



Costa Rica

**Traveler: Sara Woodring 4x ARE-
MTV-MAN**

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica:** Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Sara Woodring 4x ARE-MTV-MAN
Arrival date	31 Mar 23
Departure date	08 Apr 23
Number of participants	4 adults
Quotation reference	BKFI102753

DESTINATIONS

San Jose, The Capital
Arenal Volcano
Monteverde Cloud Forest
Manuel Antonio Beach
San Jose, The Capital



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SUMMARY ITINERARY

Day 1, 31 Mar 23



Private Transfer from Airport to Hotel



Park Inn by Radisson San Jose Hotel / Standard Room / Breakfast included

In: 31 Mar 2023 Out: 01 Apr 2023

Day 2, 01 Apr 23



Private Transfer from San Jose to Arenal



Fortuna Downtown Boutique Hotel / Standard Room / Breakfast included

In: 01 Apr 2023 Out: 03 Apr 2023

Day 3, 02 Apr 23



Sloth Tour (Sloth Territory)



Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included

Day 4, 03 Apr 23



Shared Transfer from Arenal to Monteverde, Lake Crossing



Cala Lodge / Standard Room / Breakfast included

In: 03 Apr 2023 Out: 05 Apr 2023



Night Walking Tour

Day 5, 04 Apr 23



Monteverde Cloud Forest Reserve, Guided Walking Tour

Day 6, 05 Apr 23



El Trapiche Tour



Private Transfer from Monteverde to Manuel Antonio Beach



Hotel El Faro / Ocean View / Breakfast included



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In: 05 Apr 2023 Out: 07 Apr 2023

Day 7, 06 Apr 23



Manuel Antonio National Park Guided Walk

Day 8, 07 Apr 23



Private Transfer from Manuel Antonio to San Jose



Park Inn by Radisson San Jose Hotel / Standard Room / Breakfast included

In: 07 Apr 2023 Out: 08 Apr 2023

Day 9, 08 Apr 23



Private Transfer from Hotel to Airport



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DETAILED ITINERARY

Day 1, 31 Mar 23

 Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.

 Park Inn by Radisson San Jose Hotel / Standard Room / Breakfast included / 4 Stars
In: 31 Mar 2023 Out: 01 Apr 2023 (1 Night)

Day 2, 01 Apr 23

 Private Transfer from San Jose to Arenal

Travel time: 3 hours and 15 minutes.



Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🏠 Fortuna Downtown Boutique Hotel / Standard Room / Breakfast included / 3 Stars
In: 01 Apr 2023 Out: 03 Apr 2023 (2 Nights)

Day 3, 02 Apr 23

🚶 Sloth Tour (Sloth Territory)

The sweet smiling face of the **Costa Rican sloth** is rapidly becoming the iconic symbol of the country's amazing **rainforest wildlife**. All set, you will walk for about 1.2 kilometers through the beautiful rainforest looking for our lazy friend, the sloth.

You will be searching out both **2-toed** and **3-toed sloths**. Although similar, they have distinct differences. The 2-toed Sloth, being nocturnal, can be found sleeping high up in the treetops. More active during daytime hours, the 3-toed Sloth slowly moves through the branches eating leaves, often with a young sloth hugging on for the ride.

And as a bonus, you will also get great views of a **variety of birds, brightly-colored toucans, iguanas**, and more.



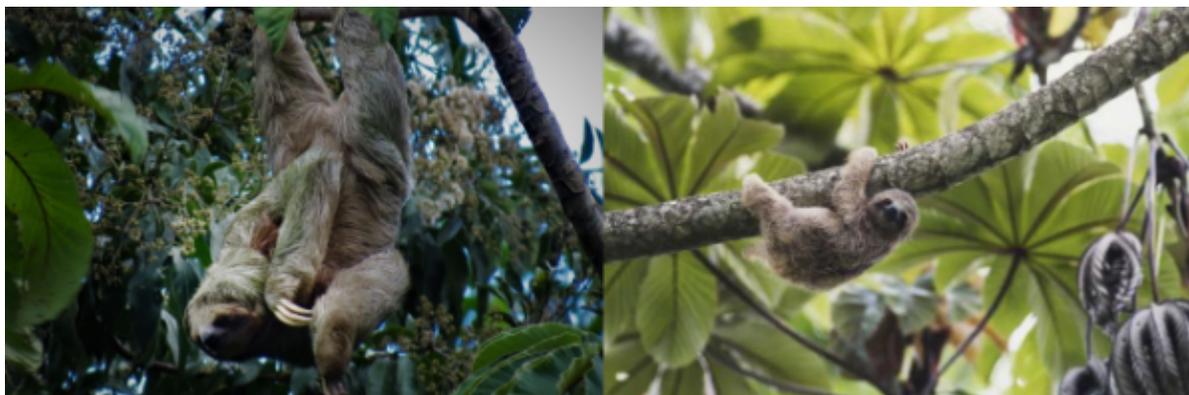
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Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included

The Arenal Volcano Rainforest and Natural History along with the **breath-taken lava** flow will take you through lush rainforest along the base of Costa Rica's most famous volcano. Your experienced, bilingual naturalist guide will point out interesting **plants and wildlife** in the vibrant primary and secondary rainforest of the nature reserve that skirts the **Arenal Volcano 1968 Park**. You'll then arrive at the observation point of the Arenal Volcano -- this is the closest you can get to the base of the Arenal Volcano -- and the perfect vantage point to take remarkable photos of the Arenal Volcano. This hike takes about 1.5 to 2 hours.

Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



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Day 4, 03 Apr 23

 Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore. You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.



Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



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🏠 Cala Lodge / Standard Room / Breakfast included / 3 Stars
In: 03 Apr 2023 Out: 05 Apr 2023 (2 Nights)

🚶 Night Walking Tour

This is a **night walk** through a private **cloud forest reserve** of approximately 2 hours. This is a slow walk ideal to observe the nightlife of the forest. You will be able to see **sloths, night birds, snakes, nocturnal insects, armadillos, tarantulas, scorpions**, among others. You will be provided with a flashlight. You will be accompanied by an experienced guide with great knowledge of the area.



Day 5, 04 Apr 23



Butterfly Garden Tour

Selvatura Park offers **one of the largest butterfly gardens** in the Americas, with an area of 300 feet long by 90 feet wide and 50 feet tall, a great dome structure covered by a special structure that helps control the temperature inside the garden, which enables our garden to host **more than 30 different species of butterflies** from different altitudes and climates found throughout Costa Rica.

While enjoying the **lush gardens** and **close contact** with the large butterfly population. The specialized guides offer an interesting tour that answers most questions regarding these beautiful creatures and their life cycles and individual habits as well as curious facts.



Hanging Bridges Guided Walking Tour

Today, you will have a guided walk through the **hanging bridges** of Monteverde. During this walk, your guide will help you to spot a wide variety of **flora and fauna** that can be found in the cloud forest. You'll cross **8 different bridges** with a total length of 3,5 kilometers! These trails bring you as close as you would ever hope to see the cloud forest and its inhabitants, as well as give you access to see **stunning views** of the cloud forest.



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Day 6, 05 Apr 23



El Trapiche Tour

You will learn more about the **production** of **coffee, chocolate** and **sugar cane candy**. During the tour, you will walk around a real Costa Rican **farm**. Your guide will show you all the steps of how the coffee, chocolate and sugar candy are made. You will even have the opportunity to **make your candy!**



Private Transfer from Monteverde to Manuel Antonio Beach

Travel time: 3 hours and 30 minutes.



Manuel Antonio

Elevation	20 m / 65 f	Temperature	28 C / 82 F
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Manuel Antonio is home to a namesake national park **full of unspoiled beaches** and **world-class views**. Enjoy adventures as diverse as **snorkeling** and **jungle hikes**. A great destination for families, **there's something for everyone** whether you have young children or college-bound teens. See a **variety of Costa Rica's animals** when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list.

Accommodation choices are plentiful, with **some of the country's most inspired** lodging options to choose from. Imagine the glittering, warm sand of a **pristine beach**; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.



🏠 Hotel El Faro / Ocean View / Breakfast included / Specialty Lodge
In: 05 Apr 2023 Out: 07 Apr 2023 (2 Nights)

Day 7, 06 Apr 23



Manuel Antonio National Park Guided Walk

The pace of this adventure is determined by the consensus of your group's abilities and interests. There is an **abundance of wildlife** you will want to stop and observe, all in its natural and **breathtaking habitat**. Watch **sloths** and numerous species of **monkeys** travel through the tree canopy as they hunt for nocturnal **silky anteaters** and several types of **non-poisonous snakes** resting in the **tropical rainforest**. Listen to the songs of the various **birds** as they glide above your group, curiously looking for adventure. At your convenience and leisure, you can stop and enjoy some local fresh fruits and refreshments as you pause to soak in the beautiful aesthetics. Enjoy some leisure time to **swim** at the pristine water of **the virgin beaches** inside of the national park, consider **the most beautiful beaches** of Costa Rica.



Day 8, 07 Apr 23



Private Transfer from Manuel Antonio to San Jose

Travel time: 3 hours.



Park Inn by Radisson San Jose Hotel / Standard Room / Breakfast included / 4 Stars
In: 07 Apr 2023 Out: 08 Apr 2023 (1 Night)

Day 9, 08 Apr 23



Private Transfer from Hotel to Airport

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



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PRICE

Total Price for 4 People

\$ 6,084.00

General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 31 Mar 23 to 08 Apr 23.

Valid quotation for 4 adults, 0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

INCLUSIONS

LODGING:

1 night lodging in San Jose, The Capital. Park Inn by Radisson San Jose Hotel.(Breakfast included)

2 nights lodging in Arenal Volcano. Fortuna Downtown Boutique Hotel.(Breakfast included)

2 nights lodging in Monteverde Cloud Forest. Cala Lodge.(Breakfast included)

2 nights lodging in Manuel Antonio Beach. Hotel El Faro.(Breakfast included)

1 night lodging in San Jose, The Capital. Park Inn by Radisson San Jose Hotel.(Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel (Transport + Guide)

Private Transfer from San Jose to Arenal

Shared Transfer from Arenal to Monteverde, Lake Crossing

Private Transfer from Monteverde to Manuel Antonio Beach

Private Transfer from Manuel Antonio to San Jose

Private Transfer OUT from Hotel to Airport (Transport + Guide)

ACTIVITIES & MEALS:

Sloth Tour (Sloth Territory) in Arenal Volcano

Arenal Volcano Guided Walk and Entrance to Paradise Springs (Dinner included) in Arenal Volcano

Night Walking Tour in Monteverde Cloud Forest

Monteverde Hanging Bridges, Monteverde Butterfly Garden

El Trapiche Tour in Monteverde Cloud Forest

Manuel Antonio National Park Guided Walk in Manuel Antonio Beach



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LODGING DETAILS

Date In: 31 Mar 23

Date Out: 01 Apr 23

Park Inn by Radisson San Jose Hotel

Standard Room with Breakfast included

The rooms at Park Inn San Jose are **air-conditioned** and feature a minibar, coffee maker and a flat-screen cable TV. The bathroom provides free toiletries. Rooms are decorated in a **modern style** with colorful accessories. This property is located only 500 meters from **Parque Metropolitano La Sabana Park** in central San Jose. It offers an outdoor pool, hot tub, and a fitness center. The restaurant serves **international-style cuisine**. Room service is also available.



Date In: 01 Apr 23

Date Out: 03 Apr 23

Fortuna Downtown Boutique Hotel

Standard Room with Breakfast included

Nestled in the heart of La Fortuna, and **shadowed by the Arenal Volcano**, lies the newly remodeled Fortuna Downtown Hotel. Unlike the country's coastal regions, the northern lowlands are lush with dense tropical forests, abundant wildlife, raging rivers and cascading waterfalls, thanks in large part to a larger accumulation of annual rainfall.

The rooms offer **basic décor**, air conditioning, cable TV and a **terrace or balcony**. The bathrooms are private and have shower.



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Date In: 03 Apr 23

Date Out: 05 Apr 23

Cala Lodge

Standard Room with Breakfast included

Cala Lodge is **surrounded by nature** and offers **stunning mountain views**, and it is a **family-run hotel**. The suites and rooms have a **rustic-style décor** and full bathrooms. Some may include a spa bath. The bed linen and towels are included. Cala Lodge is a unique **small hotel**, known for its peacefulness and for enjoying the cloud forest, as well as the personalized service for its visitors.



Date In: 05 Apr 23

Date Out: 07 Apr 23

Hotel El Faro

Ocean View with Breakfast included

Offering an infinity pool and free WiFi, El Faro Beach Hotel is located in Manuel Antonio, about a 100 m walk from the beachfront and 50 from Manuel Antonio National Park. This property is Costa Rica's only container hotel.

Each minimalist and modern accommodation will provide you with air conditioning. There is also a coffee machine available. Featuring a shower, the private bathroom also comes with a hairdryer. Guests can enjoy the sea and pool views from the rooms. Extras include a safety deposit box and bed linen.

At El Faro Beach Hotel you will find a terrace and a bar. Other facilities offered at the property include a tour desk, luggage storage, and laundry facilities. The property offers free parking.



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Date In: 07 Apr 23

Date Out: 08 Apr 23

Park Inn by Radisson San Jose Hotel

Standard Room with Breakfast included

The rooms at Park Inn San Jose are **air-conditioned** and feature a minibar, coffee maker and a flat-screen cable TV. The bathroom provides free toiletries. Rooms are decorated in a **modern style** with colorful accessories. This property is located only 500 meters from **Parque Metropolitano La Sabana Park** in central San Jose. It offers an outdoor pool, hot tub, and a fitness center. The restaurant serves **international-style cuisine**. Room service is also available.



EXCLUSIONS

- Optional tours
- Departure taxes (\$29 per person)
- Meals not mentioned in the itinerary
- Airfare
- Tips
- International Travel Insurance
- COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:
<https://www.greenworldadventures.com/terms/>



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