

Costa Rica

**Traveler: Kelly Laviolette - 2nd
version**

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica:** Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Kelly Laviolette - 2nd version
Arrival date	12 Jun 23
Departure date	19 Jun 23
Number of participants	4 adults
Quotation reference	BKFI102937

DESTINATIONS

San Jose, The Capital
Arenal Volcano
Monteverde Cloud Forest
Jaco Beach

DETAILED ITINERARY

Day 1, 12 Jun 23



San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
-----------	-------------------	-------------	-------------

Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas. In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.

 Country Inn & Suites by Radisson San Jose / Junior Suite / Breakfast included / 4 Stars

In: 12 Jun 2023 Out: 13 Jun 2023 (1 Night)



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Day 2, 13 Jun 23



Whitewater Rafting at Pacuare River. Different Drop Off / Breakfast and lunch included

You will be picked up from your San Jose area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
-----------	---------------	-------------	-------------

La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🚩 Arenal Manoa & Hot Springs Resort / Junior Suite / Breakfast included / 4 Stars
 In: 13 Jun 2023 Out: 15 Jun 2023 (2 Nights)

Day 3, 14 Jun 23



Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included

The Arenal Volcano Rainforest and Natural History along with the **breath-taken lava** flow will take you through lush rainforest along the base of Costa Rica's most famous volcano. Your experienced, bilingual naturalist guide will point out interesting **plants and wildlife** in the vibrant primary and secondary rainforest of the nature reserve that skirts the **Arenal Volcano 1968 Park**. You'll then arrive at the observation point of the Arenal Volcano -- this is the closest you can get to the base of the Arenal Volcano -- and the perfect vantage point to take remarkable photos of the Arenal Volcano. This hike takes about 1.5 to 2 hours.

Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Day 4, 15 Jun 23

 Shared Transfer from Arenal to Monteverde, Lake Crossing / / Shuttle Service

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.




Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
-----------	-------------------	-------------	-------------

Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air.

Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**

 Hotel Poco a Poco / Standard Bromelia Room / Breakfast included / 4 Stars
In: 15 Jun 2023 Out: 17 Jun 2023 (2 Nights)



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



Horseback Riding Tour in Monteverde

The **horseback riding** tour in Monteverde allows you to observe the activities of a traditional farm in Costa Rica, crossing **plantations of coffee, banana, sugar cane**, areas for livestock and forest; everything riding. Also, enjoy **the best panoramic views** of the Gulf of Nicoya and the magical mountains of the cloud forest. This tour is with excellent horses suitable for all ages.



Day 5, 16 Jun 23



Hanging Bridges, Guided Walking Tour

The tour begins at the reception where a bilingual guide will welcome you and accompany you during the whole trajectory helping you discover the animals and the plants more interesting that habit in **the exuberant cloud forest**. The tour, which is 3 kilometers approximately, consists of a combination of trails and **seven bridges** where you will have the opportunity to explore all the levels of the cloud forest, as well as the habitats of every single one, starting from the ground and **getting to the top of the great trees**.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269



Canopy Tour

The canopy tour (also called zip line) is **the most popular Costa Rican adventure tour**. Enjoy a fantastic day of **zip lining, and riding a giant swing** in the beautiful cloud forest setting. Experience a unique perspective of the forest as you glide over the beautiful Costa Rican landscape. While the **nine zip lines** are sure to amaze you, the real thrill comes from **two superman zip lines**, including **the longest zip line in Costa Rica!** Swing like Tarzan on a **mega swing**, float down a rappel and keep your balance on a **hammock bridge**. Everything is included in the same tour. The maximum weight for a person to participate in the tour is 240 pounds.



info@gwacr.com




www.greenworldadventures.com



+(506) 2552-3269

Day 6, 17 Jun 23

 Private Transfer from Monteverde to Jaco Beach / Travel time: 2 hours and 15 minutes.




Jaco Beach

Elevation	10 m / 35 f	Temperature	30 C / 86 F
-----------	-------------	-------------	-------------

Much like Costa Rica's metropolitan areas, Jaco offers most services, such as a post office, health center and branches of major banks. Furthermore, there is an **abundance of surf shops**, hotels, and restaurants **affordable for budget travelers** as well as those wishing to live a bit **more luxuriously**. Activities include **surfing, swimming, deep-sea fishing, ATV tours, bicycle rentals, horseback excursions, crocodile safari, national parks and reserves, boat and kayak excursions, white-water rafting, canopy tours**, and popular nightlife. With all, there is to offer it is no wonder Jaco is as popular as ever.



 Croc's Resort & Casino / Deluxe Room, Ocean View with Balcony / Breakfast included / 4 Stars Plus
In: 17 Jun 2023 Out: 19 Jun 2023 (2 Nights)

Day 7, 18 Jun 23

Free Day

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.

Day 8, 19 Jun 23



Private Transfer from Jaco Beach to San Jose / Travel time: 2 hours.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

PRICE

Price per person in Quadruple Occupancy	\$ 1,289.00
Total Price	\$ 5,156.00

General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 12 Jun 23 to 19 Jun 23.

Valid quotation for 4 adults, 0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

INCLUSIONS

LODGING:

1 night/s lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose. (Breakfast included)

2 night/s lodging in Arenal Volcano. Arenal Manoa & Hot Springs Resort. (Breakfast included)

2 night/s lodging in Monteverde Cloud Forest. Hotel Poco a Poco. (Breakfast included)

2 night/s lodging in Jaco Beach. Croc's Resort & Casino. (Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel (Transport + Guide)

Shared Transfer from Arenal to Monteverde, Lake Crossing

Private Transfer from Monteverde to Jaco Beach

Private Transfer from Jaco Beach to San Jose

ACTIVITIES & MEALS:

Whitewater Rafting at Pacuare River. Different Drop Off (Breakfast and lunch included) in San Jose, The Capital

Arenal Volcano Guided Walk and Entrance to Paradise Springs (Dinner included) in Arenal Volcano

Horseback Riding Tour in Monteverde in Monteverde Cloud Forest

Hanging Bridges, Guided Walking Tour in Monteverde Cloud Forest

Canopy Tour (2023) in Monteverde Cloud Forest

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

LODGING DETAILS

Date In: 12 Jun 23

Date Out: 13 Jun 23

Country Inn & Suites by Radisson San Jose

Junior Suite with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



Date In: 13 Jun 23

Date Out: 15 Jun 23

Arenal Manoa & Hot Springs Resort

Junior Suite with Breakfast included

Located in **Arenal Volcano area**, the hotel offers an extensive garden, a sun terrace with **swimming pool**, spa treatments and free Wi-Fi throughout, this hotel is 10 minutes' drive from the Arenal Volcano National Park and from La Fortuna Town Center.

Guests can take advantage of the **spacious gardens** for walking and meditation as well as the opportunities to see the daily operations of a **typical Costa Rican farm**.

The suites offer modern décor, air conditioning, a desk, a safety box, and satellite TV. Some of them have a terrace with **Arenal Volcano views**.

The rooms have been designed so that each one offers a **panoramic view** of the volcano.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

Date In: 15 Jun 23

Date Out: 17 Jun 23

Hotel Poco a Poco

Standard Bromelia Room with Breakfast included

Hotel Poco a Poco is the **perfect place** to stay while in Monteverde. Nearby tourist attractions such as the **Monteverde Cloud Forest Reserve** and the **breathtaking landscape** give you plenty of opportunities to explore. Hotel Poco a Poco offers rooms that are **stylish and spacious**, and they can accommodate parties of many sizes. Each room is designed to create an atmosphere of **privacy** and comfort. The lounge area is also full of places to rest and enjoy the **wonderful weather**.

The Naroa spa is a popular location, where you can focus completely on **relaxing**. Trained specialists use highly-certified professional spa and **beauty products**, and they offer both **massages and wellness treatments**. Organic goods and flowers grown in Monteverde are used, which ultimately helps develop the industry of the town.



Date In: 17 Jun 23

Date Out: 19 Jun 23

Croc's Resort & Casino

Deluxe Room, Ocean View with Balcony with Breakfast included

Croc's is a luxurious, **full-service resort**, situated ocean-front on the quiet end of Jaco Beach, Costa Rica. You will have spectacular views of the **Pacific Ocean, surrounding valley, and mountains**.



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269

EXCLUSIONS

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:
<https://www.greenworldadventures.com/terms/>



info@gwacr.com



www.greenworldadventures.com



+(506) 2552-3269