



Costa Rica

Traveler: Alison Cox

Date In: 17 Jul 23

Date Out: 31 Jul 23

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica:** Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Alison Cox
Arrival date	17 Jul 23
Departure date	31 Jul 23
Number of participants	2 adults + 2 children
Quotation reference	BKFI102702

DESTINATIONS

San Jose, The Capital
Celeste River & Tenorio Volcano
Arenal Volcano
Sarapiquí Rainforest
Turrialba Town
Los Santos Area
Uvita Beach



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

DETAILED ITINERARY

Day 1, 17 Jul 23



Hyundai Tucson IX35 4WD (or Similar) / SUV
intermediate 4WD, automatic transmission/ In: 17 Jul
2023 Out: 31 Jul 2023

PLI insurance (primary liability for third party
damages).



Requirements to rent a car:

- Valid passport to travel in Costa Rica.
- Valid license ID.
- Older than 23 years old (if you are older than 21 years old a license with 2 years of the expedition is required)
- Credit card (Visa, Master Card, AMEX). Debit cards and cash are not accepted.
- The rent a car company will charge you a refundable deposit of \$750 USD.



Baby Seat // In: 17 Jul 2023 Out: 31 Jul 2023



Booster Seat // In: 17 Jul 2023 Out: 31 Jul 2023



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
-----------	-------------------	-------------	-------------

Costa Rica’s capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city’s museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.



🏠 Hotel Bougainvillea / Standard Mountain View Room / Breakfast included / 4 Stars
 In: 17 Jul 2023 Out: 18 Jul 2023 (1 Night)

Day 2, 18 Jul 23



Celeste River

Elevation	662 m / 2,170 f	Temperature	25 C / 77 F
-----------	-----------------	-------------	-------------

If you're looking for a quiet getaway, you can visit **Bijagua de Upala**, a little village near the entrance of **Tenorio Volcano National Park**. As the gateway to **Celeste River**, an incredible sky-blue river, this little town has become more popular while keeping a very natural and rural feel with **stunning mountain scenery**, fantastic **bird watching**, and **charismatic locals**.

The Celeste River becomes blue at a point where two clear-water tributaries merge, at a point called El Teñidor. El Teñidor translates to "The Dyer" in English. Scientists have come up with numerous theories as to where the Celeste River gets its color. Most recently they have discovered that rocks at the bottom of the river have a mineral coating that includes silicon, oxygen, and aluminum. It is the size of these minerals, as well as the reflection of the sunlight, that gives the water its incredible hue.



🏠 Tenorio Lodge / Standard Room / Breakfast included / 3 Stars
In: 18 Jul 2023 Out: 20 Jul 2023 (2 Nights)

Day 3, 19 Jul 23



Walking Tour to Rio Celeste Waterfall / Entrance included

The Rio Celeste waterfall is near the **Tenorio and Miravalles Volcanoes**. You will begin a hike through the dense, lush, tropical rainforest that surrounds the **Tenorio National Park**. You and your nature guide can go at your own pace and you'll learn interesting things about the rainforest along the way.

Once **at Los Tenideros**, where two rivers come together, you'll be amazed at the celestial **turquoise blue water color** that comes from the waterfall. The celestial blue color is created when the minerals in the water: aluminum, silicon and oxygen are suspended in the water and refracts light from the sun so that the flow looks blue.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Day 4, 20 Jul 23



Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
-----------	---------------	-------------	-------------

La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🏠 Arenal Country Inn / Family Room / Breakfast included / 3 Stars
In: 20 Jul 2023 Out: 22 Jul 2023 (2 Nights)



Sloth Tour (Sloth Territory)

The sweet smiling face of the **Costa Rican sloth** is rapidly becoming the iconic symbol of the country's amazing **rainforest wildlife**. All set, you will walk for about 1.2 kilometers through the beautiful rainforest looking for our lazy friend, the sloth.

You will be searching out both **2-toed** and **3-toed sloths**. Although similar, they have distinct differences. The 2-toed Sloth, being nocturnal, can be found sleeping high up in the treetops. More active during daytime hours, the 3-toed Sloth slowly moves through the branches eating leaves, often with a young sloth hugging on for the ride.

And as a bonus, you will also get great views of a **variety of birds, brightly-colored toucans, iguanas**, and more.



Day 5, 21 Jul 23



Safari Float with Raft



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Day 6, 22 Jul 23



Sarapiqui

Elevation	140 m / 3,835 f	Temperature	32 C / 90 F
-----------	-----------------	-------------	-------------

Sarapiqui is located in the Heredia province and it has gain popularity because of the **rich biodiversity** as well for the **adventure activities** that can be done here. Surrounded by lush green forests and banana and cacao plantations, Sarapiqui was once just a small port town. Located at the junction of the Puerto Viejo River and Sarapiqui River.

In Sarapiqui, several private reserves can be found such as La Tirimbina, La Selva and many others making a great place to **admire nature and wildlife**. As one of Costa Rica's last remaining areas of primary rainforest, Sarapiquí is home to over half of the country's total species of birds. The species **diversity is astounding**, with more than 1,850 plants, 448 birds, 70 species of bat and five of Costa Rica's six felines.



🏠 Sarapiquis Rainforest Lodge / Standard Room / Breakfast included / 3 Stars
In: 22 Jul 2023 Out: 24 Jul 2023 (2 Nights)



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



Cooking Lessons / Lunch included /

This tour is a great opportunity to learn about **organic agriculture** where you can not only see the production technique but also have the experience of **harvesting** the different products in the field and turning them into **delicious traditional dishes of Costa Rican cuisine**. An ideal activity to share with family or friends since it is **100% experiential**. The local chef would provide the list of ingredients that you will need to prepare the menu of the day so that you can harvest them directly from the plant, then prepare and cook in a **traditional firewood kitchen** to later proceed to taste them.



Day 7, 23 Jul 23



Chocolate Tour

The cacao tree was originated in Mesoamerica and has a rich and extraordinary history. The tour includes a guided walk across the **Tirimbina hanging bridge** to an **old cacao plantation**, as well as through a forested section where you will observe how the product originally developed there. A guide will reveal the secrets of transforming cacao fruit into chocolate. You'll see the chocolate-making process first-hand and even have the opportunity to treat your taste buds to **real organic rainforest chocolate!**



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Day 8, 24 Jul 23



Butterfly Garden Tour / Lunch included

Pierrella Ecological Garden is a special place run by a **local family**, your host William and Krista will start the tour with a little history of the place and tell you all about how they reforest the property and the animals start coming and how all started.

Then you will visit the **butterfly garden** to learn everything about the different species and the complete metamorphosis. After learning about the butterflies, you will keep walking in the trails where your host is going to show you other animals such as **sloth, frogs, and insects.**

Then you will admire the garden and all the birds that come there. At the end of the tour, you will have a delicious typical lunch.



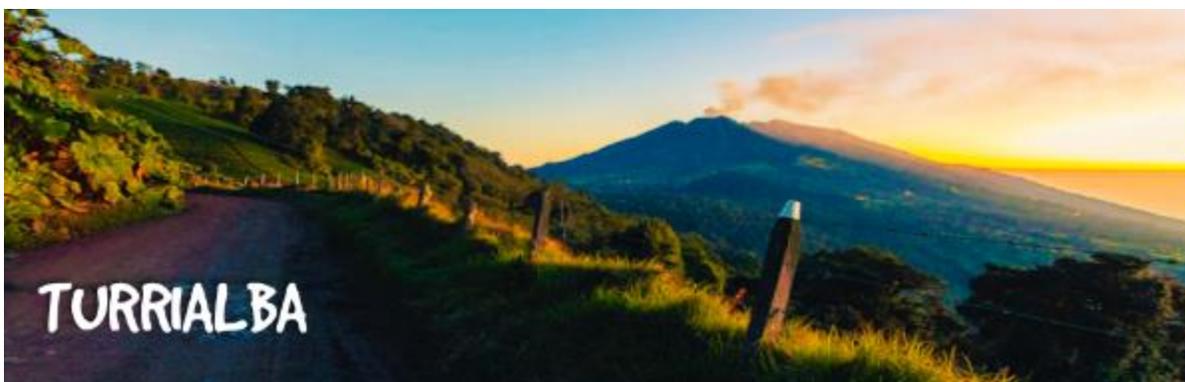
info@gwacr.com



www.greenworldadventures.com



+ (506) 2552-3269



Turrialba

Elevation	630 m / 2,067 f	Temperature	23 C / 74 F
-----------	-----------------	-------------	-------------

Located in the rural part of the Cartago Province, Turrialba combines a charming little town with amazing nature sites such as the Turrialba Volcano, which is currently active and regularly throwing ashes. **The Pacuare and Reventazon river**, perfect for whitewater rafting. The Pacuare river is considered a top river for this sport. Also, the most important **pre-colonial archeological site, Guayabo**, is located in Turrialba, Costa Rica's only pre-Columbian site that is open to public access, these ruins provide a fantastic insight into what life circa 1000 BC to 1400AD must have been like.

Turrialba is a farming town. Because they have a very interesting climate being near the Caribbean side in the Central Valley, you will see fields of lettuce, cilantro, sugar cane, coffee, and others. But one of the most famous products from Turrialba is their cheese.



🏠 Guayabo Lodge / Standard Room / Breakfast included / 3 Stars
In: 24 Jul 2023 Out: 26 Jul 2023 (2 Nights)

Day 9, 25 Jul 23

Free Day

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.

Day 10, 26 Jul 23



Los Santos

Elevation	2,400 m / 7,874 f	Temperature	19 C / 66 F
-----------	-------------------	-------------	-------------

Los Santos area sits in the **Talamanca Mountain Range** in highlands of south-central Costa Rica. Los Santos area is very special for several reasons, one of the most important is the **wildlife** that live here specially the birds. The high elevation of the area attracts woodpeckers, warblers, falcons, owls and quetzal. The other reason is the **high-quality coffee** produce in this land. Consider one of best coffee in the world you can delight with it when you visit a coffee plantation and a local coffee shop.

Los Santos area is home of **Los Quetzales National Park**, a perfect place for hiking and admiring the nature, avid hikers will get reward with stunning views.



🏠 Savegre Hotel Natural Reserve & Spa / Junior Suite / Breakfast included / 4 Stars
In: 26 Jul 2023 Out: 28 Jul 2023 (2 Nights)

Day 11, 27 Jul 23



Quetzal Birdwatching Tour

In San Gerardo de Dota, Savegre, you have the **best chance of finding and observing this spectacular Quetzal**. The Aztecs believed the Resplendent Quetzal was the representation of Quetzalcóatl, their supreme god. One of the naturalist guides will take you to the places where the quetzal feeds on aguacatillos, their favorite fruit. It only needs a few seconds of watching the quetzal to appreciate why it is considered to be the **most beautiful species** in the American continent.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Day 12, 28 Jul 23



Uvita

Elevation	20 m / 65 f	Temperature	26 C / 70 F
-----------	-------------	-------------	-------------

Located in the south Pacific of Costa Rica. Uvita is a small town, here are small shops, and souvenirs place. Nightlife is not big here in Uvita but there is still several bar and restaurant options. The town itself is spread out and stretches from the beach area and back into the **mountains**.

It is the primary entrance to the **incredibly beautiful Marino Ballena National Park** which protects both coastline and sea. The park is most well-known for the Humpback Whales that migrate here annually to rear their young. The backdrop for the area is just as spectacular with towering **lush green mountains** shrouded in clouds that quickly descend to sea level. Marino Ballena National Park is mostly a marine park. It was created to protect the **dolphins and whales**, which can be observed most of the year, with the exception of May and June. The best months are August, September, and October, followed by January and February.



🏠 Cusinga Lodge / Deluxe Suite, Ocean View / Breakfast included / 3 Stars PPlus
In: 28 Jul 2023 Out: 30 Jul 2023 (2 Nights)



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Day 13, 29 Jul 23

Free Day

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.

Day 14, 30 Jul 23

🏠 Hotel Bougainvillea / Standard Garden View Room / Breakfast included / 4 Stars
In: 30 Jul 2023 Out: 31 Jul 2023 (1 Night)

PRICE

Total Price

\$ 6,665.79

General Details of the Price

Prices are the total and in U.S. dollars.

These rates apply for traveling from 17 Jul 23 to 31 Jul 23.

Valid quotation for 2 adults, 2 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

INCLUSIONS

LODGING:

- 1 night lodging in San Jose, The Capital. Hotel Bougainvillea.(Breakfast included)
- 2 nights lodging in Celeste River & Tenorio Volcano. Tenorio Lodge.(Breakfast included)
- 2 nights lodging in Arenal Volcano. Arenal Country Inn.(Breakfast included)
- 2 nights lodging in Sarapiquí Rainforest. Sarapiquí Rainforest Lodge.(Breakfast included)
- 2 nights lodging in Turrialba Town. Guayabo Lodge.(Breakfast included)
- 2 nights lodging in Los Santos Area. Savegre Hotel Natural Reserve & Spa.(Breakfast included)
- 2 nights lodging in Uvita Beach. Cusinga Lodge.(Breakfast included)
- 1 night lodging in San Jose, The Capital. Hotel Bougainvillea.(Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

- 14 days of Hyundai Tucson IX35 4WD (or Similar) (SUV intermediate 4WD, automatic transmission)
- 14 days of Baby Seat
- 14 days of Booster Seat

ACTIVITIES & MEALS:

- Walking Tour to Rio Celeste Waterfall (Entrance included) in Celeste River & Tenorio Volcano
- Sloth Tour (Sloth Territory) in Arenal Volcano
- Safari Float with Raft in Arenal Volcano
- Cooking Lessons (Lunch included) in Sarapiquí Rainforest
- Chocolate Tour in Sarapiquí Rainforest
- Butterfly Garden Tour (Lunch included) in Sarapiquí Rainforest
- Quetzal Birdwatching Tour in Los Santos Area

OTHER:

- VAT
- 24/7 professional logistics support during your trip in Costa Rica.



LODGING DETAILS

Date In: 17 Jul 23

Date Out: 18 Jul 23

Hotel Bougainvillea

Standard Mountain View Room with Breakfast included

Set within lush tropical gardens just 30 minutes away from Juan Santamaria International Airport, Hotel Bougainvillea offers a **large outdoor pool**, tennis courts and a gym. Rooms have balconies overlooking the gardens or city. The hotel's **beautiful gardens** are home to a huge range of native Costa Rican trees and flowers. You can also spot wild hummingbirds and frogs. Each room at Hotel Bougainvillea offers free Wi-Fi, flat-screen cable TV, a ceiling fan and a coffee maker. The restaurant serves **international fusion cuisine** in stylish surroundings. There are **fantastic garden views** from the lounge bar.



Date In: 18 Jul 23

Date Out: 20 Jul 23

Tenorio Lodge

Standard Room with Breakfast included

Featuring 2 **hot tubs** and free parking, Tenorio Lodge is located between the **Tenorio and Miravalles volcanoes** and only 12 km away from the Tenorio Volcano National Park and Rio Celeste River.

Each bungalow has **views towards the Tenorio volcano** and are spacious with queen and king size beds, fans, seating areas and private bathrooms with hot water. Breakfast is served daily, international dishes can be ordered at the restaurant, and drinks can be enjoyed at the bar and the deck. Guests can rent bikes or horseback riding to explore the Bijagua Valley, 3 km away and observe birds, learn about native trees and then take a dip in one of the two **red cedar hot tubs** to relax.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Date In: 20 Jul 23

Date Out: 22 Jul 23

Arenal Country Inn

Family Room with Breakfast included

Arenal Country Inn is a **safe and comfortable place for travelers**, to enjoy the Costa Rican countryside. Only a kilometer from the La Fortuna town center, this is a great location **for exploring the majestic Arenal Volcano and adventure activities in the Northern Lowlands**. Arenal Country Inn offers an opportunity to experience the rural Costa Rican lifestyle.

Whether waking up in one of the comfortable beds or strolling through the property's several **walking trails**, the sounds of **toucans, parrots and other tropical birds create the perfect musical backdrop**. Walking through the grounds provides the opportunity to see a range of other **Costa Rican wildlife** as well, including beautiful butterflies, monkeys, sloths and much more.



Date In: 22 Jul 23

Date Out: 24 Jul 23

Sarapiquis Rainforest Lodge

Standard Room with Breakfast included

Offering an on-site restaurant and **Palenque-style design**, Sarapiquis Rainforest Lodge is located in Heredia. It offers an outdoor **swimming pool**, free Wi-Fi and a tour desk. Each spacious room at this **tropical property** boasts bright décor and comes equipped with tiled floors, nightstands and a private bathroom with a shower and toilet. Guests can find off-site dining options, including restaurants serving **international cuisine**, within just 3 km of the property.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Date In: 24 Jul 23

Date Out: 26 Jul 23

Guayabo Lodge

Standard Room with Breakfast included

Located on the hills and surrounded by nature, Guayabo Lodge offers **stunning views of Turrialba Valley and its volcano**, a furnished terrace and massage treatments. Free Wi-Fi throughout is available. The rooms and suites feature **rustic décor**, wooden furniture, heating and a private bathroom. All come with a desk and safety box. The suites also offer kitchenette with microwave, fridge and minibar.

The Guayabo Lodge's restaurant serves international cuisine and Caribbean food. Bar service is also available. You can arrange activities such as **hiking, biking, horseback riding and adventure tours**. This property is 10 km from **Guayabo Archaeological Park** and **15 km from Pacuare River**.



Date In: 26 Jul 23

Date Out: 28 Jul 23

Savegre Hotel Natural Reserve & Spa

Junior Suite with Breakfast included

The Savegre Mountain Hotel, is located in San Gerardo de Dota, a small community in the Talamanca mountains in the midst of a beautiful ecosystem. Here, you will find a deep cloud forest filled with massive oaks and other native species. The woods serve as a sanctuary for a large number of mammals and innumerable species of insects, amphibians, amazing plants and colorful birds, a **paradise for birdwatchers**.

The hotel is run by the Chacon Family, whom arrived in Savegre in 1954 and were the first pioneers settling down in this valley. Over **170 bird species** have been observed in the area and its multiple hiking trails in the **Cloud Forest**. This is known as one of the best places in the country to **observe quetzals**, who live here year-round.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Date In: 28 Jul 23

Date Out: 30 Jul 23

Cusinga Lodge

Deluxe Suite, Ocean View with Breakfast included

La Cusinga Lodge is located in Uvita de Osa, **a short 10-minute walk from Playa Arco beach and next to Ballena Marine National Park.** La Cusinga Lodge is a **luxury eco-lodge** dedicated to the satisfaction of its guests and the conservation of the natural environment. **All electricity is generated from solar and hydroelectric power,** and the food served in the restaurant is supplied by both **local organic growers and the lodge's own garden.** Accommodations consist of **private cabins** that are elegantly designed with hardwood furnishings and decorated with local artwork.

La Cusinga Lodge features over **600 acres of property with hiking trails leading to secluded beaches.**

If you are **seeking relaxation,** you will enjoy cleansing yoga courses or trips to the lodge's spa, which offers massages, haircuts, pedicures and manicures.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Date In: 30 Jul 23

Date Out: 31 Jul 23

Hotel Bougainvillea

Standard Garden View Room with Breakfast included

Set within lush tropical gardens just 30 minutes away from Juan Santamaria International Airport, Hotel Bougainvillea offers a **large outdoor pool**, tennis courts and a gym. Rooms have balconies overlooking the gardens or city. The hotel's **beautiful gardens** are home to a huge range of native Costa Rican trees and flowers. You can also spot wild hummingbirds and frogs. Each room at Hotel Bougainvillea offers free Wi-Fi, flat-screen cable TV, a ceiling fan and a coffee maker. The restaurant serves **international fusion cuisine** in stylish surroundings. There are **fantastic garden views** from the lounge bar.



EXCLUSIONS

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:
<https://www.greenworldadventures.com/terms/>



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269