

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**:
Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	Claire Block x1
Arrival date	05 Apr 23
Departure date	12 Apr 23
Number of participants	1 adults
Quotation reference	BKFI102939

DESTINATIONS

Arenal Volcano	
Monteverde Cloud Forest	
Manuel Antonio Beach	
San Jose, The Capital	





SUMMARY ITINERARY

Day 1, 05 Apr 23

Private Transfer from San Jose to Arenal

Arenal Country Inn / Standard Room / Breakfast included In: 05 Apr 2023 Out: 07 Apr 2023

Day 2, 06 Apr 23

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Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall / Lunch included

Day 3, 07 Apr 23

Shared Transfer from Arenal to Monteverde, Lake Crossing

Hotel de Montaña Monteverde / Superior Room / Breakfast included In: 07 Apr 2023 Out: 09 Apr 2023

Day 4, 08 Apr 23

Monteverde Cloud Forest Reserve, Guided Walking Tour

Day 5, 09 Apr 23

Shuttle Transfer from Monteverde to Manuel Antonio Beach

Karahe Hotel / Beachfront Superior Room / Breakfast included In: 09 Apr 2023 Out: 11 Apr 2023

Day 6, 10 Apr 23

Manuel Antonio National Park Guided Walk

Sea Kayak & Snorkel / Lunch included

Day 7, 11 Apr 23

Shuttle Transfer from Manuel Antonio to San Jose

Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included In: 11 Apr 2023 Out: 12 Apr 2023

Day 8, 12 Apr 23

Private Transfer OUT from Hotel to Airport







DETAILED ITINERARY

Day 1, 05 Apr 23

Private Transfer from San Jose to Arenal

Travel time: 3 hours and 15 minutes.



Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers.** Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



Arenal Country Inn / Standard Room / Breakfast included / 3 Stars In: 05 Apr 2023 Out: 07 Apr 2023 (2 Nights)





Day 2, 06 Apr 23



Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall

Start your day as you walk across the **Arenal Hanging Bridges** and see the jungle from high above the forest floor. These trails bring you as close as you would ever hope to see the rainforest and its inhabitants, as well as give you access to see **stunning views of the rainforest and mountains**.

After your adventure on the hanging bridges, you will head to the **Arenal Volcano National Park**. The trails are generally flat and not very strenuous, perfect for a **leisurely and informative guided walk**. Enjoy a delicious **lunch** at this point.

Then, you will finish the day at the stunning **La Fortuna Waterfall**. When you reach the entrance, you will have time to change into your bathing suit in case you want to cool off in the **cool pools that flow from the waterfall**. This is sure to be a good workout as there are 500 steps to get to the down to the waterfall, and 300 to get back up! When you reach the bottom, you'll have an opportunity to take lots of pictures and **swim in the cool waters** of one of the largest and most breathtaking waterfalls in Arenal!





Day 3, 07 Apr 23



Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore.

You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.

IMPORTANT: Passengers should expect to carry their bags/luggage to and from the boat. Drivers will do their best to help if you have any problems with carrying heavy bags. Just let them know in advance.





Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



Hotel de Montaña Monteverde / Superior Room / Breakfast included / 3 Stars In: 07 Apr 2023 Out: 09 Apr 2023 (2 Nights)



Day 4, 08 Apr 23



Monteverde Cloud Forest Reserve, Guided Walking Tour

The tour is essentially a natural history walk in which you will learn about **the incredible diversity of flora and fauna** and many of the unique relationships various cloud forest species have with each other. Guides are equipped with a spotting telescope as well as binoculars and several informational guidebooks. Be sure to bring your cameras, as you can take pictures through the guide's scope. This walk normally takes about 3 hours.

The **Monteverde Cloud Forest Reserve** is where some of **the best-kept cloud forests** in all of Costa Rica can be found. It is a cloud forest, not a rainforest, due to its elevation of 4,724 feet (1,440 meters) above sea level.



Day 5, 09 Apr 23



Shuttle Transfer from Monteverde to Manuel Antonio Beach

Travel time: 4 hours.







Manuel Antonio

Elevation 20 m / 65	Temperature	28 C / 82 F
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Manuel Antonio is home to a namesake national park **full of unspoiled beaches** and **world-class views**. Enjoy adventures as diverse as **snorkeling** and **jungle hikes**. A great destination for families, **there's something for everyone** whether you have young children or college-bound teens. See a **variety of Costa Rica's animals** when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list.

Accommodation choices are plentiful, with **some of the country's most inspired** lodging options to choose from. Imagine the glittering, warm sand of a **pristine beach**; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.



Karahe Hotel / Beachfront Superior Room / Breakfast included / 3 Stars In: 09 Apr 2023 Out: 11 Apr 2023 (2 Nights)





Day 6, 10 Apr 23



Manuel Antonio National Park Guided Walk

The pace of this adventure is determined by the consensus of your group's abilities and interests. There is an **abundance of wildlife** you will want to stop and observe, all in its natural and **breathtaking habitat**. Watch **sloths** and numerous species of **monkeys** travel through the tree canopy as they hunt for nocturnal **silky anteaters** and several types of **non-poisonous snakes** resting in the **tropical rainforest**. Listen to the songs of the various **birds** as they glide above your group, curiously looking for adventure. At your convenience and leisure, you can stop and enjoy some local fresh fruits and refreshments as you pause to soak in the beautiful aesthetics. Enjoy some leisure time to **swim** at the pristine water of **the virgin beaches** inside of the national park, consider **the most beautiful beaches** of Costa Rica.





Sea Kayak & Snorkel / Lunch included

Whether you are an individual, a group, or an adventurous family, this challenging yet gratifying **ocean paddling** adventure is just what you are looking for. Indulge yourselves at a rare jewel of a beach for a **refreshing swim** and delicious local snacks. Allow your bilingual naturalist guide to direct you to **the best snorkeling** spots as you experience three actively astounding **coral reef systems** nestled very close to the shore of **Biezans Bay**. After an unforgettable experience at Biezans, continue paddling, if you choose to do so, towards Manuel Antonio National Park and admire the nearby nesting islands. And finally, end your adventure with **lunch** near the beach at a local restaurant.





Day 7, 11 Apr 23

Shuttle Transfer from Manuel Antonio to San Jose

Travel time: 4 hours and 30 minutes.

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Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars

In: 11 Apr 2023 Out: 12 Apr 2023 (1 Night)

Day 8, 12 Apr 23



Private Transfer OUT from Hotel to Airport

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.

PRICE

Total Price \$ 2,769.44

General Details of the Price

Total price is in U.S. dollars.

These rates apply for traveling from 05 Apr 23 to 12 Apr 23.

Valid quotation for 1 adults,0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.



INCLUSIONS

LODGING:

- 2 nights lodging in Arenal Volcano. Arenal Country Inn.(Breakfast included)
- 2 nights lodging in Monteverde Cloud Forest. Hotel de Montaña Monteverde.(Breakfast included)
- 2 nights lodging in Manuel Antonio Beach. Karahe Hotel.(Breakfast included)
- 1 night lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose. (Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer from San Jose to Arenal

Shared Transfer from Arenal to Monteverde, Lake Crossing

Shuttle Transfer from Monteverde to Manuel Antonio Beach

Shuttle Transfer from Manuel Antonio to San Jose

Private Transfer OUT from Hotel to Airport

ACTIVITIES & MEALS:

Combo: Hanging Bridges, Volcano Walk, La Fortuna Waterfall (Lunch included) in Arenal Volcano

Monteverde Cloud Forest Reserve, Guided Walking Tour in Monteverde Cloud Forest Manuel Antonio National Park Guided Walk in Manuel Antonio Beach Sea Kayak & Snorkel (Lunch included) in Manuel Antonio Beach

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.







LODGING DETAILS

Date In: 05 Apr 23 Date Out: 07 Apr 23

Arenal Country Inn

Standard Room with Breakfast included

Arenal Country Inn is a safe and comfortable place for travelers, to enjoy the Costa Rican countryside. Only a kilometer from the La Fortuna town center, this is a great location for exploring the majestic Arenal Volcano and adventure activities in the Northern Lowlands. Arenal Country Inn offers an opportunity to experience the rural Costa Rican lifestyle.

Whether waking up in one of the comfortable beds or strolling through the property's several walking trails, the sounds of toucans, parrots and other tropical birds create the perfect musical backdrop. Walking through the grounds provides the opportunity to see a range of other Costa Rican wildlife as well, including beautiful butterflies, monkeys, sloths and much more.





Date In: 07 Apr 23 Date Out: 09 Apr 23

Hotel de Montaña Monteverde

Superior Room with Breakfast included

Located in the Province of Puntarenas at 4.500 Feet above sea level, Hotel de Montana Monteverde offers comfortable rooms as well as a Jacuzzi, Sauna, Conference Room, internet, Bar, and Restaurant which offers the special flavor and charm of home-cooked Costa Rican cuisine. Adjacent to the hotel is a 15-acres private forest, offering excellent views and trails, including a small pond for the guest's enjoyment.



Date In: 09 Apr 23 Date Out: 11 Apr 23

Karahe Hotel

Beachfront Superior Room with Breakfast included

With **direct access** to Espadilla Beach, this **tropical-style** hotel in Manuel Antonio offers guests an on-site restaurant and spacious private **jungle bungalows**. Every room is furnished with **air conditioning**, a safe and a coffee machine. Certain rooms include **sea views**.

The on-site restaurant serves breakfast every day, and guests can order a la carte international food for lunch and dinner.

Activities like surfing, canopy tours and kayaking can be arranged by the hotel, and **Manuel Antonio National Park** is only 1km from Hotel Karahe.





Date In: 11 Apr 23 Date Out: 12 Apr 23

Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



EXCLUSIONS

Optional tours
Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance
COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website: https://www.greenworldadventures.com/terms/

