

Costa Rica

**Traveler: Akira Sugihara - 3rd
Version**

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica:** Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



DETAILS OF YOUR TRIP


Traveler Name	Akira Sugihara - 3rd Version
Arrival date	27 Jun 23
Departure date	05 Jul 23
Number of participants	2 adults + 1 children
Quotation reference	BKFI103166

DESTINATIONS

San Jose, The Capital
Arenal Volcano
Manuel Antonio Beach

DETAILED ITINERARY

Day 1, 27 Jun 23

 Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.




San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 Park Inn by Radisson San Jose Hotel / Premium Room / Breakfast included / 4 Stars
In: 27 Jun 2023 Out: 29 Jun 2023 (2 Nights)

Day 2, 28 Jun 23



Doka Coffee Tour & Poas Volcano / Breakfast

Today a professional guide will meet you at the hotel, to take you for a very interesting tour, you will visit **three sites and learn a lot of Costa Rica culture and nature.**

The first stop will be **Doka Coffee Estate** for a delicious breakfast. Then you will learn about the coffee in an actual coffee plantation where you will learn the ancient techniques used by the experts to produce some of the best coffee in Costa Rica. The careful process involved in the cultivation, harvesting, and roasting.

After the coffee tour, the next destination is the **Poas Volcano National Park,**

Note: The total stay at the Poas Volcano National Park will be 40 minutes: 10 minutes walking on the trek to get to the **crater viewpoint**, 20 minutes at the crater viewpoint, and 10 minutes walking back. There is no access to Botos Lagoon and in case of fog, there is no extra waiting time all this as a safety measure.

At the Volcano, you will have time to enjoy the **impressive main crater** with its sulfur fumaroles and learn about the volcano activity.

After Poas, you will continue to La Paz Waterfall Garden, you will enjoy a buffet lunch. Here you will find **five waterfalls**, cloud forest, and rain forest, safe hiking trails, aviary with numerous species of birds, insect exhibit, butterfly observatory, capuchin monkeys, black-handed spider monkeys, hummingbird garden with 26 documented species, serpentarium, jaguars, pumas, ocelots, margays, Costa Rican house with petting zoo and ox cart, ranarium, orchid exhibit, heliconia exhibit.



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Day 3, 29 Jun 23



Transfer to Arenal Volcano with Safari Float Sarapiquí River / Lunch included

After getting picked up from your hotel, you'll drive through the beautiful Costa Rican back roads to a private put-in at the Sarapiquí River, equipped with bathrooms and change rooms. Your professional guide will start the day off by providing paddling and **safety instructions** and then suiting you up with safety gear to prepare for your adventure.

After getting settled with your lifejacket and paddle, you will be ready to enjoy the sights and **sounds of the rainforest** and the tranquil experience of slowly paddling downriver to not miss anything. Enjoy 2.5 hours immersed in the lush tropical rainforest, floating along the Sarapiquí River which lies next to important reserves renowned for their biodiversity.

Exotic **amphibians, countless tropical birds, otters, fish, sloths, iguanas,** and incredible **flora** will make this experience unforgettable.



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Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🏠 Hotel Arenal Kioro Suites & Spa / Suite / Breakfast included / 5 Stars
 In: 29 Jun 2023 Out: 01 Jul 2023 (2 Nights)

Day 4, 30 Jun 23



Sloth Tour

The sweet smiling face of the **Costa Rican sloth** is rapidly becoming the iconic symbol of the country's amazing **rainforest wildlife**. All set, you will walk for about 1.2 kilometers through the beautiful rainforest looking for our lazy friend, the sloth.

You will be searching out both **2-toed** and **3-toed sloths**. Although similar, they have distinct differences. The 2-toed Sloth, being nocturnal, can be found sleeping high up in the treetops. More active during daytime hours, the 3-toed Sloth slowly moves through the branches eating leaves, often with a young sloth hugging on for the ride.

And as a bonus, you will also get great views of a **variety of birds, brightly-colored toucans, iguanas**, and more.



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Arenal Volcano Walking Tour

The trails in **Arenal National Park** and other nearby **Arenal Reserves** are generally flat and not very strenuous, perfect for a leisurely and informative guided walk with a professional nature guide. You will hike through well-groomed, **easy trails** that skirt the base of the Arenal Volcano and Lake Arenal Area. This part of the Arenal Volcano had sections that were devastated by **the lava flow of 1968**, so some areas have very little vegetation.

This guided walk provides **perfect photo opportunities** and **magnificent views** of the impressive Arenal Volcano, the pristine Lake Arenal and the extinct volcano Cerro Chato. There are parts of each trail that has forested areas where your nature guide will try to spot **birds, monkeys and other animals** in their natural habitat.



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Day 5, 01 Jul 23

 Private Transfer from Arenal to Manuel Antonio / Travel time: 5 hours.




Manuel Antonio

Elevation	20 m / 65 f	Temperature	28 C / 82 F
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Manuel Antonio is home to a namesake national park **full of unspoiled beaches** and **world-class views**. Enjoy adventures as diverse as **snorkeling** and **jungle hikes**. A great destination for families, **there's something for everyone** whether you have young children or college-bound teens. See a **variety of Costa Rica's animals** when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list. Accommodation choices are plentiful, with **some of the country's most inspired** lodging options to choose from. Imagine the glittering, warm sand of a **pristine beach**; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.



 Parador Resort & Spa / Standard Garden Room / Breakfast included / 4 Stars Plus
In: 01 Jul 2023 Out: 05 Jul 2023 (4 Nights)

Day 6, 02 Jul 23

Free Day

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Here you will find a small list of ideas that will make out of this free day an incredible ADVENTURE!

- Mangrove Boat Tour
- Catamaran Cruise & Snorkeling
- Horseback Riding, Tocori Mountain & Waterfall
- Mangrove Kayak Estuary
- Sea Kayak & Snorkel
- Night Walk, Amphibious and Reptiles at Night
- Whitewater Rafting at Naranjo River, Half Day
- Manuel Antonio National Park Guided Walk
- Carara National Park Guided Walk
- Private Surf Lesson
- ATV Tour

Please, contact your traveler advisor so they can book the selected activity for you!



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Day 7, 03 Jul 23



Mangrove Boat Tour / Lunch included

This adventure of **Costa Rican natural history** is highly recommended for any **naturalist**, young or old, who wants to experience **the pulse of the mangrove ecosystem**. Experience curious families of **monkeys** as they migrate across the mangrove ecosystem in search of food and adventure. Don't forget to point out the **caimans, sloths, crocodiles, boas, white face monkeys, egrets**, and so many more species of wildlife, as your boat leisurely winds its way through the mangrove canals along the gentle currents of the coastal tides. And finally, end your adventure with a **meal** in a typical Costa Rican flavor at a local restaurant before you return to your hotel.

Note that the tour's start time depends on the tide.



Day 8, 04 Jul 23

Free Day

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.

Day 9, 05 Jul 23



Private Transfer from Manuel Antonio to San Jose / Travel time: 3 hours.



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PRICE

Total Price

\$ 5,437.00

General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 27 Jun 23 to 05 Jul 23.

Valid quotation for 2 adults, 1 children. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

Child rate applies for children younger than 10 years old.

INCLUSIONS

LODGING:

2 nights lodging in San Jose, The Capital. Park Inn by Radisson San Jose Hotel.(Breakfast included)

2 nights lodging in Arenal Volcano. Hotel Arenal Kioro Suites & Spa.(Breakfast included)

4 nights lodging in Manuel Antonio Beach. Parador Resort & Spa.(Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel

Private Transfer from Arenal to Manuel Antonio

Private Transfer from Manuel Antonio to San Jose

ACTIVITIES & MEALS:

Doka Coffee Tour & Poas Volcano (Breakfast) in San Jose, The Capital

Transfer to Arenal Volcano with Safari Float Sarapiquí River (Lunch included) in San Jose, The Capital

Sloth Tour in Arenal Volcano

Arenal Volcano Walking Tour in Arenal Volcano

Mangrove Boat Tour (Lunch included) in Manuel Antonio Beach

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.



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LODGING DETAILS

Date In: 27 Jun 23

Date Out: 29 Jun 23

Park Inn by Radisson San Jose Hotel

Premium Room with Breakfast included

The rooms at Park Inn San Jose are **air-conditioned** and feature a minibar, coffee maker and a flat-screen cable TV. The bathroom provides free toiletries. Rooms are decorated in a **modern style** with colorful accessories. This property is located only 500 meters from **Parque Metropolitano La Sabana Park** in central San Jose. It offers an outdoor pool, hot tub, and a fitness center. The restaurant serves **international-style cuisine**. Room service is also available.



Date In: 29 Jun 23

Date Out: 01 Jul 23

Hotel Arenal Kioro Suites & Spa

Suite with Breakfast included

Discover Arenal Kioro Suites & Spa, a **green friendly luxury** hotel located town of La Fortuna. The tranquility of the rainforest setting and its proximity to the replenishing waters of the Titoku hot springs provide a peaceful setting for exploring the beauty and exhilarating activities of **Arenal Volcano National Park**. Located on a green countryside, the hotel is framed by the crystalline waters of the La Palma and Kioro streams, lush, **vibrant gardens** and **private thermal water spas**.

Titoku hot springs, where you can enjoy **complimentary admission** to the heated **hot springs pools**. Or simply spend the day lounging by the lushly landscaped free-form pool.



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Date In: 01 Jul 23

Date Out: 05 Jul 23

Parador Resort & Spa

Standard Garden Room with Breakfast included

Parador Resort and Spa is located in Manuel Antonio. The resort is perched on the Punta Quepos promontory, just a five-minute walk to the beach and a 15-minute drive to the famous **Manuel Antonio National Park**. Set across over 12 acres of lush, wildlife-packed rainforest, Parador hotel features a crisscrossing network of **nature trails**, culminating in exquisite cliffside vistas. **Expansive** rooms and suites effortlessly blend relaxed tropical style with contemporary comfort, and include private balconies, free Wi-Fi access and deluxe bedding. The hotel offers **three pools** a **fitness center** and a **Spa**.



EXCLUSIONS

- Optional tours
- Departure taxes (\$29 per person)
- Meals not mentioned in the itinerary
- Airfare
- Tips
- International Travel Insurance
- COVID-19 test

TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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