in Monteverde allows you to observe the activities of a traditional farm in Costa Rica, crossing **plantations of coffee, banana, sugar cane**, areas for livestock and forest; everything riding. Also, enjoy **the best panoramic views** of the Gulf of Nicoya and the magical mountains of the cloud forest. This tour is with excellent horses suitable for all ages.



Day 9, 26 Mar 23



Canopy Tour (Zip Line)

The tour is located in a private reserve created in 1994. It starts with a short guided walk through the private 70-acre reserve of the **cloud forest**. The first part of the tour will take you through primary (old growth), and secondary (new growth) forest. You will **fly through the treetops** listening closely to the vast variety of birds that can be seen throughout the reserve. Then, just when you think you have become one with the canopy the tour ends with an exhilarating **rappel down** from the "Scary Tree". The tour has **14 cables, 17 platforms, 1 rappel, and 1 Tarzan swing**.



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Day 10, 27 Mar 23

 Shuttle Transfer from Monteverde to Samara Beach / Travel time: 4 hours and 30 minutes.



Samara Beach

| | | | |
|-----------|------------|-------------|-------------|
| Elevation | 7 m / 22 f | Temperature | 30 C / 86 F |
|-----------|------------|-------------|-------------|

Samara Beach is located in the northwest part of the **Nicoya Peninsula**. Samara beach is one of the most **beautiful beaches** in Costa Rica inside a long crescent-shaped bay. Known for its breathtaking sunsets, great surfing waves and a healthy atmosphere, it's the ideal place to go for a low-key beach getaway.

The town is quite small, and you can easily walk to get around. Samara beach is perfect for **relaxing and swimming**. The west end has **better waves for surfing** and the east end is a bit calmer. On the west end of the beach is where the center of town is, it's much busier. You'll find restaurants, surf lessons, beach lounges, massages stands, bars and tour operators on the beach.



 Hotel Sol Samara / Standard Room / Breakfast included / 3 Stars
In: 27 Mar 2023 Out: 29 Mar 2023 (2 Nights)

Day 11, 28 Mar 23



Ocean Kayak to Chora Island & Snorkeling

This is some of the best **kayaking and snorkeling** in Costa Rica. Start from **Samara beach** and enjoy a kayak trip across the bay to a deserted **white sand beach** on **Isla Chora**. This island is a refreshing escape to an underwater world. Here, you are free to **snorkel with tropical fish**, splash in clear waters or simply sit and take in the rays. Bask in the balance of a tour that includes both holiday exercise and ease. A great opportunity to view the marine wildlife of Costa Rica's Pacific coast.



Day 12, 29 Mar 23



Shuttle Transfer from Samara to San Jose / Travel time: 5 hours and 30 minutes.



San Jose Autentico Hotel / Standard Room / Breakfast included / 3 Stars
In: 29 Mar 2023 Out: 30 Mar 2023 (1 Night)

Day 13, 30 Mar 23



Private Transfer OUT from Hotel to Airport

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



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PRICE

| | |
|------------------------------------|--------------------|
| Price per adult in twin occupancy. | \$ 2,137.00 |
| Total Price | \$ 4,274.00 |

General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 18 Mar 23 to 30 Mar 23.

Valid quotation for 2 adults, 0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

INCLUSIONS

LODGING:

- 1 night lodging in San Jose, The Capital. San Jose Autentico Hotel.(Breakfast included)
- 1 night lodging in Pacuare River. Exploradores Outdoors.(Full board)
- 2 nights lodging in Puerto Viejo Beach. La Costa de Papito Hotel.(Breakfast included)
- 3 nights lodging in Arenal Volcano. Los Lagos Hotel Spa & Resort.(Breakfast included)
- 2 nights lodging in Monteverde Cloud Forest. Monteverde Villa Lodge.(Breakfast included)
- 2 nights lodging in Samara Beach. Hotel Sol Samara.(Breakfast included)
- 1 night lodging in San Jose, The Capital. San Jose Autentico Hotel.(Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

- Private Transfer IN from Airport to Hotel
- Shuttle Transfer from Puerto Viejo to Arenal Volcano
- Shared Transfer from Arenal to Monteverde, Lake Crossing
- Shuttle Transfer from Monteverde to Samara Beach
- Shuttle Transfer from Samara to San Jose
- Private Transfer OUT from Hotel to Airport

ACTIVITIES & MEALS:

- Walk & Snorkel at Cahuita National Park (Lunch included) in Cahuita Beach
- Canyoning in the Lost Canyon (Lunch included) in Arenal Volcano
- Arenal Volcano Guided Walk and Entrance to Paradise Springs (Dinner included) in Arenal Volcano
- Horseback Riding Tour in Monteverde in Monteverde Cloud Forest
- Canopy Tour (Zip Line) in Monteverde Cloud Forest
- Ocean Kayak to Chora Island & Snorkeling in Samara Beach

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.



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LODGING DETAILS

Date In: 18 Mar 23

Date Out: 19 Mar 23

San Jose Autentico Hotel

Standard Room with Breakfast included

Autentico Hotel is located in **San Jose downtown**, 25 minutes away from the Juan Santamaria International Airport. It has a beautiful **outdoor pool** and a **restaurant**. The elegant and simple rooms here will provide you with air conditioning and cable TV. A coffee machine is also available. Featuring a shower, the private bathroom also comes with a hairdryer and free toiletries. Other facilities offered at the property include meeting facilities, luggage storage, and laundry facilities. The property offers **free parking**.



Date In: 19 Mar 23

Date Out: 20 Mar 23

Exploradores Outdoors

2 Days of Whitewater Rafting at Pacuare River with Full board

If you have an **overnight package**, you will have the opportunity to stay on the riverbanks of the **Pacuare River**. Exploradores Outdoors works with three different lodges of this area (the name will be confirmed one month before to the arrival). Located right next to the river in **the middle of primary forest**, they offer you safari-style facilities. Gardens are very well taken care of, perfectly blending with their surroundings. Modern toilets and showers are also available for your use. Each hotel provides **perfect "hanging out" space** and an **excellent view** of the river.



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Date In: 20 Mar 23

Date Out: 22 Mar 23

La Costa de Papito Hotel

Bungalow with Breakfast included

La Costa de Papito Hotel is a lush tropical Garden of Eden one and a half kilometers to the southeast of **Puerto Viejo** on the South Caribbean coast

The private tropical-style bungalows each have distinctive characters, and feature comfortable hand-crafted wood furniture and patios for relaxation surrounded by tropical garden. The "Que Rico Papito" restaurant is open for breakfast, lunch and dinner, and serves seafood and international-style cuisine. There is also a fully stocked bar



Date In: 22 Mar 23

Date Out: 25 Mar 23

Los Lagos Hotel Spa & Resort

Superior Room with Breakfast included

This hotel is located next to **Arenal Volcano**, 6 km from La Fortuna. It offers a **natural hot spring**, outdoor adventure activities, a luxurious spa and **scenic volcano views**. The rooms of the Hotel Los Lagos Spa & Resort are **spacious and comfortable** and feature scenic views. The hotel's The Las Palmas Restaurant features gourmet, tropical dishes made with local produce. You can also enjoy a cocktail at the relaxing swim-up Lemnos Wet Bar **outdoor pool**.

The hotel offers many activities onsite, from canopy tours, to visits to **frog, butterfly and crocodile farms**. A 2.8 km walk takes you to a breathtaking viewpoint of the volcano.



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Date In: 25 Mar 23

Date Out: 27 Mar 23

Monteverde Villa Lodge

Cabin with Breakfast included

Monteverde Villa Lodge nestled in the heart of Santa Elena Monteverde steps away from adventure tours, banks, restaurants, and the **Monteverde Cloud Forest Reserve**. This hotel is perfect for **families** looking for **local experiences**, and **nature-lover travelers**. This is a small hotel, run by a local rural family.



Date In: 27 Mar 23

Date Out: 29 Mar 23

Hotel Sol Samara

Standard Room with Breakfast included

Hotel Sol Samara features an **outdoor swimming pool**. Set in **gardens**, it offers suites with balconies and garden views. This hotel is located 100 meters from **Samara Beach**. Each spacious, **air-conditioned** room has **bright décor**. You can enjoy a range of Costa Rican cuisine in Hotel Sol Samara's restaurant. There is also a bar.



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Date In: 29 Mar 23

Date Out: 30 Mar 23

San Jose Autentico Hotel

Standard Room with Breakfast included

Autentico Hotel is located in **San Jose downtown**, 25 minutes away from the Juan Santamaria International Airport. It has a beautiful **outdoor pool** and a **restaurant**. The elegant and simple rooms here will provide you with air conditioning and cable TV. A coffee machine is also available. Featuring a shower, the private bathroom also comes with a hairdryer and free toiletries. Other facilities offered at the property include meeting facilities, luggage storage, and laundry facilities. The property offers **free parking**.



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EXCLUSIONS

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:
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