

# Costa Rica

**Traveler: David Withington X2**

Date In: 30 Dec 23

Date Out: 16 Jan 24



Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

Traveler Name	David Withington X2
Arrival date	30 Dec 23
Departure date	16 Jan 24
Number of participants	2 adults
Quotation reference	BKFI103217

## DESTINATIONS

San Jose, The Capital
Puerto Viejo Beach
Arenal Volcano
Monteverde Cloud Forest
Manuel Antonio Beach
Los Santos Area



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## DETAILED ITINERARY

Day 1, 30 Dec 23



Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.



### San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas. In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.



Hotel Presidente / Standard Room / Breakfast included

In: 30 Dec 2023 Out: 01 Jan 2024 (2 Nights)



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Day 2, 31 Dec 23

### Free Day

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.

Day 3, 01 Jan 24



Hyundai Tucson IX35 4WD (or Similar) / SUV  
intermediate 4WD, automatic transmission/ In: 01 Jan  
2024 Out: 16 Jan 2024

PLI insurance (primary liability for third party  
damages).



Requirements to rent a car:

- Valid passport to travel in Costa Rica.
- Valid license ID.
- Older than 23 years old (if you are older than 21 years old a license with 2 years of the expedition is required)
- Credit card (Visa, Master Card, AMEX). Debit cards and cash are not accepted.
- The rent a car company will charge you a refundable deposit of \$750 USD.




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 Selfdrive from San Jose to Puerto Viejo Beach




### Puerto Viejo Limon

Elevation	10 m / 32 f	Temperature	26 C / 70 F
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Puerto Viejo de Talamanca is located in the **south Caribbean**, it's a perfect destination for **beach lover** and travelers that want to know about **culture and traditions**. Puerto Viejo was a small fishing village, that has become a popular destination offering a wide variety of **restaurants and bars for vivid nightlife**.

With its relaxed atmosphere and its unique blend of **Latino, Afro-Caribbean and Bribri indigenous cultures**. Popular activities are snorkeling, hikes, cooking classes, surfing or just relax at the white sand beach. In the area, you can find the **Cahuita National Park** and the **Gandoca Manzanillo Wildlife Refuge** both places are ideal to admire the wildlife and the beautiful beaches.



 Cariblue Beach and Jungle Resort / Ocean Beach Room / Breakfast included  
In: 01 Jan 2024 Out: 03 Jan 2024 (2 Nights)



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Day 4, 02 Jan 24



Indigenous Reserve Kekoldi & Bribri / Lunch included

This tour visits **the iguana zoo-farm** of the **KEKOLDY indigenous** reservation, a place where an indigenous family dedicates itself to the **reproduction of the Green Iguana**, a species that was in danger of extinction and thanks to initiatives such as these, it has been recovering . Then, in the **Bri Bri indigenous reserve**, an indigenous family is visited where a tour is made in a **medicinal plant garden**, followed by a demonstration of **chocolate production**.

Cocoa within the Bribri culture is very important since they use it as purification, food and medicine and then they will take a short tour to see medicinal plants, obtain fiber and the weaving process. In the last stage of the tour you will visit a **waterfall** where you can take a bath and a small fruit-based snack.



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Day 5, 03 Jan 24

## Selfdrive from Puerto Viejo To Arenal Volcano



### Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🏠 Los Lagos Hotel Spa & Resort / Standard Room / Breakfast included  
In: 03 Jan 2024 Out: 06 Jan 2024 (3 Nights)

Day 6, 04 Jan 24



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## La Fortuna Waterfall Hike & Swim

You will love the **hike down** to this waterfall near the town of La Fortuna because you can see all of **the natural beauty of the rainforest** as well as the birds and wildlife that live there. Once you arrive at the **La Fortuna Waterfall**, prepare to be blown away by the beauty of this impressive waterfall! You will also be able to swim and take amazing photos!

Get ready because there are 500 steps to get down to the waterfall and of course 500 steps to get back up. Many people take breaks on their way to soak up **the lush rainforest, tropical birds** and variety of wildlife that you may be lucky enough to see. When you reach the bottom, you will be blown away by the beauty of **this towering waterfall** and have plenty of opportunities to relax on the rocks and admire the views. You can also **take a swim** in the cool, refreshing clear-water pools along the left-hand side of the waterfall.

You can rinse off in the showers and change into dry clothes and take part in a delicious tropical fruit snack with your guide.



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## Arenal Volcano Walking Tour

The trails in **Arenal National Park** and other nearby **Arenal Reserves** are generally flat and not very strenuous, perfect for a leisurely and informative guided walk with a professional nature guide. You will hike through well-groomed, **easy trails** that skirt the base of the Arenal Volcano and Lake Arenal Area. This part of the Arenal Volcano had sections that were devastated by **the lava flow of 1968**, so some areas have very little vegetation.

This guided walk provides **perfect photo opportunities** and **magnificent views** of the impressive Arenal Volcano, the pristine Lake Arenal and the extinct volcano Cerro Chato. There are parts of each trail that has forested areas where your nature guide will try to spot **birds, monkeys and other animals** in their natural habitat.



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Day 7, 05 Jan 24



Jungle Safari Float on Sarapiquí River / Lunch included

Come see the abundance of nature and wildlife that Costa Rica has to offer! This Costa Rica Safari Float is a smooth, two-hour paddle down the quiet, lower section of the Sarapiquí River and great for nature lovers of all ages especially children and their parents! Your bilingual nature guide will paddle and steer your boat as you float down the river and point out all of the exotic wildlife such as **birds, frogs, insects, and monkeys** in the Costa Rica rainforest!

Your eagle-eyed guide will show off Costa Rica's amazing wildlife as he points out a wide array of plant and animal species. You'll float next to the Mesoamerican Biological Corridor (San Juan La Selva Biological Corridor) where there is a good possibility of seeing **sloths, howler monkeys, lizards, and even black river otters.**

For those who want to be even closer to nature, you will have the chance to get out of the raft and into the river and refresh yourself as we go down the river.



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Day 8, 06 Jan 24



Selfdrive from Arenal to Monteverde



### Monteverde

Elevation	1,543 m / 5,060 f	Temperature	22 C / 71 F
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Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**



Hotel Poco a Poco / Standard Quetzal Room / Breakfast included

In: 06 Jan 2024 Out: 09 Jan 2024 (3 Nights)



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Day 9, 07 Jan 24



Hanging Bridges, Guided Walking Tour

A bilingual guide will welcome you and accompany you during the whole trajectory helping you discover the animals and the plants more interesting that habit in **the exuberant cloud forest**.

The tour, which is 3 kilometers approximately, consists of a combination of trails and **seven bridges** where you will have the opportunity to explore all the levels of the cloud forest, as well as the habitats of every single one, starting from the ground and **getting to the top of the great trees**.



Day 10, 08 Jan 24



El Trapiche Tour

You will learn more about the **production** of **coffee**, **chocolate** and **sugar cane candy**. During the tour, you will walk around a real Costa Rican **farm**. Your guide will show you all the steps of how the coffee, chocolate and sugar candy are made. You will even have the opportunity to **make your candy**!



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Day 11, 09 Jan 24



Selfdrive from Monteverde to Manuel Antonio Beach



### Manuel Antonio

Elevation	20 m / 65 f	Temperature	28 C / 82 F
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Manuel Antonio is home to a namesake national park **full of unspoiled beaches** and **world-class views**. Enjoy adventures as diverse as **snorkeling** and **jungle hikes**. A great destination for families, **there's something for everyone** whether you have young children or college-bound teens. See a **variety of Costa Rica's animals** when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list. Accommodation choices are plentiful, with **some of the country's most inspired** lodging options to choose from. Imagine the glittering, warm sand of a **pristine beach**; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.



Hotel San Bada Resort & Spa / Standard Room (3rd floor) / Breakfast included

In: 09 Jan 2024 Out: 13 Jan 2024 (4 Nights)



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## Day 12, 10 Jan 24



Sea Kayak & Snorkel / Lunch included

Whether you are an individual, a group, or an adventurous family, this challenging yet gratifying **ocean paddling** adventure is just what you are looking for. Indulge yourselves at a rare jewel of a beach for a **refreshing swim** and delicious local snacks. Allow your bilingual naturalist guide to direct you to **the best snorkeling** spots as you experience three actively astounding **coral reef systems** nestled very close to the shore of **Biezans Bay**. After an unforgettable experience at Biezans, continue paddling, if you choose to do so, towards Manuel Antonio National Park and admire the nearby nesting islands. And finally, end your adventure with **lunch** near the beach at a local restaurant.



## Day 13, 11 Jan 24

### Free Day

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Please, do not hesitate to contact your travel expert.



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## Day 14, 12 Jan 24



### Manuel Antonio National Park Guided Walk

The pace of this adventure is determined by the consensus of your group's abilities and interests. There is an **abundance of wildlife** you will want to stop and observe, all in its natural and **breathtaking habitat**. Watch **sloths** and numerous species of **monkeys** travel through the tree canopy as they hunt for nocturnal **silky anteaters** and several types of **non-poisonous snakes** resting in the **tropical rainforest**. Listen to the songs of the various **birds** as they glide above your group, curiously looking for adventure. At your convenience and leisure, you can stop and enjoy some local fresh fruits and refreshments as you pause to soak in the beautiful aesthetics. Enjoy some leisure time to **swim** at the pristine water of **the virgin beaches** inside of the national park, consider **the most beautiful beaches** of Costa Rica.



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Day 15, 13 Jan 24



Selfdrive from Manuel Antonio to San Gerardo Dota



### Los Santos

Elevation	2,400 m / 7,874 f	Temperature	19 C / 66 F
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Los Santos area sits in the **Talamanca Mountain Range** in highlands of south-central Costa Rica. Los Santos area is very special for several reasons, one of the most important is the **wildlife** that live here specially the birds. The high elevation of the area attracts woodpeckers, warblers, falcons, owls and quetzal. The other reason is the **high-quality coffee** produce in this land. Consider one of best coffee in the world you can delight with it when you visit a coffee plantation and a local coffee shop.

Los Santos area is home of **Los Quetzales National Park**, a perfect place for hiking and admiring the nature, avid hikers will get reward with stunning views.



Trogon Lodge / Standard Room / Breakfast included

In: 13 Jan 2024 Out: 15 Jan 2024 (2 Nights)



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## Day 16, 14 Jan 24



### Quetzal Quest

**San Gerardo de Dota** is home to a large population of one of the most beautiful birds in America, the **Resplendent Quetzal**. From the Trogonidae Family and sacred bird to the ancient indigenous cultures, Quetzals have a peaceful and tranquil living in the area and **reside here year-round**. The climate and good amount of food (Aguacatillo tree) provide a great habitat for these birds. Join the **local guide** for coffee, before departing at 6:00 am on a quest to find Quetzals. The guide will lead the tour to try and spot one or more Quetzals for you. With its **metallic green plumage**, crimson breast and belly and its incredible streamer-like feathers, watching a male Quetzal in its magical flight, is a unique, **brehtaking experience**.



## Day 17, 15 Jan 24



Selfdrive from San Gerardo de Dota to San Jose



Hotel Presidente / Standard Room / Breakfast included

In: 15 Jan 2024 Out: 16 Jan 2024 (1 Night)

## Day 18, 16 Jan 24



Selfdrive OUT from Hotel to Airport

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! You drive from your hotel straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.



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## PRICE

Price per person	\$ 3,787.50
Total Price	\$ 7,575.00

### General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 30 Dec 23 to 16 Jan 24.

Valid quotation for 2 adults. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

## INCLUSIONS

### LODGING:

3 nights lodging in San Jose, The Capital. Hotel Presidente. (Breakfast included)

2 nights lodging in Puerto Viejo Beach. Caribblue Beach and Jungle Resort. (Breakfast included)

3 nights lodging in Arenal Volcano. Los Lagos Hotel Spa & Resort. (Breakfast included)

3 nights lodging in Monteverde Cloud Forest. Hotel Poco a Poco. (Breakfast included)

4 nights lodging in Manuel Antonio Beach. Hotel San Bada Resort & Spa. (Breakfast included)

2 nights lodging in Los Santos Area. Trogon Lodge. (Breakfast included)

### TRANSPORTATION & GUIDE SERVICES:

Private Transfer IN from Airport to Hotel

15 days of Hyundai Tucson IX35 4WD (or Similar) (SUV intermediate 4WD, automatic transmission)

### ACTIVITIES & MEALS:

Indigenous Reserve Kekoldi & Bribri (Lunch included) in Puerto Viejo Beach

La Fortuna Waterfall Hike & Swim in Arenal Volcano

Arenal Volcano Walking Tour in Arenal Volcano

Jungle Safari Float on Sarapiquí River

Hanging Bridges, Guided Walking Tour in Monteverde Cloud Forest

El Trapiche Tour in Monteverde Cloud Forest

Sea Kayak & Snorkel (Lunch included) in Manuel Antonio Beach

Manuel Antonio National Park Guided Walk

Quetzal Quest in Los Santos Area

### OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.



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## LODGING DETAILS

Date In: 30 Dec 23

Date Out: 01 Jan 24

### Hotel Presidente

Standard Room with Breakfast included

Hotel Presidente San Jose City Center is located in **the heart of San Jose**, only 100 meters from Costa Rica's National Theatre and Plaza de la Cultura, and the National Museum and Gold Museum are within 5 minutes' walk of the hotel. Rooms have **modern decor** with an LCD flat-screen TV. The amenities available also include a laptop safe and a hairdryer. Set on the seventh floor, the hotel gym offers **impressive views of San Jose**. There are computer terminals for guests to use in the lobby, along with currency exchange services and luggage storage.



Date In: 01 Jan 24

Date Out: 03 Jan 24

### Caribblue Beach and Jungle Resort

Ocean Beach Room with Breakfast included

The Caribblue Beach & Jungle Resort faces the clear waters of the **Caribbean Sea** in the southern part of Costa Rica and reaches out over 5 acres of earth inside of a **pristine forest**. It has available pleasant accommodations and is proud of a very wide range of facilities and comforts (free parking, **two swimming pools**, two jacuzzies, restaurant, a beach bar, a swimming pool bar, spa, souvenir shop, **a surf school**, **a bikes rental**, and much more) as well it has a **direct access** to the golden sands of the Atlantic Ocean.



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Date In: 03 Jan 24

Date Out: 06 Jan 24

## Los Lagos Hotel Spa & Resort

Standard Room with Breakfast included

This hotel is located next to **Arenal Volcano**, 6 km from La Fortuna. It offers a **natural hot spring**, outdoor adventure activities, a luxurious spa and **scenic volcano views**. The rooms of the **Hotel Los Lagos Spa & Resort** are **spacious and comfortable** and feature scenic views. The hotel's The Las Palmas Restaurant features gourmet, tropical dishes made with local produce. You can also enjoy a cocktail at the relaxing swim-up Lemnos Wet Bar **outdoor pool**. The hotel offers many activities onsite, from canopy tours, to visits to **frog, butterfly and crocodile farms**. A 2.8 km walk takes you to a breathtaking viewpoint of the volcano.



Date In: 06 Jan 24

Date Out: 09 Jan 24

## Hotel Poco a Poco

Standard Quetzal Room with Breakfast included

Hotel Poco a Poco is the **perfect place** to stay while in Monteverde. Nearby tourist attractions such as the **Monteverde Cloud Forest Reserve** and the **breathtaking landscape** give you plenty of opportunities to explore. Hotel Poco a Poco offers rooms that are **stylish and spacious**, and they can accommodate parties of many sizes. Each room is designed to create an atmosphere of **privacy** and comfort. The lounge area is also full of places to rest and enjoy the **wonderful weather**.

**The Naroa spa** is a popular location, where you can focus completely on **relaxing**. Trained specialists use highly-certified professional spa and **beauty products**, and they offer both **massages and wellness treatments**. Organic goods and flowers grown in Monteverde are used, which ultimately helps develop the industry of the town.



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Date In: 09 Jan 24

Date Out: 13 Jan 24

## Hotel San Bada Resort & Spa

Standard Room (3rd floor) with Breakfast included

Hotel San Bada is nestled right next to **Manuel Antonio National Park** and just few steps away from Manuel Antonio Beach, Costa Rica. Relax next to the nature with views to Manuel Antonio National Park and beach. All rooms at Hotel San Bada offer ocean or park views. The hotel offers **three outdoor pools**, the main pool is a beautiful 400 sq meters (1312 sq ft) pool has a wet bar with restaurant service, the pool is surrounded by rocks and has two artificial waterfalls.



Date In: 13 Jan 24

Date Out: 15 Jan 24

## Trogon Lodge

Standard Room with Breakfast included

Trogon Lodge is surrounded by mountains and is an excellent destination for exploring nature and **birdwatching**. There are three hiking trails on its grounds, and the lodge is only 9km from **Los Quetzales National Park**. Each cabin is complete with heating, private baths, and a view of either the **Savegre River** or the dazzling forest. Decorations are simple, with wood walls and bright, floral art.

Guests can enjoy free breakfast buffet or a la carte at the on-site Los Quetzales Restaurant. Other facilities offered include a **shared lounge** and a tour desk. The property offers free parking and **free Wi-Fi** in public areas.

This lodge is next to Savegre River and 1hour drive from **San Gerardo Waterfalls**.



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Date In: 15 Jan 24

Date Out: 16 Jan 24

## Hotel Presidente

Standard Room with Breakfast included

Hotel Presidente San Jose City Center is located in **the heart of San Jose**, only 100 meters from Costa Rica's National Theatre and Plaza de la Cultura, and the National Museum and Gold Museum are within 5 minutes' walk of the hotel. Rooms have **modern decor** with an LCD flat-screen TV. The amenities available also include a laptop safe and a hairdryer. Set on the seventh floor, the hotel gym offers **impressive views of San Jose**. There are computer terminals for guests to use in the lobby, along with currency exchange services and luggage storage.



## EXCLUSIONS

Optional tours  
Departure taxes (\$29 per person)  
Meals not mentioned in the itinerary  
Airfare  
Tips  
International Travel Insurance  
COVID-19 test

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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