



# Costa Rica

**Traveler: Beth Bollinger x4**

Date In: 02 Apr 26

Date Out: 11 Apr 26

Founded by two young professionals in 2008, **Green World Adventures** principal goal is to promote Costa Rica as an authentic destination, full of culture, traditions nature and lovely people. Travelers have repeatedly provided the following reason as to why Green World Adventures was their **best tour operator option in Costa Rica**: Sustainability, trust and transparency, prompt replies, care of the clientele from beginning to end of the and even beyond the trip and passion for Costa Rica.



## DETAILS OF YOUR TRIP

|                        |                   |
|------------------------|-------------------|
| Traveler Name          | Beth Bollinger x4 |
| Arrival date           | 02 Apr 26         |
| Departure date         | 11 Apr 26         |
| Number of participants | 4 adults          |

## DESTINATIONS

San Jose, The Capital  
Tortuguero National Park  
Arenal Volcano  
Monteverde Cloud Forest  
San Jose, The Capital



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## DETAILED ITINERARY

Day 1, 02 Apr 26



Private Transfer IN from Airport to Hotel in San Jose

### **WELCOME TO COSTA RICA!**

We're so happy you've chosen our country for your adventure. You've arrived in a land full of nature, culture, and Pura Vida, where every moment can become an unforgettable experience.

When you arrive at Juan Santamaría International Airport, our professional driver will be waiting for you with a sign displaying your name, making it easy to find us. They will assist you with your luggage and take you comfortably to your hotel in San José. This private service is designed to ensure a smooth journey and a warm welcome to our beautiful country. The drive typically takes between 25 and 45 minutes, depending on traffic.

If you don't see your driver upon exiting the airport, don't worry—please wait a moment and call the agency's emergency number. **Please, do not go with another driver**, your safety is our top priority!

**Pura Vida, and enjoy every moment of your trip!**



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### San Jose

|           |                   |             |             |
|-----------|-------------------|-------------|-------------|
| Elevation | 1,169 m / 3,835 f | Temperature | 24 C / 75 F |
|-----------|-------------------|-------------|-------------|

Costa Rica’s capital and the **largest city in the country**, San Jose is considered to be among the most cosmopolitan cities in Latin America. Downtown San Jose is the busiest part of town. A maze of streets and avenues, here you can find most of the city’s museums as well as several hotels and plazas.

In the center of the city, several attractions can be found, such as the **National Theater, the National Museum, and the Jade Museum**. Also, several parks like **Plaza de La Cultura and Parque Morazan** are interesting places to visit. In San Jose exist a wide variety for gastronomic, each corner of the city has great restaurants or the famous **Barrio Escalante**, a gastronomic center where high-quality food is offered. But for more local and typical food the central market offers tasty food.



🇨🇷 D Sabana Hotel (or similar) / Standard Room / Breakfast included  
In: 02 Apr 2026 Out: 03 Apr 2026 (1 Night)

Day 2, 03 Apr 26



### Tortuguero

|           |            |             |             |
|-----------|------------|-------------|-------------|
| Elevation | 5 m / 16 f | Temperature | 26 C / 70 F |
|-----------|------------|-------------|-------------|

Tortuguero is located in the north Caribbean of Costa Rica. Tortuguero is one of the most remote places in Costa Rica and is only accessible by boat or plane. This little village with strong **Afro-Caribbean roots** is best known for attracting hordes of sea turtles such as **Leatherback, Loggerhead, and Hawksbill turtles**. While peak turtle season is in July and August, the park and village have begun to attract travelers year-round. Tortuguero is great for families and adventure travelers to go on **jungle hikes**, do a **boat tour** in the canals of the National Park, or just relax at the lodge. The Canals of Tortuguero are known as Costa Rica's Amazon-like rainforest there are more of **800 species of wildlife**, especially many types of birds.



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The best natural expedition awaits you today. Your expert guide will meet you early at the hotel. You will start traveling northeast to the Caribbean lowlands. You will stop for breakfast at a local restaurant in Guapiles town. After breakfast, you will continue to La Pavona dock, there you will board the special boat that will take you to the lodge immersed in the jungle. This afternoon, you will have a **guided tour to the Village of Tortuguero** and walk around the town to learn about the relaxed way of life in the Caribbean. Your guide will explain to you how this village developed and why they changed their minds about **turtle conservation**.

Lunch and dinner are included at the hotel.



 Pachira Lodge (or similar) / Standard Room / Full board  
In: 03 Apr 2026 Out: 05 Apr 2026

## Day 3, 04 Apr 26



### Tortuguero National Park

This morning, after breakfast, you have a **boat tour on the Tortuguero National Park** with the company of a local expert nature guide. The small boats go deep into the canals of the national park, further beyond where other boats can go. Due to the ability to explore further into the canals, you will have the opportunity to find rarer species of wildlife. This afternoon, your guide will take you to a private nature trail where you have an exploring **guided walk inside the jungle**. The walk is relaxed and slow pace as this is a flat trail. The rest of the day is at your leisure; you can relax at the **swimming pool**, take a cocktail admiring the river lagoon or spend the afternoon on the beach. Lunch and dinner are included at the hotel.



## Day 4, 05 Apr 26



### Private Transfer from Guapiles to Arenal

Today after breakfast, the guide will meet you at the main dock of the hotel to return by boat to Pavona's dock; from there continue with land transportation to Guapiles town where you will have another **delicious Caribbean lunch**. After the meal, a representative will pick you up to take you to the next destination of this journey  
Approximate travel time: 2 hours and 30 minutes (depending on traffic conditions).



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### Arenal Volcano

|           |               |             |             |
|-----------|---------------|-------------|-------------|
| Elevation | 258 m / 845 f | Temperature | 28 C / 82 F |
|-----------|---------------|-------------|-------------|

La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.



🚩 Arenal Manoa & Hot Springs Resort (or similar) / Junior Suite / Breakfast included  
In: 05 Apr 2026 Out: 08 Apr 2026 (3 Nights)

Day 5, 06 Apr 26



Unique Caño Negro Boat Tour / Lunch & Transfer included

**Caño Negro** is a hidden gem in Costa Rica, boasting a **rich and diverse ecosystem** that's a **must-see for nature enthusiasts**. The region's wetlands are home to over 300 species of birds, monkeys, caimans, and other wildlife, making it a **paradise for birdwatchers and animal lovers**.

Taking a tour of Caño Negro offers a chance to **explore this pristine ecosystem**, providing a **unique perspective of the region's natural beauty**. The Rio Frio winds through the heart of the wetlands, offering a **peaceful and tranquil way to observe the flora and fauna**.

In addition to the wildlife, visitors can also **experience the local culture** by **visiting the small community** that calls Caño Negro home. You can learn about **traditional agricultural practices and try delicious local cuisine**.

A visit to Caño Negro is a must-do for anyone who wants to **experience the authentic beauty of Costa Rica**.



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Day 6, 07 Apr 26



## Arenal Volcano Park Expedition

Take in the stunning views of the **Green Lagoon and Lake Arenal** as we walk approximately 1 kilometer along a volcanic stone path to reach the closest viewpoint to the volcano permitted to access.

Smell the fresh scent of the **regenerating forest** as we enter the primary rainforest located along the outskirts of the Arenal Volcano. With a little luck, we may see toucans, turkeys, orioles, peccaries, snakes, and monkeys.

Hear from our **knowledgeable guide** about the formation of the Arenal Volcano, its periods of activity, and unpublished details of its first eruption in 1968 as we take in the excellent views from the viewpoint.

Taste the delicious tropical fruit snack provided by our driver at the end of the tour before returning to your La Fortuna Hotel.



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Day 7, 08 Apr 26

 Private Transfer from Arenal to Monteverde

Approximate travel time: 3 hours (depending on traffic conditions).



### Monteverde

|           |                   |             |             |
|-----------|-------------------|-------------|-------------|
| Elevation | 1,543 m / 5,060 f | Temperature | 22 C / 71 F |
|-----------|-------------------|-------------|-------------|

Home to cool, **misty cloud forests**, and deep **green foliage almost everywhere** you look, there's no mistaking that you've stepped away from everyday life. If **spending time in nature** is at the top of your travel to-do list, then you'll get your **fill of adventure** in this part of Costa Rica's Central Highlands. From **zip-lining** across a canopy to tours of **coffee plantations**, there are **plenty of activities** to keep you moving in the fresh air. Monteverde is translated as "green mountain", and once you've reached the mountaintop, you'll first come upon the quaint town of **Santa Elena**. Here you'll find gift stores, accommodations, a bus stop, restaurants, cafes, a supermarket, banks and much more. Though Monteverde proper does not have a town center, it is comprised of a dirt road that leads to the **Cloud Forest Reserve**. Spread out along this walkable road are hotels, cafes, restaurants, galleries, and **excellent views**

 Hotel Poco a Poco (or similar) / Bromelia Room / Breakfast included

In: 08 Apr 2026 Out: 10 Apr 2026 (2 Nights)



El Trapiche Tour / Transfer included / Regular

The tour begins with a **short walk** through the farm where you can get a glimpse of **plantations as sugar cane, coffee, cocoa** and more. Enjoy the entire **coffee process**, the **artisanal cocoa process** and **sugar cane traditional process**.

Experience the process of making the **traditional sugar cane candy**, to finish delight yourself with a **fragrant cup of coffee** from our farm and a **tradicional dish of picadillo de arracache**. Also you have **free degustations** on your tour!



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Day 8, 09 Apr 26



Monteverde Cloud Forest Reserve, Guided Walking Tour / Transfer included

The **Monteverde Cloud Forest Reserve** is the **largest** of these private **protected areas**, with over 25,730 acres (10,415 hectares) of land. More than 500 species of **orchids** cling to the limbs of enormous **trees**, while **vines, ferns, mosses** and **lichens** fill every other available space.

The Cloud Forest of Monteverde house more than 130 species of **mammals**, 400 species of **birds**, including the beautiful **quetzal**, 30 species of **hummingbirds**, 5000 species of **moths** and 3000 species of **plants**.

It is a **nature lover's paradise**.



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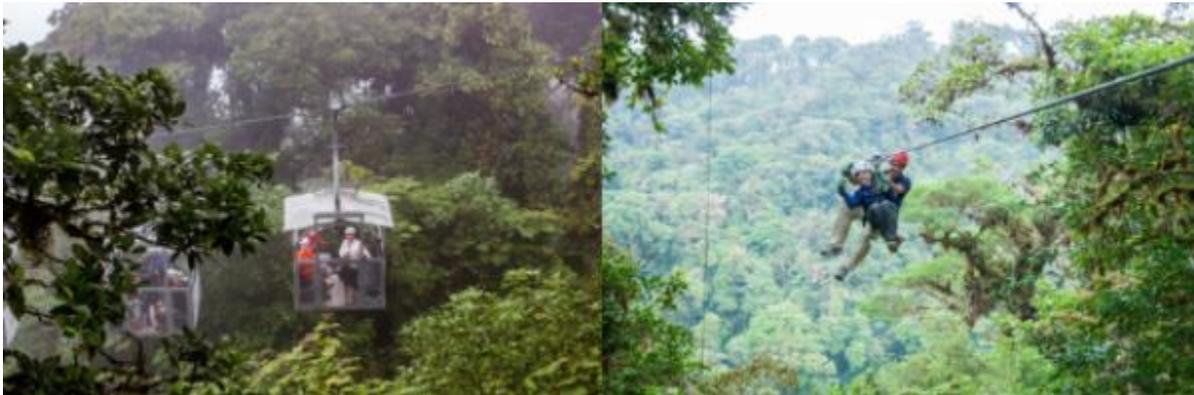
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Sky Tram & Trek / Transfer included

The zip line tour, Sky Trek combines with the Treen Tram. At Trek in Monteverde, you ride the **tram up the mountain**, along a beautiful cloud forest ridge and allows for stops along the way to observe plant and animal life and learn from an experienced guide.

Then to get back to the base you will have to ride the **breathtaking ziplines**, This famous canopy tour consists of **9 zip line cables**. Sky Trek is also a great opportunity to have **panoramic views** at two observation towers that offer views to the Pacific on a clear day it is also possible to see the northern lowlands that stretch all the way to the Caribbean.



## Day 9, 10 Apr 26



Tour to Carara National Park with transfer from Monteverde to San Jose

Enjoy a guided visit to **Carara National Park**, one of Costa Rica's most wildlife-rich and biodiverse forests. Walk along lush trails as your naturalist guide helps you spot scarlet macaws, monkeys, crocodiles, and a wide variety of bird species. After your exploration of the park, continue your journey with a comfortable private transfer to **San José**, arriving relaxed and enriched by a day of nature and discovery.



D Sabana Hotel (or similar) / Standard Room / Breakfast included

In: 10 Apr 2026 Out: 11 Apr 2026 (1 Night)



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Day 10, 11 Apr 26



Private Transfer OUT from Hotel in San Jose to Airport

### **See you Soon, Costa Rica!**

All good things must come to an end, and it's time to say goodbye to this magical land and its wonderful people.

Our professional driver will pick you up on time in the lobby of your hotel in San José, assist you with your luggage, and take you comfortably and safely to Juan Santamaría International Airport. We recommend being ready ahead of time and remember to arrive at the airport at least 3 hours before your flight to avoid any last-minute stress.

We truly hope to see you again soon so you can continue experiencing the *pura vida* that only Costa Rica can offer.

**Thank you for choosing us and see you next time!**

**- END OF ITINERARY -**



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## PRICE

|                            |                     |
|----------------------------|---------------------|
| Adult 01 Beth Bollinger X4 | \$ 2,887.15         |
| Adult 02 Beth Bollinger X4 | \$ 2,887.15         |
| Adult 03 Beth Bollinger X4 | \$ 2,887.15         |
| Adult 04 Beth Bollinger X4 | \$ 2,887.15         |
| <b>Total Price</b>         | <b>\$ 11,548.60</b> |

### General Details of the Price

Prices are per person and in U.S. dollars.

These rates apply for traveling from 02 Apr 26 to 11 Apr 26.

Valid quotation for 4 adults. If the final number of participants change, a new price will be provided.

Rates are subject to change without notice.

## INCLUSIONS

### LODGING:

- 1 night lodging in San Jose, The Capital. D Sabana Hotel or similar. (Breakfast included)
- 2 nights lodging in Tortuguero National Park. Pachira Lodge or similar. (Full board)
- 3 nights lodging in Arenal. Arenal Manoa & Hot Springs Resort or similar. (Breakfast included)
- 2 night/s lodging in Monteverde. Hotel Poco a Poco or similar. (Breakfast included)
- 1 night/s lodging in San Jose, The Capital. D Sabana Hotel or similar. (Breakfast included)

### TRANSPORTATION & GUIDE SERVICES:

- Private Transfer IN from Airport to Hotel in San Jose
- Private Transfer from Guapiles to Arenal
- Private Transfer from Arenal to Monteverde
- Private Transfer OUT from Hotel in San Jose to Airport

### ACTIVITIES & MEALS:

- Tortuguero National Park in Tortuguero National Park
- Caño Negro Boat Regular Tour (Lunch & Transfer included) in Caño Negro Wildlife Refuge
- Arenal Volcano Park Expedition in Arenal Volcano
- El Trapiche Tour (Transfer included) in Monteverde Cloud Forest
- Monteverde Cloud Forest Reserve, Guided Walking Tour (Transfer included) in Monteverde
- Sky Tram / Sky Trek (Transfer included) in Monteverde Cloud Forest
- Carara National Park Tour with Transfer to San José

### OTHER:

- VAT
- 24/7 professional logistics support during your trip in Costa Rica.



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## LODGING DETAILS

Date In: 02 Apr 26

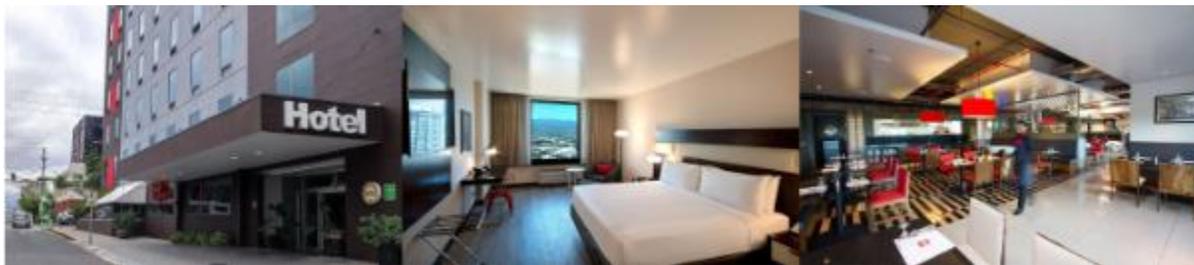
Date Out: 03 Apr 26

### **D Sabana Hotel (or similar)**

Standard Room with Breakfast included

Located just a few steps from the downtown area, **D Sabana Hotel** is an ideal choice for both business and leisure travelers. Take a stroll around the **picturesque** lake at **La Sabana Park**, located approximately one kilometer from the hotel. If you're planning a night out in the city, head just three blocks north to **Paseo Colón**, home to trendy restaurants and a vibrant nightlife.

After a day of exploring the city, unwind in one of the hotel's rooms and suites, featuring amenities such as **free Wi-Fi** and a **plasma TV with HD channels**. Refresh yourself each morning under the **rain shower** before preparing a cup of coffee with the in-room coffee maker.



Date In: 03 Apr 26

Date Out: 05 Apr 26

### **Pachira Lodge (or similar)**

3 Days Tortuguero, Standard Room with Full board

The **Pachira Lodge** is strategically located in front of the **main lagoon**, just 5 minutes by boat from the **National Tortuguero Park** and 3 minutes from the **picturesque town** by the same name. **Comfortable rooms** with private bathroom, hot water and ceiling fans. Available with one King or two double full size beds and **complete meals** during your stay.



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Date In: 05 Apr 26

Date Out: 08 Apr 26

## **Arenal Manoa & Hot Springs Resort (or similar)**

Junior Suite with Breakfast included

Located in **Arenal Volcano area**, the hotel offers an extensive garden, a sun terrace with **swimming pool**, spa treatments and free Wi-Fi throughout, this hotel is 10 minutes' drive from the Arenal Volcano National Park and from La Fortuna Town Center.

The suites offer modern décor, air conditioning, a desk, a safety box, and satellite TV. A coffee maker and a fridge are provided and the bathrooms are private with free toiletries. Some of them have a terrace with **Arenal Volcano views**.

The restaurant at Arenal Manoa & Hot Springs serves international dishes and features a wet bar.



Date In: 08 Apr 26

Date Out: 10 Apr 26

## **Hotel Poco a Poco (or similar)**

Bromelia Room with Breakfast included

**Hotel & Spa Poco a Poco** features a spa, a covered heated pool and charming rooms with **garden views**.

Each **spacious room** at Spa Poco a Poco has been **carefully decorated**. It features a **balcony**, cable TV, safe, a private bathroom and a coffee maker.

The stylish restaurant offers a variety of **national and international cuisine**, combining **local products with exotic ingredients**.



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Date In: 10 Apr 26

Date Out: 11 Apr 26

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## EXCLUSIONS

- Optional tours
- Departure taxes (\$29 per person)
- Meals not mentioned in the itinerary
- Airfare
- Tips
- International Travel Insurance

## TERMS & CONDITIONS

You can read all our term and conditions at our official website:

<https://www.greenworldadventures.com/terms/>



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