

# Costa Rica

**Traveler: Mark Castillo X2**

Date In: 24 Jul 23  
Date Out: 31 Jul 23



Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

Traveler Name	Mark Castillo X2
Arrival date	24 Jul 23
Departure date	31 Jul 23
Number of participants	2 adults
Quotation reference	BKFI103147

## DESTINATIONS

San Jose, The Capital
Arenal Volcano
Manuel Antonio Beach



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## DETAILED ITINERARY

Day 1, 24 Jul 23

 Private Transfer IN from Airport to Hotel

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is close to **San Jose city**, located 25-15 minutes away from the airport. During the short drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.




### San Jose

Elevation	1,169 m / 3,835 f	Temperature	24 C / 75 F
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Costa Rica's capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city's museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.

 Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included  
In: 24 Jul 2023 Out: 25 Jul 2023 (1 Night)



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Day 2, 25 Jul 23



Private Transfer from San Jose to Arenal



### Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



Arenal Springs Resort & Spa / Junior Suite / Breakfast included

In: 25 Jul 2023 Out: 27 Jul 2023 (2 Nights)



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## Cooking Class & Dinner / Dinner included

You'll learn about **Costa Rican food and local agricultural products** such as yucca, tiquisque, mamón chino, sugar cane and other interesting local foods.

Upon arrival at your **Costa Rica cooking class**, you'll learn about the garden and farm where the fresh cooking ingredients come from. You'll get an understanding of what it takes to get the food **from the farm to the table!** To get started, you will mix up a delicious homemade tropical Costa Rican cocktail or natural juice! You will then get ready to learn how to cook up some **Tico-style** "picadillos", tortillas and "guisados" for a delicious sit-down meal and plenty of captivating conversation!



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Day 3, 26 Jul 23



Rio Celeste National Park, Guided Hike / Lunch included

The Rio Celeste Waterfall is near the Tenorio and Miravalles Volcanoes. Once you get here, you will begin a **hike through the dense, lush, tropical rainforest** that surrounds the Tenorio National Park. You can go at your own pace and you will learn interesting things about the rainforest along the way. This hike takes about 1.5 to 2 hours or about 6 kilometers long (3 miles) and is considered a **moderate hike**.

When you arrive at "Los Teñideros", where two rivers come together, you will be amazed at **the celestial turquoise blue watercolor** that comes from the waterfall. This color is created when the minerals in the water (aluminum, silicon, and oxygen) are suspended in the water and refracts light from the sun so that the flow looks blue. Get your camera ready because this is **the perfect place to take photos** of this unforgettable **Costa Rica blue waterfall!**

At the end of this hike, you will enjoy a **delicious lunch**.



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## Day 4, 27 Jul 23



Transfer to Manuel Antonio Beach with Tarcoles Safari Boat / Lunch included

This morning, you'll have a transfer to the Manuel Antonio area. On the way, you will have a **safari boat tour at Tarcoles River**. This is a great way to break up the long, 5-hour drive from **Arenal Volcano area to Manuel Antonio Beach** because you are bound to see a **multitude of wildlife** including the famous, huge, **20-ft American crocodiles** that inhabit the Carara Biological Reserve area of the Tarcoles River.

Keep your eyes peeled for a rare sighting of the **Scarlet Macaw** and over fifty other species of birds you can see there. Your guide will point out the often difficult-to-see wildlife along this **two-hour boat tour** of the Tarcoles River and into the **Guacalillo Mangrove Estuary**. A delicious lunch is included at the end of the boat tour.

From there you will continue your way to the amazing Manuel Antonio area.



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### Manuel Antonio

Elevation	20 m / 65 f	Temperature	28 C / 82 F
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Manuel Antonio is home to a namesake national park **full of unspoiled beaches** and **world-class views**. Enjoy adventures as diverse as **snorkeling** and **jungle hikes**. A great destination for families, **there's something for everyone** whether you have young children or college-bound teens. See a **variety of Costa Rica's animals** when you peek into tide pools and hike through forests; experience the subtle thrill of birding when you cross a variety of species off of your 'seen' list.

Accommodation choices are plentiful, with **some of the country's most inspired** lodging options to choose from. Imagine the glittering, warm sand of a **pristine beach**; shimmering blue water laps along the shoreline, as the fresh ocean breeze dances across your skin. Rediscover what it means to have free time, and then spend it with your favorite people.



 Hotel San Bada Resort & Spa / Standard Room (2nd floor) / Breakfast included  
In: 27 Jul 2023 Out: 29 Jul 2023 (2 Nights)



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Day 5, 28 Jul 23



Catamaran Cruise & Snorkeling / Lunch included

Enjoy an outstanding **naturalist tour** with amazing views of the **Manuel Antonio National Park** onboard the **catamaran**. Enjoy great company and **recreational fun** during this half-day excursion. This tour can be done in the morning or the afternoon. The morning tour includes a **freestyle diving adventure** in a beautiful and secluded bay known as **Biezans Beach**. The afternoon tour is a truly amazing trip for nature lovers who can enjoy not only the experience itself but the **breathtaking sunset** on the Pacific Ocean. Cherish the sights of **humpback whales, dolphins, stingrays**, and other marine wildlife. Onboard, you will have a selection of snacks and natural juices. As you cruise along the coast, enjoy the sea breeze, the **summer sunshine** of Costa Rica and this unique tropical paradise at its best. This tour includes a delicious **meal** before to end this tour.



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## Day 6, 29 Jul 23



### Manuel Antonio National Park Guided Walk

The pace of this adventure is determined by the consensus of your group's abilities and interests. There is an **abundance of wildlife** you will want to stop and observe, all in its natural and **breathtaking habitat**. Watch **sloths** and numerous species of **monkeys** travel through the tree canopy as they hunt for nocturnal **silky anteaters** and several types of **non-poisonous snakes** resting in the **tropical rainforest**. Listen to the songs of the various **birds** as they glide above your group, curiously looking for adventure. At your convenience and leisure, you can stop and enjoy some local fresh fruits and refreshments as you pause to soak in the beautiful aesthetics. Enjoy some leisure time to **swim** at the pristine water of **the virgin beaches** inside of the national park, consider **the most beautiful beaches** of Costa Rica.



Private Transfer from Manuel Antonio to San Jose



Country Inn & Suites by Radisson San Jose / Standard Room / Breakfast included  
In: 29 Jul 2023 Out: 31 Jul 2023 (2 Nights)



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## Day 7, 30 Jul 23



Doka Coffee Tour, Poas Volcano, La Paz Waterfall Gardens / Breakfast and lunch included

Today a professional guide will meet you at the hotel, to take you for a very interesting tour, you will visit **three sites and learn a lot of Costa Rica culture and nature.**

The first stop will be **Doka Coffee Estate** for a delicious breakfast. Then you will learn about the coffee in an actual coffee plantation where you will learn the ancient techniques used by the experts to produce some of the best coffee in Costa Rica. The careful process involved in the cultivation, harvesting, and roasting.

After the coffee tour, the next destination is the **Poas Volcano National Park,**

Note: The total stay at the Poas Volcano National Park will be 40 minutes: 10 minutes walking on the trek to get to the **crater viewpoint**, 20 minutes at the crater viewpoint, and 10 minutes walking back. There is no access to Botos Lagoon and in case of fog, there is no extra waiting time all this as a safety measure.

At the Volcano, you will have time to enjoy the **impressive main crater** with its sulfur fumaroles and learn about the volcano activity.

After Poas, you will continue to La Paz Waterfall Garden, you will enjoy a buffet lunch. Here you will find **five waterfalls**, cloud forest, and rain forest, safe hiking trails, aviary with numerous species of birds, insect exhibit, butterfly observatory, capuchin monkeys, black-handed spider monkeys, hummingbird garden with 26 documented species, serpentarium, jaguars, pumas, ocelots, margays, Costa Rican house with petting zoo and ox cart, ranarium, orchid exhibit, heliconia exhibit.



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## Day 8, 31 Jul 23



Private Transfer OUT from Hotel to Airport

All the good things come to an end. Say good-bye to beautiful **Costa Rica** and its people! One driver will pick you up at the hotel and take you straight to the **Juan Santamaria International Airport (SJO)**. In Costa Rica, you must be at the airport **3 hours** before the departure time.

## PRICE

Price per person	\$ 1,952.50
Total Price	\$ 3,905.00

### General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 24 Jul 23 to 31 Jul 23.

Valid quotation for 2 adults. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.



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## INCLUSIONS

### **LODGING:**

3 nights lodging in San Jose, The Capital. Country Inn & Suites by Radisson San Jose. (Breakfast included)

2 nights lodging in Arenal Volcano. Arenal Springs Resort & Spa. (Breakfast included)

2 nights lodging in Manuel Antonio Beach. Hotel San Bada Resort & Spa. (Breakfast included)

### **TRANSPORTATION & GUIDE SERVICES:**

Private Transfer IN from Airport to Hotel

Private Transfer from San Jose to Arenal

Private Transfer from Manuel Antonio to San Jose

Private Transfer OUT from Hotel to Airport

### **ACTIVITIES & MEALS:**

Cooking Class & Dinner (Dinner included) in Arenal Volcano

Rio Celeste National Park, Guided Hike (Lunch included)

Transfer to Manuel Antonio Beach with Tarcoles Safari Boat (Lunch included)

Catamaran Cruise & Snorkeling (Lunch included) in Manuel Antonio Beach

Manuel Antonio National Park Guided Walk

Doka Coffee Tour, Poas Volcano, La Paz Waterfall Gardens (Breakfast and lunch included)

### **OTHER:**

VAT

24/7 professional logistics support during your trip in Costa Rica.



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## LODGING DETAILS

Date In: 24 Jul 23

Date Out: 25 Jul 23

### **Country Inn & Suites by Radisson San Jose**

Standard Room with Breakfast included

Featuring 2 **luxurious outdoor pools**, a fitness center, and a gift shop, this hotel offers free Wi-Fi and 4 well-appointed meeting rooms. The rooms in Country Inns & Suites by Radisson feature a private bathroom, **air conditioning**, and cable TV. Room service and laundry services are available. Juan Santamaria International Airport is located **10 minutes** away. Also, this hotel has a restaurant which is open for lunch and dinner.



Date In: 25 Jul 23

Date Out: 27 Jul 23

### **Arenal Springs Resort & Spa**

Junior Suite with Breakfast included

Offering an **outdoor pool** and a **restaurant**, Hotel **Arenal Springs Resort & Spa** is located in Fortuna, 20 minutes' drive from Arenal Volcano site. **Free Wi-Fi** access is available.

The bright rooms here will provide you with a flat-screen cable TV and air conditioning. The private bathrooms also come with a shower. You can enjoy the **views of Arenal Volcano** and the garden from all the accommodations. Extras include a terrace, a mini-bar and a coffee maker.



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Date In: 27 Jul 23

Date Out: 29 Jul 23

### Hotel San Bada Resort & Spa

Standard Room (2nd floor) with Breakfast included

Hotel San Bada is nestled right next to **Manuel Antonio National Park** and just few steps away from Manuel Antonio Beach, Costa Rica. Relax next to the nature with views to Manuel Antonio National Park and beach. All rooms at Hotel San Bada offer ocean or park views. The hotel offers **three outdoor pools**, the main pool is a beautiful 400 sq meters (1312 sq ft) pool has a wet bar with restaurant service, the pool is surrounded by rocks and has two artificial waterfalls.



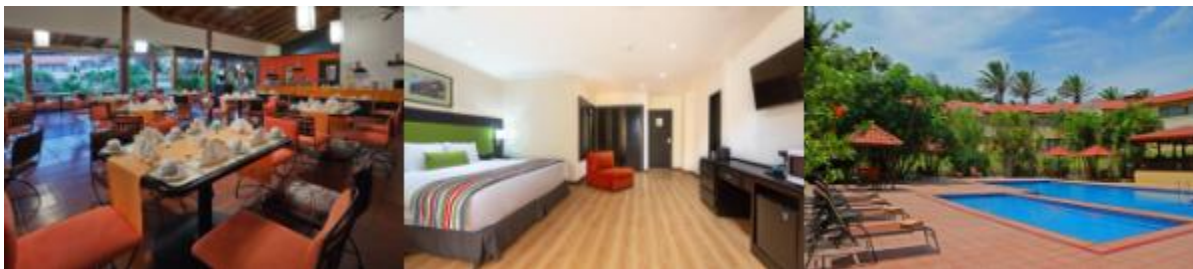
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## EXCLUSIONS

Optional tours  
Departure taxes (\$29 per person)  
Meals not mentioned in the itinerary  
Airfare  
Tips  
International Travel Insurance  
COVID-19 test

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:  
<https://www.greenworldadventures.com/terms/>



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