



Costa Rica

Traveler: John Arms x3

Date In: 28 Dec 23

Date Out: 10 Jan 24

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP

Traveler Name	John Arms x3
Arrival date	28 Dec 23
Departure date	10 Jan 24
Number of participants	3 adults + 0 children
Quotation reference	BKFI103065

DESTINATIONS

San Jose, The Capital
Tortuguero National Park
Puerto Viejo Beach
Arenal Volcano
Monteverde Cloud Forest
Uvita Beach



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SUMMARY ITINERARY

Day 1, 28 Dec 23

 Private Transfer IN from Airport to Hotel

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included
In: 28 Dec 2023 Out: 29 Dec 2023

Day 2, 29 Dec 23

 Pachira Lodge / 3 Days Tortuguero, Standard Room / Full board
In: 29 Dec 2023 Out: 31 Dec 2023

Day 4, 31 Dec 23

 Shuttle Transfer from Guapiles & Siquirres to Puerto Viejo

 Cariblue Beach and Jungle Resort / Superior Room / Breakfast included
In: 31 Dec 2023 Out: 02 Jan 2024

Day 6, 02 Jan 24

 Whitewater Rafting at Pacuare River / Breakfast and lunch included

 Arenal Volcano Inn / Deluxe Room / Breakfast included
In: 02 Jan 2024 Out: 04 Jan 2024

Day 7, 03 Jan 24

 Canyoning in the Lost Canyon / Lunch included

 Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included

Day 8, 04 Jan 24

 Shared Transfer from Arenal to Monteverde, Lake Crossing

 Monteverde Inn / Standard Room / Breakfast included
In: 04 Jan 2024 Out: 06 Jan 2024

 El Trapiche Tour



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Day 9, 05 Jan 24

 Monteverde Cloud Forest Reserve, Guided Walking Tour

 Canopy Tour

Day 10, 06 Jan 24

 Private Transfer from Monteverde to Uvita

 Cusinga Lodge / Deluxe Room, Ocean View / Breakfast included
In: 06 Jan 2024 Out: 10 Jan 2024

Day 12, 08 Jan 24

 Corcovado National Park, One Day Tour / Lunch included

Day 14, 10 Jan 24

 Private Transfer from Uvita Beach to San Jose



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DETAILED ITINERARY

Day 1, 28 Dec 23

 Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas. In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included / 4 Stars
In: 28 Dec 2023 Out: 29 Dec 2023 (1 Night)



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Day 2, 29 Dec 23

3 Days, Tortuguero Experience

The best natural expedition awaits you today. Your expert guide will meet you early at the hotel. You will start traveling northeast to the Caribbean lowlands. You will stop for breakfast at a local restaurant in Guapiles town. After breakfast, you will continue to La Pavona dock, there you will board the special boat that will take you to the lodge immersed in the jungle.

This afternoon, you will have a **guided tour to the Village of Tortuguero** and walk around the town to learn about the relaxed way of life in the Caribbean. Your guide will explain to you how this village developed and why they changed their minds about **turtle conservation**.

Lunch and dinner are included at the hotel.



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Day 3, 30 Dec 23

This morning, after breakfast, you have a **boat tour on the Tortuguero National Park** with the company of a local expert nature guide. The small boats go deep into the canals of the national park, further beyond where other boats can go. Due to the ability to explore further into the canals, you will have the opportunity to find rarer species of wildlife.

NOTE: The entrance fee to Tortuguero National Park is not included. It is \$15 USD per person.

This afternoon, your guide will take you to a private nature trail where you have an exploring **guided walk inside the jungle**. The walk is relaxed and slow pace as this is a flat trail. The rest of the day is at your leisure; you can relax at the **swimming pool**, take a cocktail admiring the river lagoon or spend the afternoon on the beach.

Lunch and dinner are included at the hotel.



Day 4, 31 Dec 23

Today after breakfast, the guide will meet you at the main dock of the hotel to return by boat to Pavona's dock; from there continue with land transportation to Guapiles town where you will have another **delicious Caribbean lunch**. After the meal, a representative will pick you up to take you to the next destination of this journey



Pachira Lodge /3 Days Tortuguero, Standard Room / Full board / 3 Stars

In: 29 Dec 2023 Out: 31 Dec 2023



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Day 4, 31 Dec 23

bus Shuttle Transfer from Guapiles & Siquirres to Puerto Viejo



Puerto Viejo Limón

Elevation	10 m / 32 f	Temperature	26 C / 70 F
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Puerto Viejo de Talamanca is located in the **south Caribbean**, it's a perfect destination for **beach lover** and travelers that want to know about **culture and traditions**. Puerto Viejo was a small fishing village, that has become a popular destination offering a wide variety of **restaurants and bars for vivid nightlife**. With its relaxed atmosphere and its unique blend of **Latino, Afro-Caribbean and Bribri indigenous cultures**. Popular activities are snorkeling, hikes, cooking classes, surfing or just relax at the white sand beach. In the area, you can find the **Cahuita National Park** and the **Gandoca Manzanillo Wildlife Refuge** both places are ideal to admire the wildlife and the beautiful beaches.



cariblue Beach and Jungle Resort / Superior Room / Breakfast included / 3 Stars
In: 31 Dec 2023 Out: 02 Jan 2024 (2 Nights)



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Day 6, 02 Jan 24



Whitewater Rafting at Pacuare River / Breakfast and lunch included

You will be picked up from your Arenal area hotel to the operations center, located in Siquirres, where you'll enjoy **the traditional Costa Rican breakfast**. After breakfast and changing into rafting gear, you will go to the private rafting put-in on the banks of the **Pacuare River**. Here, the professional rafting guides will outfit you with all necessary equipment, give you a comprehensive rafting safety talk, and instruct you on paddling basics. Then, you and your group will launch your raft and begin to paddle deep into the heart of one of **Costa Rica's most impressive primary rainforests**. It's an adrenaline-packed day running the Pacuare's renowned rapids.

You will raft through the incredible rainforest on **19 miles of Class III-IV whitewater**. Cascading waterfalls, lush forest, exotic plants, birds and other animals, and exciting rapids make this a tropical adventure packed with rich experiences that you'll remember forever.

At the end of your rafting trip, you'll return to the operations center for a delicious **lunch**, and time to shower and change clothes. Then, you will take transportation to your next destination.



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Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



 Arenal Volcano Inn / Deluxe Room / Breakfast included / 3 Stars
In: 02 Jan 2024 Out: 04 Jan 2024 (2 Nights)



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Day 7, 03 Jan 24

 Canyoning in the Lost Canyon / Lunch included

You'll rappel down **huge waterfalls, jump into pools, zip down guided rappels, downclimb** the canyon walls and river boulders, and **hike up** through the **rainforest**.

Start the rappelling-leg of your canyoning journey with the first waterfall referred to as the "Baby", a small-sized 10 feet waterfall that allows you to ease your way into learning the ropes. You will soon reach what it's called the "Big Boy", the second largest waterfall. About half-way through your rappel, you'll hear the call to "LET GO!" a few moments later you'll experience your **first guided free fall!** Finally, you will get **the largest Lost Canyon challenge:** an exciting 200 feet waterfall rappel.

At the end of this tour, enjoy a **delicious typical lunch.**



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Arenal Volcano Guided Walk and Entrance to Paradise Springs / Dinner included

The Arenal Volcano Rainforest and Natural History along with the **breath-taken lava** flow will take you through lush rainforest along the base of Costa Rica's most famous volcano. Your experienced, bilingual naturalist guide will point out interesting **plants and wildlife** in the vibrant primary and secondary rainforest of the nature reserve that skirts the **Arenal Volcano 1968 Park**. You'll then arrive at the observation point of the Arenal Volcano -- this is the closest you can get to the base of the Arenal Volcano -- and the perfect vantage point to take remarkable photos of the Arenal Volcano. This hike takes about 1.5 to 2 hours.

Then it's time to head to the **Paradise Hot Springs**, perfect for relax in natural thermal water **pools** and **jacuzzis** of different temperatures with focused hydromassage for back, legs, and feet. The Resort also respects a maximum capacity of visitors to provide a **peaceful atmosphere**. There are showers, massages and body treatments service, food and drink, as well as **reclinable beds**, sun umbrellas, and **relaxing music** along the pool areas. All of the necessary elements for a magnificent and relaxing experience. Here you will enjoy a delicious dinner.



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Day 8, 04 Jan 24

 Shared Transfer from Arenal to Monteverde, Lake Crossing

The trip combines comfortable **door to door** minivan transfers with a fun and **scenic cruise** across the tranquil **Lake Arenal**, where you will experience beautiful views of **the majestic volcano** and the forested **Tilaran Mountain Range**. You will also have the chance to see a variety of wetland birds such as kingfishers, flycatchers, waders and other exotic species that abound on the lakeshore. You will be picked up from your hotel in **Arenal** and be driven to the Lake Arenal dam, where you will board a **covered boat**. This is where the scenic 45-minute cruise across the lake begins. Next, you will begin the impressive 1.5-hour journey up the mountainside on a steep road offering stunning views of the lush, green valley. You will be driven directly to your **Monteverde** area hotel.



Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**

 Monteverde Inn / Standard Room / Breakfast included / 3 Stars
In: 04 Jan 2024 Out: 06 Jan 2024 (2 Nights)



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El Trapiche Tour

You will learn more about the **production of coffee, chocolate and sugar cane candy**. During the tour, you will walk around a real Costa Rican **farm**. Your guide will show you all the steps of how the coffee, chocolate and sugar candy are made. You will even have the opportunity to **make your candy!**



Day 9, 05 Jan 24



Monteverde Cloud Forest Reserve, Guided Walking Tour / / Regular

The tour is essentially a natural history walk in which you will learn about **the incredible diversity of flora and fauna** and many of the unique relationships various cloud forest species have with each other. Guides are equipped with a spotting telescope as well as binoculars and several informational guidebooks. Be sure to bring your cameras, as you can take pictures through the guide's scope. This walk normally takes about 3 hours.

The **Monteverde Cloud Forest Reserve** is where some of **the best-kept cloud forests** in all of Costa Rica can be found. It is a cloud forest, not a rainforest, due to its elevation of 4,724 feet (1,440 meters) above sea level.



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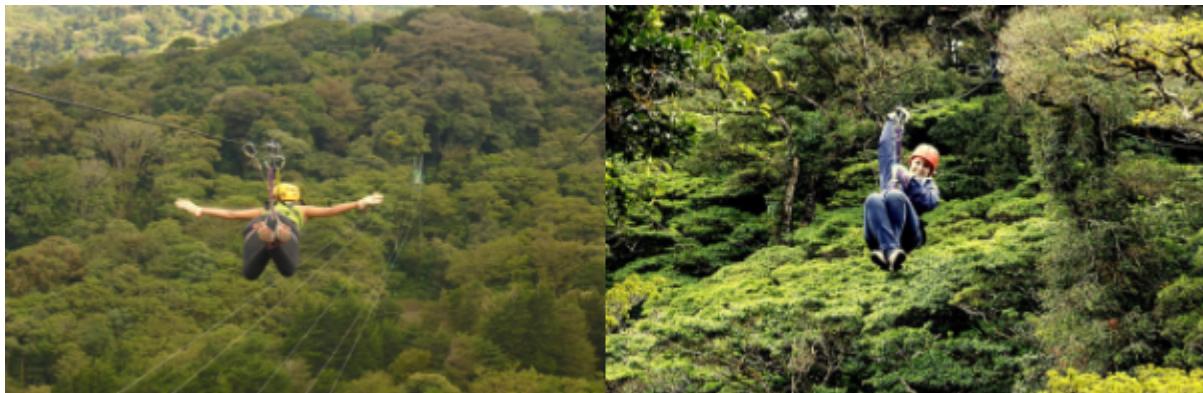
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Canopy Tour

The canopy tour (also called zip line) is **the most popular Costa Rican adventure tour**. Enjoy a fantastic day of **zip lining, and riding a giant swing** in the beautiful cloud forest setting. Experience a unique perspective of the forest as you glide over the beautiful Costa Rican landscape. While the **nine zip lines** are sure to amaze you, the real thrill comes from **two superman zip lines**, including **the longest zip line in Costa Rica!** Swing like Tarzan on a **mega swing**, float down a rappel and keep your balance on a **hammock bridge**. Everything is included in the same tour.

The maximum weight for a person to participate in the tour is 240 pounds.



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Day 10, 06 Jan 24



Private Transfer from Monteverde to Uvita



Uvita

Elevation	20 m / 65 f	Temperature	26 C / 70 F
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Located in the south Pacific of Costa Rica. Uvita is a small town, here are small shops, and souvenirs place. Nightlife is not big here in Uvita but there is still several bar and restaurant options. The town itself is spread out and stretches from the beach area and back into the **mountains**.

It is the primary entrance to the **incredibly beautiful Marino Ballena National Park** which protects both coastline and sea. The park is most well-known for the Humpback Whales that migrate here annually to rear their young. The backdrop for the area is just as spectacular with towering **lush green mountains** shrouded in clouds that quickly descend to sea level. Marino Ballena National Park is mostly a marine park. It was created to protect the **dolphins and whales**, which can be observed most of the year, with the exception of May and June. The best months are August, September, and October, followed by January and February.



Cusinga Lodge / Deluxe Room, Ocean View / Breakfast included / 3 Stars PLUS
In: 06 Jan 2024 Out: 10 Jan 2024 (4 Nights)



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Day 12, 08 Jan 24



Corcovado National Park, One Day Tour / Lunch included

The Corcovado National Park Day Tour is a full-day tour and you will visit the **San Pedrillo Ranger Station section**.

Upon arrival at San Pedrillo Ranger Station, you will be prepared for **two guided walks** along two different trails and observe beautiful flora and fauna in the most biologically intense place on earth.

The first walk takes around **3 hours** and the second walk about **1 hour and a half**. During the walks, you will be able to see some mammals such as monkeys, sloths, coatis, and tapirs as well as a great variety of birds, plants, and trees with over one hundred years of existence and in danger of extinction. The second trail is shorter with a **bit broken ground** and 1.5 hours. Where is possible to observe more birds, mammals and very interesting vegetation and even crocodiles. Also at the end of the trail, you will visit a small waterfall

During boat transit, you may observe whales (seasonally), dolphins, turtles, marine birds and fantastic views of the southern pacific Osa coastline.



Day 14, 10 Jan 24



Private Transfer from Uvita Beach to San Jose

Travel time: 3.30 hours.

Today you will have the private transfer from Uvita to the airport. We know you will leave our beautiful country with incredible memories in your luggage.



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PRICE

Adult 01 John Arms x3	\$ 2,807.50
Adult 02 John Arms x3	\$ 2,807.50
Adult 03 John Arms x3	\$ 2,950.00
Total Price	\$ 8,565.00

General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 28 Dec 23 to 10 Jan 24.

Valid quotation for 3 adults, 0 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

INCLUSIONS

LODGING:

1 night lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose.(Breakfast included)

2 nights lodging in Tortuguero National Park. Pachira Lodge.(Full board)

2 nights lodging in Puerto Viejo Beach. Cariblue Beach and Jungle Resort.(Breakfast included)

2 nights lodging in Arenal Volcano. Arenal Volcano Inn.(Breakfast included)

2 nights lodging in Monteverde Cloud Forest. Monteverde Inn.(Breakfast included)

4 nights lodging in Uvita Beach. Cusinga Lodge.(Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel (Transport + Guide)

Shuttle Transfer from Guapiles & Siquirres to Puerto Viejo (1 to 4 Pax)

Shared Transfer from Arenal to Monteverde, Lake Crossing

Private Transfer from Monteverde to Uvita

Private Transfer from Uvita Beach to San Jose



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ACTIVITIES & MEALS:

Whitewater Rafting at Pacuare River. Different Drop Off (Breakfast and lunch included) in Arenal Volcano

Canyoning in the Lost Canyon (Lunch included) in Arenal Volcano

Arenal Volcano Guided Walk and Entrance to Paradise Springs (Dinner included) in Arenal Volcano

El Trapiche Tour in Monteverde Cloud Forest

Monteverde Cloud Forest Reserve, Guided Walking Tour in Monteverde Cloud Forest

Canopy Tour (2023) in Monteverde Cloud Forest

Corcovado National Park, One Day Tour (Lunch included) in Uvita Beach

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.



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LODGING DETAILS

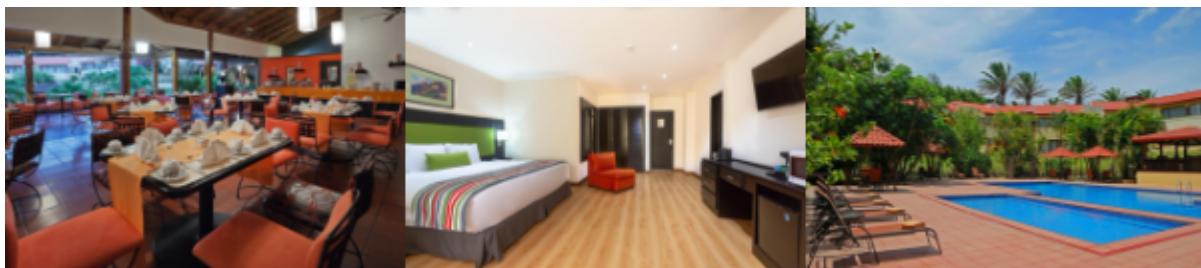
Date In: 28 Dec 23

Date Out: 29 Dec 23

Country Inn & Suites by Radisson San Jose

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



Date In: 29 Dec 23

Date Out: 31 Dec 23

Pachira Lodge

3 Days Tortuguero, Standard Room with Full board

The **Pachira Lodge** is located very close to the **Tortuguero National Park** and the Tortuguero Beach. In the Lodge, you can enjoy a refreshing swim in the **outdoor pool** or relax on the sun terrace. Each room has a ceiling fan, screened windows and a private bathroom. Breakfast, lunch, and dinner with buffet style featuring **local and international** cuisine are included.



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Date In: 31 Dec 23

Date Out: 02 Jan 24

Cariblue Beach and Jungle Resort

Superior Room with Breakfast included

The Cariblue Beach & Jungle Resort faces the clear waters of the **Caribbean Sea** in the southern part of Costa Rica and reaches out over 5 acres of earth inside of a **pristine forest**. It has available pleasant accommodations and is proud of a very wide range of facilities and comforts (free parking, **two swimming pools**, two jacuzzies, restaurant, a beach bar, a swimming pool bar, spa, souvenir shop, **a surf school**, **a bikes rental**, and much more) as well it has a **direct access** to the golden sands of the Atlantic Ocean.



Date In: 02 Jan 24

Date Out: 04 Jan 24

Arenal Volcano Inn

Deluxe Room with Breakfast included

Have you ever wanted to wake up and see a towering **volcano out your window?**

The Arenal Volcano Inn is located in the Fortuna district of San Carlos, just minutes from **the Arenal Volcano**. The comfortable and well appointed Arenal Volcano Inn offers **beautiful rooms**, all with an **amazing view of the volcano**. Alongside spectacular views, you can lounge in one of the swimming pools or soak in the thermo regulated Jacuzzi. Arenal Volcano Inn is **surrounded by an exotic garden** where you can go on a stroll through tropical flowers and lush greenery you may even catch a glimpse of wildlife in their native habitat!



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Date In: 04 Jan 24

Date Out: 06 Jan 24

Monteverde Inn

Standard Room with Breakfast included

Monteverde Inn is a paradise for **nature lovers**. Located inside a **private nature preserve**, you can enjoy **free trails** access, waterfalls, **views of the Pacific Ocean**, on sight farm to table coffee shop, the property has a beautiful setting 2 minutes' drive from Santa Elena. It features **bright accommodation** set in attractive grounds. It offers accommodations with free Wi-Fi access. The property overlooks the surrounding **forest and trails**, which are ideal for hiking.



Date In: 06 Jan 24

Date Out: 10 Jan 24

Cusinga Lodge

Deluxe Room, Ocean View with Breakfast included

La Cusinga Lodge is located in Uvita de Osa, **a short 10-minute walk from Playa Arco beach and next to Ballena Marine National Park**. La Cusinga Lodge is a **luxury eco-lodge** dedicated to the satisfaction of its guests and the conservation of the natural environment. **All electricity is generated from solar and hydroelectric power**, and the food served in the restaurant is supplied by both **local organic growers and the lodge's own garden**. Accommodations consist of **private cabins** that are elegantly designed with hardwood furnishings and decorated with local artwork. La Cusinga Lodge features over **600 acres of property with hiking trails leading to secluded beaches**. If you are **seeking relaxation**, you will enjoy cleansing yoga courses or trips to the lodge's spa, which offers massages, haircuts, pedicures and manicures.



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EXCLUSIONS

Optional tours

Departure taxes (\$29 per person)

Meals not mentioned in the itinerary

Airfare

Tips

International Travel Insurance

COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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